






# JUNE 2022 ACTIVITIES

Monday	Tuesday	Wednesday	Thursday	Friday
	 <p><b>PRIDE MONTH 2022</b></p>	<p><b>1</b>  <b>11:00am EB Walk with Ease</b>            11:00am Concerts in Motion: Russian Concert (hybrid)            11:30am-1:00pm Congregate Lunch            12:00pm Concerts in Motion: Broadway/Standard(hybrid)            12:30pm Crochet Class (in-person)            3:00pm Stamp Club (in-person)  <b>3:30pm Rising Stars Fitness (in-person)</b></p>	<p><b>2</b>  <b>10:00 Blood Pressure Screening</b>  <b>10:30am Aerobic w/Iouri (in-person)</b>            11:00am Library/Book Discussion (in-person)            11:30am-1:00pm Congregate Lunch            1:00pm Concerts in Motion: Klezmer &amp; Jewish (hybrid)  <b>3:15pm ESL (in-person) Medium Level for Russian speaking</b></p>	<p><b>3</b>  <b>11:00am Walk with Ease</b>            11:30am-1:00pm Congregate Lunch            12:00pm Concerts in Motion: Spanish Concert (hybrid)            1:00pm Afternoon Movie/Discussion (In-person)            2:00pm Concerts in Motion: Motown/Soul (hybrid)            3:00 Current Event Discussion Group, for Russian Speaking (in-person)</p>
<p><b>6</b>  <b>10:00 Blood Pressure Screening</b>  <b>10:00am Ceramic Art Tile (in-person)</b>  <b>11:00am EB Walk with Ease</b>            11:30am-1:00pm Congregate Lunch  <b>11:30am Nutrition Lecture (hybrid)</b>            11:00am Concerts in Motion: Classical (hybrid)  <b>3:00pm Advanced Movement w/Anatoli (in-person)</b>            4:00pm Computer Class (in-person) for Russian speaking</p>	<p><b>7</b>  <b>10:00am Chair Pilates (in-person)</b>            10:00am Garden Club (indoor &amp; outdoor)            11:30am-1:00pm Congregate Lunch            1:00pm Flex and Stretch w/Lisa (virtual)  <b>3:00pm Discover Your Creativity, Art Class w/Ava (in-person)</b>  <b>3:00pm Culture Club (in-person) (for Russian speaking)</b></p>	<p><b>8</b>  <b>11:00am EB Walk with Ease</b>            11:00am Concerts in Motion: Russian Concert (hybrid)            11:30am-1:00pm Congregate Lunch            12:00pm Concerts in Motion: Broadway/Standard(hybrid)            12:30pm Crochet Class (in-person)  <b>1:30pm Lecture Pride Month (in-person)</b>            3:00pm Stamp Club (in-person)  <b>3:30pm Rising Stars Fitness (in-person)</b></p>	<p><b>9</b>  <b>10:00 Blood Pressure Screening</b>  <b>10:30am Aerobic w/Iouri (in-person)</b>            11:00am Library/Book Discussion (in-person)            11:30am-1:00pm Congregate Lunch            1:00pm Concerts in Motion: Klezmer &amp; Jewish (hybrid)  <b>3:15pm ESL (in-person) Medium Level for Russian speaking</b></p>	<p><b>10</b>  <b>11:00am EB Walk with Ease</b>            11:30am-1:00pm Congregate Lunch            12:00pm Concerts in Motion: Spanish Concert (hybrid)            1:00pm Afternoon Movie/Discussion (In-person)            2:00pm Concerts in Motion: Motown/Soul (hybrid)            3:00 Current Event Discussion Group, for Russian Speaking (in-person)</p>
<p><b>13</b>  <b>10:00 Blood Pressure Screening</b>  <b>10:00am Ceramic Art Tile (in-person)</b>  <b>11:00am EB Walk with Ease</b>            11:30am-1:00pm Congregate Lunch            11:00am Concerts in Motion: Classical (hybrid)  <b>3:00pm Advanced Movement w/Anatoli (in-person)</b>            4:00pm Computer Class (in-person) for Russian speaking</p>	<p><b>14</b>  <b>10:00am Chair Pilates (in-person)</b>            10:00am Garden Club (indoor &amp; outdoor)            11:30am-1:00pm Congregate Lunch            1:00pm Flex and Stretch w/Lisa (virtual)            2:30pm Health &amp; Wellness Discussion Group  <b>3:00pm Discover Your Creativity, Art Class w/Ava (in-person)</b></p>	<p><b>15</b>  <b>11:00am EB Walk with Ease</b>            11:00am Concerts in Motion: Russian Concert (hybrid)  <b>11:00 Cooking Live with DFTA (hybrid)</b>            11:30am-1:00pm Congregate Lunch            12:00pm Concerts in Motion: Broadway/Standard(hybrid)            12:30pm Crochet Class (in-person)            3:00pm Stamp Club (in-person)  <b>3:30pm Rising Stars Fitness (in-person)</b></p>	<p><b>16</b>  <b>10:00 Blood Pressure Screening</b>  <b>10:30am Aerobic w/Iouri (in-person)</b>            11:00am Library/Book Discussion (in-person)  <b>11:00am Juneteenth Celebration. Lecture-Presentation (in-person)</b>            11:30am-1:00pm Congregate Lunch            1:00pm Concerts in Motion: Klezmer &amp; Jewish (hybrid)  <b>3:15pm ESL (in-person) Medium Level for Russian speaking</b></p>	<p><b>17</b>  <b>11:00am EB Walk with Ease</b>            11:30am-1:00pm Congregate Lunch            12:00pm Concerts in Motion: Spanish Concert (hybrid)            1:00pm Afternoon Movie/Discussion (In-person)            2:00pm Concerts in Motion: Motown/Soul (hybrid)            3:00 Current Event Discussion Group, for Russian Speaking (in-person)  <b>4:00 Virtual Walking Tour in NYC (for Russian speaking)</b></p>

