



# SEPTEMBER

## JASA CLUB 76

Funded by NYC Department of the Aging (DFTA)

Partially funded by a grant from Council Member Helen Rosenthal

**MONDAY**

**CONCERTS IN MOTION: CLASSICAL**  
11a - 12p

**CHAIR DANCE with JESSICA CASTRO:**  
1p - 1:45p

**TUESDAY**

**DRAMA / COMMUNITY THEATRE**  
9:30a - 10:30a

**TONING WITH TOBI**  
11:00a - 12:00p

**CONCERTS IN MOTION: JAZZ:** 12:00p - 1:00p

**ED'S CURRENT EVENTS:**  
12:30p - 2:00p

**KNITTING With JUDITH**  
2:30p - 3:30p

**WEDNESDAY**

**CONCERTS IN MOTION: RUSSIAN MUSIC**  
11a - 12p

**CONCERTS IN MOTION: BROADWAY**  
12p - 1p

**TECH DROP-IN-HOUR**  
1p - 2p

**THURSDAY**

**YITZY YOGA: Meditation**  
(call in welcome)  
11:30a - 12p

**Chair Yoga** (video only)  
12:05p - 1:10p

**CONCERTS IN MOTION: KLEZMER** 1p - 2p

**CREATIVE WRITING**  
With Royal Alvis  
1p - 2:30p

**FRIDAY**

**KEN GRAY TAI CHI:**  
10a - 11a

**CATCHING UP /HANGING OUT**  
11a - 12p

### MORE INFORMATION

JASA offers hundreds of additional FREE virtual classes through our other senior centers. Check out [www.jasa.org/events/senior-center-virtual-events](http://www.jasa.org/events/senior-center-virtual-events)

### CONTACT

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