



Dreiser Older Adult Center

Phone Number (718) 320 1345

177 Dreiser Loop Room #7 Bronx NY 10475

April 2026 Activities Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Su Casa Programming is back starting on Thursday April 9th at 1:15pm in Room #7. Join us for a Hip-Hop Memory & Story Circle: Honoring Elders' Stories Through Rhythm, Conversation, and Collaborative Creative Expression</p>	<p>Leisure Games has been moved to Mondays at 1pm in Room #7</p> <p>Elder Abuse Presentation on Monday April 6th at 1pm</p> <p>Fall Prevention Presentation on Monday April 20th at 1pm</p>	<p>1</p> <p>10:00am-12:00am-Leisure TV Room#7</p> <p>11:00am-12:00pm: Arthritis Exercise w/Damion Auditorium A</p> <p>11:00am-12:00pm- Bead & Jewelry w/ Brenda Room #7</p> <p>12:00pm-1:00pm- Lunch Room#4</p> <p>1:15 pm-2:15 pm- Technology Class w/ Steve Room#7</p>	<p>2</p> <div data-bbox="1642 683 2150 1040" style="background-color: #1a2b4d; color: white; padding: 20px; text-align: center;"> <p><i>We will be</i> Closed <i>for</i> Passover</p> <p><small>www.shutterstock.com · 1370411813</small></p> </div>	<p>3</p> <p>9:00am-11:00pm- Sewing Class w/ Joy Room #2</p> <p>10:00am-12:00pm- Knitting and Crocheting Room #7</p> <p>11:00am-12:00pm- Line Dance w/Sassy Auditorium A</p> <p>12:00pm-1:00pm- Lunch Room #4</p> <p>1:00pm-2:50pm Bingo Room#2</p>

Monday	Tuesday	Wednesday	Thursday	Friday
<p>6 9:00am-10:00am- Weekend Recap Discussion Room#7</p> <p>10:00am-11:00am- Stay Well Exercise w/ Denise Auditorium A</p> <p>11:00am-12:00am-Leisure TV Room#7</p> <p>11:00am-12:00pm- Piano Sing Along Class (Twice a month) Room#2</p> <p>12:00pm-1:00pm-Lunch Room#4</p> <p>1pm-2pm- Elder Abuse Presentation with Jimmy Room #4</p> <p>2:00pm-3:30pm- Leisure Games w/Clara Room#7</p>	<p>7 TRIP: 10am- 4pm Ridgehill Mall</p> <p>10:00am-11:00am- Current Events Room#7</p> <p>11:00am-12:00pm- Art w/Gerry Room#2</p> <p>12:00pm-1:00pm- Lunch Room #4</p> <p>1:00pm-3:30pm- Leisure Games w/Clara Room#2</p> <p>1:00pm-2:00pm- Zumba w/Ola Auditorium A</p> <p>1:00pm-2:00pm- Crafts w/ Roselen Room #4</p> <p>2:00pm-3:00pm- Tai Chi w/Jimmy Auditorium A</p> <p>6:30pm-7:30pm- Computer & Tablet class w/Ralph (Virtual)</p>	<p>8 10:00am-12:00am-Leisure TV Room#7</p> <p>11:00am-12:00pm: Arthritis Exercise w/Damion Auditorium A</p> <p>11:00am-12:00pm- Bead & Jewelry w/ Brenda Room #7</p> <p>12:00pm-1:00pm- Lunch Room#4</p> <p>1:00 pm-2:00 pm- Mental Health Services Presentation w/ Bethanie Room#7</p> <p>1:30 pm-3:30 pm- Drama Club w/ Amelia Room#2</p>	<p>9 10am-11am- Morning News Discussion Room #7</p> <p>11:00am-12:00pm- Cardio Exercise w/ Gail Auditorium A</p> <p>12:00pm-1:00pm- Lunch Room #4</p> <p>1:15pm-2:15pm- Hip-Hop Memory & Story Circle w/Su Casa Artist Ricardo Room#2</p> <p>1:00pm-2:00pm- Body in Motion w/ Ola Auditorium A</p> <p>2:00pm-4:00pm-Leisure TV Room#7</p>	<p>10 9:00am-11:00pm- Sewing Class w/ Joy Room #2</p> <p>10:00am-11:00pm- Alert and Alive with Cathy and Essie Room #4</p> <p>10:00am-12:00pm- Knitting and Crocheting Room #7</p> <p>11:00am-12:00pm- Line Dance w/Sassy Auditorium A</p> <p>1:00pm-2:50pm Bingo Room#2</p>