<p><b>20</b> <b>JUNETEENTH CELEBRATION</b> <b>JASA IS CLOSED</b></p> 	<p><b>21</b> <b>10:00am Chair Pilates (in-person)</b> 10:00am Garden Club (indoor &amp; outdoor) 11:30am-1:00pm Congregate Lunch 1:00pm Flex and Stretch w/Lisa (virtual) <b>3:00pm Discover Your Creativity, Art Class w/Ava (in-person)</b> <b>3:00pm Culture Club (in-person) (for Russian speaking)</b></p>	<p><b>22</b> <b>11:00am EB Walk with Ease</b> 11:00am Concerts in Motion: Russian Concert (hybrid) 11:30am-1:00pm Congregate Lunch 12:00pm Concerts in Motion: Broadway/Standard(hybrid) 12:30pm Crochet Class (in-person) <b>1:30 THE FINAL CONCERT OF THE SU-CASA PROGRAM 2022 (in-person)</b> 3:00pm Stamp Club (in-person) <b>3:30pm Rising Stars Fitness (in-person)</b></p>	<p><b>23</b> <b>10:00 Blood Pressure Screening</b> <b>10:30am Aerobic w/Iouri (in-person)</b> 11:00am Library/Book Discussion (in-person) 11:30am-1:00pm Congregate Lunch 1:00pm Concerts in Motion: Klezmer &amp; Jewish (hybrid) <b>3:15pm ESL (in-person) Medium Level for Russian speaking</b></p>	<p><b>24</b> <b>11:00am EB Walk with Ease</b> 11:30am-1:00pm Congregate Lunch 12:00pm Concerts in Motion: Spanish Concert (hybrid) 1:00pm Afternoon Movie/Discussion (In-person) 2:00pm Concerts in Motion: Motown/Soul (hybrid) 3:00 Current Event Discussion Group, for Russian Speaking (in-person) <b>4:00 Virtual Walking Tour in NYC (for Russian speaking)</b></p>
<p><b>27</b> <b>10:00 Blood Pressure Screening</b> <b>10:00am Ceramic Art Tile (in-person)</b> <b>11:00am EB Walk with Ease</b> 11:30am-1:00pm Congregate Lunch <b>11:30am Nutrition Lecture (hybrid)</b> 11:00am Concerts in Motion: Classical (hybrid) <b>3:00pm Advanced Movement w/Anatoli (in-person)</b> 4:00pm Computer Class (in-person) for Russian speaking</p>	<p><b>28</b> <b>10:00am Chair Pilates (in-person)</b> 10:00am Garden Club (indoor &amp; outdoor) 11:30am-1:00pm Congregate Lunch 1:00pm Flex and Stretch w/Lisa (virtual) 2:30pm Health &amp; Wellness Discussion Group <b>3:00pm Discover Your Creativity, Art Class w/Ava (in-person)</b></p>	<p><b>29</b> <b>11:00am EB Walk with Ease</b> 11:00am Concerts in Motion: Russian Concert (hybrid) 11:30am-1:00pm Congregate Lunch 12:00pm Concerts in Motion: Broadway/Standard(hybrid) 12:30pm Crochet Class (in-person) 3:00pm Stamp Club (in-person) <b>3:30pm Rising Stars Fitness (in-person)</b></p>	<p><b>30</b> <b>10:00 Blood Pressure Screening</b> <b>10:30am Aerobic w/Iouri (in-person)</b> 11:00am Library/Book Discussion (in-person) 11:30am-1:00pm Congregate Lunch 1:00pm Concerts in Motion: Klezmer &amp; Jewish (hybrid) <b>3:15pm ESL (in-person) Medium Level for Russian speaking</b></p>	<p><b>Calendar is subject to change</b></p>  

