



Williamsburg Older Adult Center

(718) 388-6865

202 Graham Ave., Brooklyn, NY 11206

April 2026 Activities Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
		1 10am - Morning Mindteasers 11am - Spin Class w/ Kennon 12pm - Lunch 1pm - Balance & Flow Exercise 2pm - Leisure & Bingo	2 CLOSED FOR PASSOVER	3 10am - Beading and Bracelets 12pm - Lunch 1pm - Zumba w/ Desi 2pm - Leisure & Bingo
6 10am - Monday Morning Meditation 11am - Music Monday (Karaoke) 12pm - Lunch 1pm - Salsa Class 2pm - Leisure Bingo	7 10am - Storytelling w/ Robin (Rec Room) 12pm - Lunch 12:30pm - Medicaid Informational w/Monique 2pm - Leisure & Bingo	8 10am - Morning Stretch 11am - Health First Presentation 12pm - Lunch 1pm - Balance & Flow Exercise 2pm - Leisure & Bingo	9 10am - Coffee & Current Events 11am - Painting with Jess 12pm - Lunch 1pm - Easter Celebration w/ DJ Woody	10 10am - Beading and Bracelets 12pm - Lunch 1pm - Zumba w/ Desi 2pm - Leisure & Bingo

Partially funded by: NYC Aging and Councilmember Jennifer Gutierrez

Monday	Tuesday	Wednesday	Thursday	Friday
13 10am - Monday Morning Meditation 11am - Arts & Crafts 12pm - Lunch 1pm - Salsa Class 2pm - Leisure Bingo	14 10am - Storytelling w/ Robin (Rec Room) 12pm - Lunch 12:30pm - Fiber and Gut Health with Tiana 2pm - Leisure & Bingo	15 10am - Morning Mindteasers 11am - Support Group 12pm - Lunch 1pm - Balance & Flow Exercise 2pm - Leisure & Bingo	16 10am - Coffee and Current Events 11am - Color Your Stress Away 12pm - Lunch 1pm - Health Discussion 2pm - Leisure & Bingo	17 10am - Beading and Bracelets 12pm - Lunch 1pm - Zumba w/ Desi 2pm - Leisure & Bingo
20 10am - Monday Morning Meditation 11am - Music Monday 12pm - Lunch 1pm - Salsa Class 2pm - Leisure Bingo	21 10am - Storytelling w/ Robin (Rec Room) 12pm - Lunch 1pm - Tech Tuesday 2pm - Leisure & Bingo	22 10am - Morning Stretch 11am - Game Show Hour 12pm - Lunch 1pm - Balance & Flow Exercise 2pm Leisure & Bingo	23 *Volunteer Recognition Day* 10am - Sunrise Cinema Movie Club "Selena" 12pm - Lunch 1pm - Health Discussion 2pm - Leisure & Bingo	24 10am - Beading and Bracelets 12pm - Lunch 1pm - Zumba w/ Desi 2pm - Leisure & Bingo
27 10am - Monday Morning Meditation 11am - Arts & Crafts 12pm - Lunch 1pm - Salsa Class 2pm - Leisure Bingo	28 10am - Storytelling w/ Robin (Rec Room) 12pm - Lunch 1pm - Tech Tuesday 2pm - Leisure & Bingo	29 10am - Morning Mindteasers 11am - Learn Black Jack w/ Kennon 12pm - Lunch 1pm - Denim Day / Birthday Party w/ DJ Woody	30 10am - Coffee and Current Events 11am - Walking Club 12pm - Lunch 1pm - Health Discussion 2pm - Leisure & Bingo	

