<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
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</thead>
<tbody>
<tr>
<td>JASA closed on Mondays: September 7 – Labor Day and September 28 – Yom Kippur</td>
<td>Nurse is available whole day 718 – 372 – 8815 718 – 946 – 7973</td>
<td>11:00 – Russian Music Concert</td>
<td>11:00pm – Telephone Being Positive Group Nurse is available whole day</td>
<td>10:00 – Zoom Aerobic 2:00pm – Telephone/Video Concert</td>
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Trumps United
2942 West 5th St, and 458 Neptune Ave.
Brooklyn, NY 11224
718-946-7973, and 718-372-8815
www.jasa.org

Telephone Health Promotion Group - 929 – 299 – 1045  Pin: 2345
Telephone Current Events Class -  929 – 299 – 1045  Pin: 2345

Telephone/Video Concert (Fridays) – 301 – 715 – 8592; Pin: 426 474 125
Zoom meeting: https://zoom.us/j/426474125
Concert schedule link: Virtual Visiting concert schedule

Zoom Aerobic Class - https://us02web.zoom.us/j/5314902120?pwd=SUw4b2VSSEJlaEx1LzB5a1NLbWiQZz09

Brain Fitness - 929 – 299 – 1045  Pin: 2345

Nutritionist  Tamar: (978) 990-5058
Access code: 8149604
Online meeting link: https://join.freeconferencecall.com/tamarelkin

Telephone/Video Russian Music Concert (Wednesdays) – https://us02web.zoom.us/j/86991640881
1-646-558-8656 (New York); +1-312-626-6799 US
The meeting ID is: 869 9164 0881

Zoom Stretching and Toning w/Sofia Ioffe – https://us04web.zoom.us/j/75396910885?pwd=VHdUKzJKSjg3Q2ltzcVNCCZTgxR2RxQT09

NYC Department for the Aging
New York City Elderly Program