# JUNE 2022 MENU

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Turkey Meat Sauce Pasta Italian Blend Vegetables Juice • Milk, low fat, 1% • Fruit • Margarine • Whole Wheat Bread	2 Brown Gravy Roasted Chicken Potato Kugel Carrot Tzimmes Juice • Milk, low fat, 1% • Fruit • Margarine • Whole Wheat Bread	3 Gefilte Fish Roasted Red Potato Salad Kosher Coleslaw Juice • Milk, low fat, 1% • Fruit • Margarine • Whole Wheat Bread <b>Egg Salad as an alternative</b>
6 Fish Francise Rice a Roni Steamed Carrots Juice • Milk, low fat, 1% • Fruit • Margarine • Whole Wheat Bread	7 Baked Turkey Breast Mashed Sweet Potatoes Vegetable Mix Juice • Milk, low fat, 1% • Fruit • Margarine • Whole Wheat Bread	8 BB Sause (No sugar added) Turkey Burger Spiced Sweet Potatoes Juice • Milk, low fat, 1% • Fruit • Margarine • Whole Wheat Bread	9 Cranberry Chicken Noodle Kugel Green Beans Juice • Milk, low fat, 1% • Fruit • Margarine • Whole Wheat Bread	10 Egg Salad Bowtie Pasta Three Bean Salad Juice • Milk, low fat, 1% • Fruit • Margarine • Whole Wheat Bread
13 • Chinese Style Pepper Steak • Chow Fun Noodles • Oriental Blend Vegetables • Juice • Milk, low fat, 1% • Fruit • Margarine • Whole Wheat Bread	14 Black Beans and Mushrooms Vegan Burger • Hamburger Bun, plain • Homemade Mashed Potatoes • Green Bean Salad • Juice • Milk, low fat, 1% • Fruit • Margarine	15 Chinese Style Chicken Patty • Smashed Red Potatoes • Roasted Beets • Juice • Milk, low fat, 1% • Fruit • Margarine • Whole Wheat Bread	16 Chicken Shawarma • Lentils with Spiced Rice and Caramelized Onions (Majadra) • Israeli Salad • Juice • Milk, low fat, 1% • Fruit • Margarine • Whole Wheat Bread	17 • Gefilte Fish • Macaroni & Pea Salad • Russian Coleslaw • Juice • Milk, low fat, 1% • Fruit • Margarine • Whole Wheat Bread <b>Egg Salad as an alternative</b>
20 <b>JUNETEENTH CELEBRATION JASA IS CLOSED</b>	21 • Veggie Burgers • Homemade Mashed Potatoes • Braised Red Cabbage • Juice • Milk, low fat, 1% • Fruit • Margarine • Whole Wheat Bread	22 • Meat Sauce • Pasta • Italian Blend Vegetables • Juice • Milk, low fat, 1% • Fruit • Margarine • Whole Wheat Bread	23 • Roasted Chicken • Potato Kugel • Carrot Tzimmes • Juice • Milk, low fat, 1% • Fruit • Margarine • Whole Wheat Bread	24 • Turkey Salad Homemade • Bowtie Pasta Salad • Cucumber & Red Bean Salad • Juice • Milk, low fat, 1% • Fruit • Margarine • Whole Wheat Bread <b>Egg Salad as an alternative</b>
27 Dill Lemon Sauce Salmon Cakes • Creamy Spinach • Mashed Potatoes • Juice • Milk, low fat, 1% • Fruit • Margarine • Whole Wheat Bread	28 • Beef Pot Roast • Kasha Varnishkes • Steamed Broccoli • Juice • Milk, low fat, 1% • Fruit • Margarine Whole Wheat Bread	29 Baked Onion Turkey Burger • Spiced Sweet Potatoes • Creamy Spinach • Juice • Milk, low fat, 1% • Fruit • Margarine • Whole Wheat Bread	30 • Lemon Chicken • Roasted Potatoes • Winter Blend Vegetables • Juice • Milk, low fat, 1% • Fruit • Margarine • Whole Wheat Bread	<b>Menu is subject to change</b>  <b>Daily Hot Kosher Lunch (Monday-Friday) 11:30 AM-1:00PM in DINING ROOM</b>   