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Monday	Tuesday	Wednesday	Thursday	Friday
<p>13 TRIP: 11am-4pm Lunch @ City Island</p> <p>9:00am-10:00am- Weekend Recap Discussion Room#7</p> <p>10:00am-11:00am- Stay Well Exercise w/ Denise Auditorium A</p> <p>12:00pm-1:00pm-Lunch Room#4</p> <p>1:00pm-3:30pm- Leisure Games w/Clara Room#7</p> <p>1:00pm-2:00pm- Zumba w/Ola Auditorium A</p> <p>1:00pm-2:00pm- Crafts w/ Roselen Room #4</p> <p>2:00pm-3:00pm- Tai Chi w/Jimmy Auditorium A</p> <p>6:30pm-7:30pm- Computer & Tablet class w/Ralph (Virtual)</p>	<p>14 TRIP: 9am-4pm Walmart (Monroe, NY)</p> <p>10:00am-11:00am- Current Events Room#7</p> <p>11:00am-12:00pm- Art w/Gerry Room#2</p> <p>12:00pm-1:00pm- Lunch Room #4</p> <p>1:00pm-3:30pm- Leisure Games w/Clara Room#2</p> <p>1:00pm-2:00pm- Zumba w/Ola Auditorium A</p> <p>1:00pm-2:00pm- Crafts w/ Roselen Room #4</p> <p>2:00pm-3:00pm- Tai Chi w/Jimmy Auditorium A</p> <p>6:30pm-7:30pm- Computer & Tablet class w/Ralph (Virtual)</p>	<p>15 10:00am-12:00am-Leisure TV Room#7</p> <p>11:00am-12:00pm: Arthritis Exercise w/Damion Auditorium A</p> <p>11:00am-12:00pm- Bead & Jewelry w/ Brenda Room #7</p> <p>12:00pm-1:00pm- Lunch Room#4</p> <p>1:15 pm-2:15 pm- Technology Class w/ Steve Room#7</p> <p>1:30 pm-3:30 pm- Drama Club w/ Amelia Room#2</p>	<p>16 TRIP: 10am-4pm Brooklyn Botanical Garden</p> <p>10am-11am- Morning News Discussion Room #7</p> <p>11:00am-12:00pm- Cardio Exercise w/ Gail Auditorium A</p> <p>12:00pm-1:00pm- Lunch Room #4</p> <p>1:15pm-2:15pm- Hip-Hop Memory & Story Circle w/Su Casa Artist Ricardo Room#2</p> <p>1:00pm-2:00pm- Body in Motion w/ Ola Auditorium A</p> <p>2:00pm-4:00pm-Leisure TV Room#7</p>	<p>17 9:00am-11:00pm- Sewing Class w/ Joy Room #2</p> <p>10:00am-11:00pm- Alert and Alive with Cathy and Essie Room #4</p> <p>10:00am-12:00pm- Knitting and Crocheting Room #7</p> <p>11:00am-12:00pm- Line Dance w/Sassy Auditorium A</p> <p>12:00pm-1:00pm- Lunch Room #4</p> <p>1:00pm-2:50pm Bingo Room#2</p>

