



JASA Club 76 Older Adult Center

(212) 712-0170

120 W 76th Street 3rd Floor, NY, NY 10023

February 2026 Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>NOTE: Calendar is subject to change</p> <p>All Activities in Person</p>	<p>2. 11am-12pm Chair Yoga w/ Elena (Hybrid) 12pm-1pm Kosher Lunch 1pm-2pm Leisure Bingo 2pm-3pm Technology Class/computer lab w Ronen</p> <p>Happy Tu B'shvat</p>	<p>3. 10AM-12PM Art Class w/ Nadia 12pm-1pm Kosher Lunch + Travel Tuesday (TBD) 1pm-2pm Belly Dancing w/ Chantal 2:15pm-3:15pm Current Events (Hybrid)</p>	<p>4. 11am-12pm Drama w/ Jim 12pm-1pm Kosher Lunch 1pm-2pm Pilates Class w/ Dallas 1:30pm-3pm Chess w/ Jonathan 230pm-330pm Tech Drop In Hour w/ Ron</p>	<p>5. 11am-12:30pm: Sewing w/ Lisa 12pm-1pm Kosher Lunch 1pm-2pm Zumba w/ Des 130pm-230pm Mixed Media Arts w/ Uniqua (Monthly) 2pm-3:30pm Creative Writing w/ Royal Alvis (Hybrid)</p>	<p>6. No access to the ballroom, Go To 4th fl classroom: 11am-12pm Music Hour: Bob Marley 12pm-1pm Kosher Lunch 1PM-3PM Movie: Harriet (2019)</p>	
<p>08. Open Sunday 11am-12pm Word Search Puzzle 12pm-1pm Kosher Lunch 1pm-3pm Movie: When Harry met Sally (1989)</p> <p>1pm-5pm Trip to see Broadway Show "Hell's Kitchen" sold out, Waitlist only</p>	<p>09. 11am-12pm Chair Yoga w/ Elena (Hybrid) 12pm-1pm Kosher Lunch 1pm-2pm Leisure Bingo 2pm-3pm Technology Class/computer lab w Ronen</p>	<p>10. 11am-12pm Color your stress away & meditation music 12pm-1pm Kosher Lunch + Travel Tuesday (TBD) 1pm-2pm Belly Dancing w/ Chantal 2:15pm-3:15pm Current Events (Hybrid)</p>	<p>11. 11am-12pm Drama w/ Jim 12pm-1pm Kosher Lunch 1pm-2pm Pilates Class w/ Dallas 1:30pm-3pm Chess w/ Jonathan 230pm-330pm Tech Drop In Hour w/ Ron</p>	<p>12. No access to ballroom, go to 4th fl classroom: 1030am-12pm Puzzle Time w/ Janet 12pm-1pm Kosher Lunch 1pm-2pm Zumba w/ Des 2pm-3:30pm Creative Writing w/ Royal Alvis (Hybrid) TRIP: Costco 9am-1pm, limited seats, RSVP</p>	<p>13. No access to ballroom, go to 4th fl classroom: 11am-12pm Tea & Talk w/ Fiona (Support Group) 12pm-1pm Kosher Lunch 1PM-3PM Valentine Celebration+ Movie: People we meet on vacation (2026)</p>	<p>14.</p>

Partially funded by: NYC Council Member Gale Brewer

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
15.	16. JASA CLUB 76 OAC will be closed for President's Day	17. Special Mardi Gras Breakfast @9am (Pancakes & fruit salad) 10AM-12PM Art Class w/ Nadia 12pm-1pm Kosher Lunch 1pm-2pm Belly Dancing w/ Chantal 2:15pm-3:15pm Current Events (Hybrid)	18. 11am-12pm Drama w/ Jim 12pm-1pm Kosher Lunch 1pm-2pm Pilates Class w/ Dallas 1:30pm-3pm Chess w/ Jonathan 230pm-330pm Tech Drop In Hour w/ Ron	19. 11am-12:30pm: Sewing w/ Lisa 12pm-1pm Kosher Lunch +Lunar New Year Celebration 1pm-2pm Zumba w/ Des 2pm-3:30pm Creative Writing w/ Royal Alvis (Hybrid)	20. 11am-12pm Music Hour: Billie Holiday 12pm-1pm Kosher Lunch 1PM-3PM Black History Month Event with Uniqua	21.
22.	23. 11am-12pm Chair Yoga w/ Elena (Hybrid) 12pm-1pm Kosher Lunch 1pm-2pm Purim Shpiel with Drama Group 2pm-3pm Leisure Bingo	24. 11am-12pm Color your stress away & meditation music 12pm-1pm Kosher Lunch + Travel Tuesday (TBD) 1pm-2pm Belly Dancing w/ Chantal 2:15pm-3:15pm Current Events (Hybrid)	25. 11am-12pm Drama w/ Jim 12pm-1pm Kosher Lunch + Nutrition Presentation w/ Lisa 1pm-2pm Pilates Class w/ Dallas 1:30pm-3pm Chess w/ Jonathan 230pm-330pm Tech Drop In Hour w/ Ron	26. 1030am-12pm Puzzle Time w/ Janet 12pm-1pm Kosher Lunch 1pm-3pm Club 76 Talent Show (acts please RSVP, limited space)	27. 11am-12pm Tea & Talk w/ Fiona (Support Group) 12pm-1pm Kosher Lunch 1PM-3PM February Birthday + Dominican Republic Independence Day Party (RSVP) with live entertainment wear: blue, red or white	28.