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April 2026 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		1 No Cheese Spring Vegetable Lasagna Sauteed Green Beans w/ Onions Apple Whole Wheat Bread 1% Low Fat Milk	2 CLOSED FOR PASSOVER	3 Caesar Salad w/ Grilled Chicken Pasta Salad Whole Wheat Bread 1% Low Fat Milk
6 Beef Hamburger Baked Potato Wedges Cooked Cabbage w/ Shredded Carrots Apple Plain Hamburger Bun 1% Low Fat Milk	7 Bright and Lemony Stewed White Beans Perfect White Rice Steamed Broccoli Orange Whole Wheat Bread 1% Low Fat Milk	8 Fish with Mushrooms, Peppers and Tomatoes Pasta Baby Carrots and Parsley Apple Whole Wheat Bread 1% Low Fat Milk	9 Spanish Style Roast Pork Black Beans and Rice Steamed Collard Greens Banana Whole Wheat Bread 1% Low Fat Milk	10 Chicken Legs with Stewed Tomatoes Coconut Rice and Pigeon Peas Normandy Blend
13 Spanish Style Beef Stew Homemade Mashed Potatoes Steamed Broccoli Apple Whole Wheat Bread 1% Low Fat Milk	14 Baked Fish with Sweet & Sour Sauce Pasta Normandy Blend Orange Whole Wheat Bread 1% Low Fat Milk	15 Arroz con Pollo (Chicken and Rice) Boiled Southern Greens Apple/ Apple Sauce Whole Wheat Bread 1% Low Fat Milk	16 Aromatic Pumpkin and Chickpea Curry Perfect White Rice Italian Cut Green Beans Banana Whole Wheat Bread 1% Low Fat Milk	17 Jerk Chicken Black Beans and Rice Italian Blend Vegetables Orange Whole Wheat Bread 1% Low Fat Milk

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Monday	Tuesday	Wednesday	Thursday	Friday
20 Beef Meat Sauce with Peppers and Onions Half White Rice Half Quinoa Steamed Green beans Apple Whole Wheat Bread 1% Low Fat Milk	21 Buffalo Chick Pea Power Grain Bowl Classic Macaroni Salad Orange Whole Wheat Bread 1% Low Fat Milk	22 Jerk Fish Black Beans and Rice Steamed Kale Apple/ Apple Sauce Whole Wheat Bread 1% Low Fat Milk	23 Sweet and Sour Pork with Pineapple Baby Carrots and Parsley Banana Whole Wheat Bread 1% Low Fat Milk	24 Curried Chicken Legs Brown Rice Cooked Cabbage with Shredded Carrots Orange Whole Wheat Bread 1% Low Fat Milk
27 Pork Roast with Mango Chutney Brown Rice Cooked Cabbage and Shredded Carrots Apple Whole Wheat Bread 1% Low Fat Milk	28 Baked Chicken Thighs Mashed Sweet Potatoes California Blend Vegetables Orange Whole Wheat Bread 1% Low Fat Milk	29 Blackeye Pea Curry with Potatoes and Tomatoes Steamed Broccoli Apple Whole Wheat Bread 1% Low Fat Milk	30 Dairy Free Baked Ziti with beef Baby Carrots and Parsley Banana Whole Wheat Bread 1% Low Fat Milk	

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www.jasa.org

Hours

Mondays - Fridays 8:00am - 4:00pm

Closed for Federal and Jewish Holidays

CLOSED April 2nd for PASSOVER

Daily Lunch

Mondays - Fridays

12:00pm - 1:00pm - Dining Room

Williamsburg Older Adult Center Staff

Kennon Gaffney, Program Director - KGaffney@jasa.org

Eva Marie Ruiz, Assistant Director - ERuiz@jasa.org

Ericka Arzu Martinez, Program Coordinator - EARzuMartinez@jasa.org

Jessica Caba, Case Manager - JCaba@jasa.org

NEW April 2026 Activities/Programming

New Spin Class w/ Kennon - 4/1 @ 11:00am - 12:00pm

Medicaid Informational w/ Monique Robinson - 4/7 @ 12:30pm - 1:30pm

Health First Presentation with Nerlande Malvaisin 4/8 @ 10:30am

Easter Party w/ DJ Woody - 4/9 @ 12:00pm - 3:00pm

Fiber and Gut Health with Tiana - 4/14 @ 12:30pm - 1:30pm

Volunteer Recognition Day - 4/23 @ 10am

Denim Day and Birthday Party w/ DJ Woody - 3/25 @ 12:00pm - 3:00pm

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