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Monday	Tuesday	Wednesday	Thursday	Friday
<p>20 9:00am-10:00am- Weekend Recap Discussion Room#7</p> <p>10:00am-11:00am- Stay Well Exercise w/ Denise Auditorium A</p> <p>11:00am-12:00pm- Piano Sing Along Class (Twice a month) Room#2</p> <p>12:00pm-1:00pm-Lunch Room#4</p> <p>1pm-2pm- Fall Prevention Presentation with Teresa Room #4</p> <p>2:00pm-3:30pm- Leisure Games w/Clara Room#7</p>	<p>21 TRIP: 10am-2pm Derfner Museum</p> <p>10:00am-11:00am- Current Events Room#7</p> <p>11:00am-12:00pm- Art w/Gerry Room#2</p> <p>12:00pm-1:00pm- Lunch Room #4</p> <p>1:00pm-3:30pm- Leisure Games w/Clara Room#2</p> <p>1:00pm-2:00pm- Zumba w/Ola Auditorium A</p> <p>1:00pm-2:00pm- Crafts w/ Roselen Room #4</p> <p>2:00pm-3:00pm- Tai Chi w/Jimmy Auditorium A</p> <p>6:30pm-7:30pm- Computer & Tablet class w/Ralph (Virtual)</p>	<p>22 10:00am-12:00am-Leisure TV Room#7</p> <p>11:00am-12:00pm: Arthritis Exercise w/Damion Auditorium A</p> <p>11:00am-12:00pm- Bead & Jewelry w/ Brenda Room #7</p> <p>12:00pm-1:00pm- Lunch Room#4</p> <p>1:15 pm-2:15 pm- Technology Class w/ Steve Room#7</p> <p>1:30 pm-3:30 pm- Drama Club w/ Amelia Room#2</p>	<p>23 10am-11am- Morning News Discussion Room #7</p> <p>11:00am-12:00pm- Cardio Exercise w/ Gail Room #2</p> <p>12:00pm-1:00pm- Lunch Room #4</p> <p>1:15pm-2:15pm- Hip-Hop Memory & Story Circle w/Su Casa Artist Ricardo Room#2</p> <p>1:00pm-2:00pm- Body in Motion w/ Ola (Cancelled) Auditorium A</p> <p>2:00pm-4:00pm-Leisure TV Room#7</p>	<p>24 TRIP: 9am-4pm Katz Deli</p> <p>9:00am-11:00pm- Sewing Class w/ Joy Room #2</p> <p>10:00am-11:00pm- Alert and Alive with Cathy and Essie Room #4</p> <p>10:00am-12:00pm- Knitting and Crocheting Room #7</p> <p>11:00am-12:00pm- Line Dance w/Sassy Auditorium A</p> <p>12:00pm-1:00pm-Lunch Room #4</p> <p>1:00pm-2:50pm Bingo Room #2</p>

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Monday	Tuesday	Wednesday	Thursday	Friday
<p>27 TRIP: 9am-4pm- Green Acres Mall</p> <p>9:00am-10:00am- Weekend Recap Discussion Room#7</p> <p>10:00am-11:00am- Stay Well Exercise w/ Denise Auditorium A</p> <p>12:00pm-1:00pm-Lunch Room#4</p> <p>1:00pm-3:30pm- Leisure Games w/Clara Room#7</p>	<p>28 TRIP: 9am-4pm Macy's Flower Show</p> <p>10:00am-11:00am- Current Events Room#7</p> <p>11:00am-12:00pm- Art w/Gerry Room#2</p> <p>12:00pm-1:00pm- Lunch Room #4</p> <p>1:00pm-3:30pm- Leisure Games w/Clara Room#2</p> <p>1:00pm-2:00pm- Zumba w/Ola Auditorium A</p> <p>1:00pm-2:00pm- Crafts w/ Roselen Room #4</p> <p>2:00pm-3:00pm- Tai Chi w/Jimmy Auditorium A</p> <p>6:30pm-7:30pm- Computer & Tablet class w/Ralph (Virtual)</p>	<p>29 10:00am-12:00am-Leisure TV Room#7</p> <p>11:00am-12:00pm: Arthritis Exercise w/Damion Auditorium A</p> <p>11:00am-12:00pm- Bead & Jewelry w/ Brenda Room #7</p> <p>12:00pm-1:00pm- Lunch/April Birthday Celebration Room#4</p> <p>1:15 pm-2:15 pm- Technology Class w/ Steve Room#7</p> <p>1:30 pm-3:30 pm- Drama Club w/ Amelia Room#2</p>	<p>30 10am-11am- Morning News Discussion Room #7</p> <p>11:00am-12:00pm- Cardio Exercise w/ Gail Auditorium A</p> <p>12:00pm-1:00pm- Lunch Room #4</p> <p>1:15pm-2:15pm- Hip-Hop Memory & Story Circle w/Su Casa Artist Ricardo Room#2</p> <p>1:00pm-2:00pm- Body in Motion w/ Ola Auditorium A</p> <p>2:00pm-4:00pm-Leisure TV Room#7</p>	

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April 2026 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>From April 1st to April 10th, Dreiser OAC will only serve Kosher meals due to Passover</p>		<p>1 <u>Kosher</u> Chicken Cacciatore Mashed Potatoes Yellow Squash</p>	<p>2  <small>www.shutterstock.com · 1370411813</small></p>	<p>3 <u>Kosher</u> Roast Chicken Baked Potato Carrots</p>
<p>6 <u>Kosher</u> Grilled Chicken Roast Potatoes Zuchinni</p>	<p>7 <u>Kosher (Cold)</u> Egg Salad Health Salad Beets Salad</p>	<p>8 <u>Kosher (Cold)</u> Chicken Salad Potato Salad Carrot Slaw</p>	<p>9 <u>Kosher</u> File of Sole Potato Latka Yellow Squash</p>	<p>10 <u>Kosher</u> BBQ Chicken Legs Quarters Baked Potato California Blend Vegetables</p>

