



# VOLUNTEER NEWSLETTER



Summer 2017

## Dear Volunteers,

Thank you for your service! With your help we are able to impact the lives of over 43,000 older adults each year.

We are proud to share your accomplishments during the 2017 Fiscal Year (July 2016 - June 2017):

- **81** new volunteers in ongoing assignments
- **145** volunteers participated in group service activities
- Over **1,000** volunteers agency-wide
- Volunteers logged nearly **6,000** hours of service, which translates to more than **\$150,000** in economic impact!

Congratulations to our **9 volunteers** who served more than **100 hours** in 2016, and received recognition certificates from NYC Mayor de Blasio.

Whether you assisted at a one-time event, volunteered weekly, or were on call in case we needed you for an emergency, we are grateful that you have chosen to spend time giving back with JASA. We look forward to your continued service.

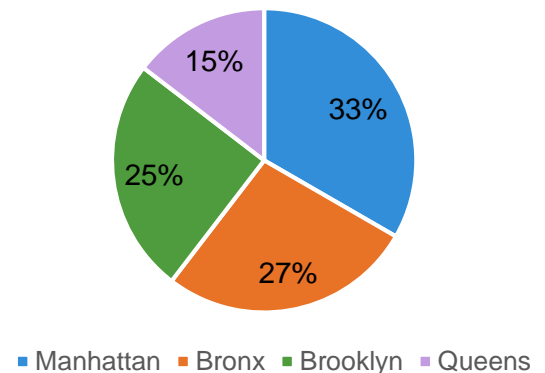
Sincerely,

**Martha Pollack, LCSW**  
Manhattan District Director

**Ilana Mittleman**  
Civic Engagement Associate

## Where do JASA volunteers serve?

New Volunteer Assignments  
July 2016 - June 2017



## Learn more about Community Health Navigation Program

JASA's Community Health Navigators aged 65+ have learned to manage their diabetes, hypertension and other chronic conditions and are committed to helping others in their communities do the same; to overcome any barriers they may face in the healthcare system and facilitate access to all types of medical care, emotional and social support. They provide evidence-based group programs as well as one-on-one coaching to empower older adults to proactively participate in their own health and healthcare.

JASA volunteers lead exercise classes for participants in the program including yoga and Zumba.

To get involved contact **212.273.5353** or visit the [Community Health Navigation page](#).

# GROUP VOLUNTEER HIGHLIGHTS

## Corporate Groups

The following corporate groups volunteered their time and generously supported volunteer projects:

- **Bank Leumi at Club 76** – Volunteers assisted with lunch service
- **Barclays at Penn South NORC** – Volunteers served a BBQ dinner
- **Deloitte at Penn South NORC** – Volunteers assembled and delivered care packages to homebound seniors
- **Deloitte at Van Cortlandt Senior Center** – Volunteers beautified a garden



## School Groups

Students joined in classes, assisted with lunch service, celebrated holidays, and spent time getting to know JASA seniors:

- **BuildOn** at Van Cortlandt Senior Center
- **Columbia Urban Experience** at Penn South NORC, Club 76, and Van Cortlandt Senior Center
- **EC New York** at Club 76
- **Glamour Gals** at Bay Eden Senior Center
- **Oliver Scholars** at Sue Ginsburg Senior Center
- **Trevor Day School** at Club 76



## Donations

The creativity of these groups has brightened the day for our more isolated seniors:

- **Abraham Joshua Heschel School** packed and donated holiday packages for JASA clients in our Adult Protective Services, Legal Services for the Elderly in Queens, and Legal/Social Work Elder Abuse Program.
- **Manhattan Language School** created holiday cards for JASA seniors at St. Martin's NORC and Sue Ginsburg Senior Center.



## Community Partners

We greatly appreciate our community partners for their ongoing volunteer support:

- **JCH of Bensonhurst**
  - 2 Summer Youth Employment Program participants at JASA's Central Office
- **Philips Beth Israel School of Nursing**
  - Students participated in JASA's emergency response training
- **St. John's University Academic Service Learning** students volunteered at Holliswood Senior Center
- **UJA-Federation of NY Engage Program**
  - JCC of Manhattan volunteers taught technology skills at "Tech Soup" at Club 76 and Penn South NORC



## Volunteer Spotlight: Geraldine



Geraldine (center) is active in JASA's Advocacy program

Geraldine has been volunteering every week at JASA at the HES Senior Center for over 2 years. Sue Ann, Senior Center Director, says, "Geraldine is a unique volunteer. She is always willing to learn new things, taking the initiative and even re-designing the lunch menus. Geraldine always has a smile on her face and interacts with the utmost patience with the seniors. She has a positive attitude and a calming and pleasant voice when phoning the members who are ill and at home." Geraldine reflects, "It has been a rewarding experience! It's easy to fit in with staff and seniors."

Thank you for your hard work, Geraldine!

## Save the date: Wednesday, 10/25

### Volunteer Appreciation Event Dinner & A Movie

Wednesday, October 25th

5:30 pm – 7:00 pm

Penn South NORC, 290 9<sup>th</sup> Ave., Manhattan

JASA volunteers and Penn South NORC residents are teaming up for a screening of *Age of Champions*, which tells the story of athletes up to 100 years old in the Senior Olympics. After, we will have a discussion about the movie and portrayals of older adults in film. Before the movie, join us for a pizza dinner and meet JASA seniors.

## JASA Young Leaders Council

JASA's Young Leaders Council is a group of young adults in their 20s through late 30s who advance JASA's work of enabling older adults to live better, healthier, more vibrant lives by leveraging their personal commitment and collective power to make New York a better place for seniors to live.

The Young Leaders Council kicked off with a happy hour in September which raised over \$3,000 to directly benefit JASA clients.

Volunteer projects included creating Thanksgiving packages for residents at Cooper Square Housing and a painting and pizza night with residents at Penn South NORC.

Stay tuned for future events.



For more information contact 212.273.5353 or [youngleaders@jasa.org](mailto:youngleaders@jasa.org).

## Upcoming NextAct Events

Educational, cultural, advocacy, and volunteer programs for adults 55+

- [Sundays at JASA](#)  
(Sundays, 10/8-12/17)
  - JASA's college-level continuing education program
  - Open House (Sunday, 10/1)
- [Advocacy Workshops](#)
  - **Institute for Senior Action:** Leadership and advocacy training (10/19-12/7)
  - **FREE Medicare Workshop** (10/26)

# VOLUNTEER ACTIVITIES



Barclays volunteers with Penn South NORC residents at a BBQ.



Columbia University students learn to knit from Van Cortlandt Senior Center members.



Deloitte volunteers prepare care packages for Penn South NORC residents.



Young Leaders and Penn South NORC residents paint together.



Time for Good Thanksgiving project at 1199 NORC, sponsored by UJA-Federation of New York.

Contact Volunteer Services: 212.273.5353 | [volunteer@jasa.org](mailto:volunteer@jasa.org) | [www.jasa.org](http://www.jasa.org)