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February 2026 Lunch Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>NOTE: Menu is subject to change Meals are first come, First served. *For Grab and Go Meals, meals are frozen, and must be picked up daily, during the lunch hour 12pm-1pm*</p>	<p>2. Vegetarian Red Lentil Bolognese Pearled Barley Mixed Vegetables Whole Wheat Bread Fruit 1% Low Fat Milk to go</p>	<p>3. Chicken Salad Potato Salad Cabbage & Beet Salad Whole Wheat Bread Fruit 1% Low Fat Milk to go</p>	<p>4. Teriyaki Baked Fish Mexican Confetti Rice Steamed Yellow Squash Whole Wheat Bread Fruit 1% Low Fat Milk to go</p>	<p>5. Beef & String Beans Brown Rice Vegetable Mix Whole Wheat Bread Fruit 1% Low Fat Milk to go</p>	<p>6. BBQ Chicken Leg Quarters Spinach Noodle Kugel Mixed Vegetables Challah Bread Fruit 1% Low Fat Milk to go</p>	<p>7.</p>
<p>08. Open Sunday Fish with Garlic Cous Cous Steamed Carrots Whole Wheat Bread Fruit 1% Low Fat Milk to go</p>	<p>09. Beef Hamburger Red Potato Wedges Health Slaw Whole Wheat Bread Fruit 1% Low Fat Milk to go</p>	<p>10. Vegetarian Chickpea Curry Medley Brown Rice Roasted Eggplant Whole Wheat Bread Fruit 1% Low Fat Milk to go</p>	<p>11. Puerto Rican Style Chicken Stew Rice Mixed Vegetables Whole Wheat Bread Fruit 1% Low Fat Milk to go</p>	<p>12. Ginger & Lime Salmon Baked Sweet Potato Mixed Vegetables Whole Wheat Bread Fruit 1% Low Fat Milk to go</p>	<p>13. BBQ Chicken Leg Quarters Bowtie Pasta with Kasha Green Beans & Onions Challah Bread Fruit 1% Low Fat Milk to go</p>	<p>14.</p>

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15.	16. JASA CLUB 76 OAC closed for President's Day	17. Vegetarian Eggplant & Chickpea Stew Vegetable Mix Whole Wheat Bread Fruit 1% Low Fat Milk to go	18. Chicken Cacciatore Spaghetti Sauteed String Beans Whole Wheat Bread Fruit 1% Low Fat Milk to go	19. Dairy-Free Baked Ziti with Beef Mixed Vegetables Whole Wheat Bread Fruit 1% Low Fat Milk to go	20. Baked Chicken Quarters Apple Noodle Kugel Roasted Zucchini Challah Wheat Bread Fruit 1% Low Fat Milk to go	21.
22.	23. Vegetarian Tofu Stir Fry Pearled Barley Mixed Vegetables Whole Wheat Bread Fruit +Soup 1% Low Fat Milk to go	24. Chicken Gumbo Cous Cous Roasted Eggplant Whole Wheat Bread Fruit 1% Low Fat Milk to go	25. Tuna Salad Basic Pasta Salad Cole Slaw Whole Wheat Bread Fruit 1% Low Fat Milk to go	26. Lemon Salmon Yellow Rice Green Beans Whole Wheat Bread Fruit 1% Low Fat Milk to go	27. PARTY BBQ Chicken Leg Quarters Baked Potato Mixed Vegetables Challah Bread Fruit 1% Low Fat Milk to go	28.



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Mondays - Fridays 8:00am - 4:00pm

Closed for Federal and Jewish Holidays

Upcoming Closure: February 16, 2026

Daily Kosher Lunch

Mondays - Fridays

12:00pm - 1:00pm - 3rd floor Ballroom

Club 76 Older Adult Center Staff

Jessica Infante, Program Director, jinfante@jasa.org

Joselyn Feliciano M.S.W, Assistant Director, jfeliciano@jasa.org

Vivian Gelberman L.M.S.W, Case Manager, vgelberman@jasa.org

February 2026 Activities/Programming

Open Sunday on February 08, RSVP

Trip to Costco on February 12, membership required, limited seats, RSVP

Valentine Luncheon + Movie on February 13, RSVP

Special breakfast in honor of Madi Gras on February 17, RSVP

Black History Month Event on February 20, RSVP

Purim Shpiel with Drama Group on February 23, RSVP

Talent Show on February 26, RSVP

Monthly Birthday Party on February 27, RSVP

Note: Walking Club will resume in the Spring

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