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Monday	Tuesday	Wednesday	Thursday	Friday
<p>13 <u>Kosher</u> Chicken Fricassee Whole Wheat Spaghetti Italian Blend Vegetable</p> <p><u>Non Kosher</u> Spanish Style Beef Stew Mashed Potatoes Steamed Broccoli</p>	<p>14 <u>Kosher</u> Moroccan Salmon Roasted Potatoes & Vegetables</p> <p><u>Non Kosher</u> Baked Fish w Sweet & Sour Sauce Pasta Normandy Blend</p>	<p>15 <u>Kosher</u> Beef Meatloaf Baked Brown Rice Pilaf</p> <p><u>Non Kosher</u> Chicken Breast & Rice Boiled Southern Greens</p>	<p>16 <u>Kosher</u> Cuban Black Beans Yellow Rice Vegetable Mix</p> <p><u>Non Kosher (Plant Based)</u> Aromatic Pumpkin & Chickpea Curry White Rice Italian Cut Green Beans</p>	<p>17 <u>Kosher</u> Roasted Chicken Legs Spinach Noodle Kugel Spiced Mixed Vegetables</p> <p><u>Non Kosher</u> Jerk Chicken Black Beans & Rice Italian Blend Vegetables</p>
<p>20 <u>Kosher</u> Moroccan Salmon Rice w Vegetables Vegetable Mix</p> <p><u>Non Kosher</u> Beef Meat Sauce w Pepper & Onions White Rice & Quinoa Steamed Green Beans</p>	<p>21 <u>Kosher</u> Breaded Vegetable Cutlet Garlic & Rosemary Roasted Potatoes Cole Slaw</p> <p><u>Non Kosher (Plant Based)</u> Buffalo Chickpea Power Grain Bowl Macaroni Salad</p>	<p>22 <u>Kosher</u> Chicken Gumbo Mediterranean Couscous Steamed Green Beans</p> <p><u>Non Kosher</u> Jerk Fish Black Beans & rice Steamed Kale</p>	<p>23 <u>Kosher</u> Beef Meatballs in Tomato Sauce Spaghetti Capri Blend Vegetables</p> <p><u>Non Kosher</u> Sweet & Sour Pork w Pineapples Baked Red Potato Wedges Steamed Sliced Carrots</p>	<p>24 <u>Kosher</u> Baked Chicken Quarters Potato Kugel Normandy Blend</p> <p><u>Non Kosher</u> Curried Chicken Legs White Rice Cooked Cabbage w Shredded Carrots</p>

Monday	Tuesday	Wednesday	Thursday	Friday
<p>27 <u>Kosher</u> Comforting Red Lentil Bolognese Pearled Barley Spiced Mixed Vegetables</p> <p><u>Non Kosher</u> Pork Roast w Mango Chutney Brown Rice Cooked Cabbage w Shredded Carrots</p>	<p>28 <u>Kosher</u> Chicken Salad Potato Salad Cabbage & Beet Salad</p> <p><u>Non Kosher</u> Baked Chicken Thighs Mashed Sweet Potatoes California Blend Vegetables</p>	<p>29 <u>Kosher</u> Teriyaki Baked Fish Mexican Confetti Rice Steamed Yellow Squash</p> <p><u>Non Kosher (Plant Based)</u> Blackeye Pea Curry w Potatoes & tomatoes Mashed Potatoes Steamed Broccoli</p>	<p>30 <u>Kosher</u> Beef & String Beans Brown Rice Vegetable Mix</p> <p><u>Non Kosher</u> Dairy Free Baked Ziti w Beef Baby Carrots & Parsley</p>	



Dreiser Older Adult Center
177 Dreiser Loop, Room#7, Bronx, NY 10475
(718) 320-1345
www.jasa.org

Hours

Mondays - Fridays 8:00am - 4:00pm
Closed for Federal and Jewish Holidays

Dreiser Older Adult Center Staff

Yvette Kouamenan, Program Director, ykouamenan@jasa.org

Dennis Hugee, Assistant Program Director, dhugee@jasa.org

Sandra Satchell, Program Coordinator, ssatchell@jasa.org

Partially funded by Councilman Kevin Riley

April Virtual Programming

Virtual Computer Class w/Ralph every Tuesday on Zoom

6:30pm-7:30pm

Meeting ID: 854 2963 5300

Passcode: Dreiser23