



SEPTEMBER 2021

SCHEUER HOUSE OF CI SENIOR CENTER



MONDAY

11:00 AM-12:00 PM , CONCERTS IN MOTION: CLASSICAL

12:00 PM-1:00 PM, FLEX AND STRETCH w/LISA

9/20/21 Only, 12:00PM-1:00PM

FALL PREVENTION: FITNESS WITH BALANCE AND STRENGTH

9/13/21 Only, 2:00 PM-2:45 PM, HEALTH LECTURE

9/20/21 & 9/27/21 Only, 2:15PM-3:15PM, VIRTUAL WALKING TOUR
IN NYC(Russian speaking)

9/13/21 3:00 PM-4:30 PM & 9/27/21 3:15 PM-4:45PM
CULTURE CLUB (Russian Speaking)

9/20/21 Only, 3:00PM-5:00PM, MOVIE

TUESDAY

11:00 AM-12:00 PM , ADVANCED MOVEMENT w/ Anatoly

9/28/21 Only, 1:00 PM-1:45 PM

HEALTH & WELLNESS DISCUSSION GROUP

2:30 PM-4:00 PM, DISCOVER YOUR CREATIVITY
(ART CLASS w/AVA)

WEDNESDAY

11:00 AM-12:00 PM

COMPUTER CLASS, (Russian Speaking)
Call 718-373-3954 for registration

11:00 AM-12:00 PM

CONCERTS IN MOTION: RUSSIAN CONCERT

12:00 PM-1:00 PM

CONCERTS IN MOTION: BROADWAY/STANDARDS

3:00PM-4:30PM
MIXED MEDIA ART CLASS
with/Jennifer

THURSDAY

1:00 PM-2:30 PM

CROCHET CLASS w/ ROCHELLE

1:00 PM-2:00 PM

CONCERTS IN MOTION: KLEZMER & JEWISH CONCERT

9/9/21 Only, 12:00 PM-1:00 PM
FLEX AND STRETCH w/LISA

4:00 PM-5:30 PM
ESL MEDIUM LEVEL FOR RUSSIAN SPEAKING
(Writing & Conversation)

9/2/21 & 9/23/21 Only
3:00PM-4:00PM
ЛЕКЦИЯ ДИЕТОЛОГА/NUTRITION LECTURE

FRIDAY

12:00 PM-1:00 PM

CONCERTS IN MOTION: SPANISH CONCERT

12:30 PM-1:30 PM

AEROBICS WITH IOURI

2:00 PM-3:00 PM
CONCERTS IN MOTION: MOTOWN/SOUL

CONTACT

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MORE INFORMATION

JASA offers hundreds of additional FREE virtual classes through our other senior centers. Check out www.jasa.org/events/senior-center-virtual-events