**SCHEUER HOUSE OF CI OAC & LUNA PARK ANNEX**  
**3601 Surf Ave**  
**Brooklyn, NY 11224**  
**Tel 718-373-3954**  
**[www.jasa.org](http://www.jasa.org)**

**Hours**

Open Daily Monday thru Friday 8:00 am-4:00 pm

**Staff:**

Program Director: Lidia Shneyer  
Program Coordinator: Anzhela Savka  
Case Manager: Nansi Harb

**Daily Lunch**

Daily Hot Kosher Lunch-(Monday-Friday)  
11:30 AM-1:00 PM- DINING ROOM

Additional funding with generous grants from Councilman A. Kagan & Councilwoman I. Vernikov

**SCHEUER HOUSE OF CI OAC & LUNA PARK ANNEX**  
**Virtual Classes on Zoom**

**11:30AM-12:30PM (on Monday 6/6 & Monday 6/27 only, hybrid)**

**NUTRITION LECTURE**

Zoom Link: <https://zoom.us/j/95713681762?pwd=THRPd0JJWTFLTE5Gd3NwZ252V0dNdz09>

Dial-In Phone Number: 19292056099

Meeting ID: 957 1368 1762

Passcode: 644440

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**11:00 AM-12:00 PM (Weekly on Mondays, hybrid)**

**CONCERTS IN MOTION: CLASSICAL**

Dial-In Phone Number: 646-558-8656

Meeting ID: 869-9164-0881

Zoom Link: <https://us02web.zoom.us/j/86991640881>

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**3:00PM-4:30PM (on Tuesday 5/10 & 5/24 only, hybrid) Russian speaking**

**CULTURE CLUB**

Dial-In Phone Number: 9292056099

Meeting ID: 977 6539 4225

Passcode: 911232

Zoom Link: <https://zoom.us/j/97765394225?pwd=Ry9PQIF3ZUxhTjVnSVQ5MnVldEZBUT09>

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**11:00 AM-12:00 PM (Weekly on Tuesdays, starting April 12, hybrid)**

**CONCERTS IN MOTION: MUSIC & MEDITATION**

Zoom link: <https://concertsinmotion-org.zoom.us/j/5270678391>

Dial-in number: +1 646 558 8656 US (New York)

Meeting ID: 527 067 8391

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**1:00 PM-2:00 PM (Weekly on Tuesdays, virtual)**

**FLEX AND STRETCH w/LISA**

Zoom Link: <https://zoom.us/j/97848041701?pwd=c1ZFMUZEVUE4Wjh1eC9ZOHVDOC8zQT09>

Meeting ID: 978 4804 1701, Passcode: 451986

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**11:00 AM-12:00 PM (Weekly on Wednesdays, hybrid)**

**CONCERTS IN MOTION: RUSSIAN CONCERT**

Dial-In Phone Number: 646-558-8656

Meeting ID: 869-9164-0881

Zoom Link: <https://us02web.zoom.us/j/86991640881>

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**12:00 PM-1:00 PM (Weekly on Wednesdays, hybrid)**

**CONCERTS IN MOTION: BROADWAY/STANDARDS**

Dial-In Phone Number: 929-205-6099

Meeting ID: 835-6035-3700

Zoom Link: <https://us02web.zoom.us/j/83560353700>

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**1:00 PM-2:00 PM (Weekly on Thursdays, hybrid)**

**CONCERTS IN MOTION: KLEZMER & JEWISH CONCERT**

Dial-In Phone Number: 1 929-205-6099

Meeting ID: 426-474-125

Zoom Link: <https://us02web.zoom.us/j/82906881632>

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**12:00 PM-1:00 PM (Weekly on Fridays, hybrid)**

**SPANISH CONCERT**

Dial-In Phone Number: 1 929-205-6099

Meeting ID: 835-6035-3700

Zoom Link: <https://us02web.zoom.us/j/83560353700>

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**2:00 PM-3:00 PM (Weekly on Fridays, hybrid)**

**CONCERTS IN MOTION: MOTOWN/SOUL**

Dial-In Phone Number: 929 205 6099

Meeting ID: 426 474 125

Zoom Link: <https://zoom.us/j/426474125>

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**4:00 PM-5:00 PM (Friday 6/17 and Tuesday 6/24 only)**

**VIRTUAL WALKING TOUR IN NYC (for Russian speaking)**

Zoom Link: <https://us06web.zoom.us/j/93639490873?pwd=M09WeGZUZ2JPY2p6SmxRZki2NUN3dz09>

Dial-In Phone Number: 19292056099

Meeting ID: 936 3949 0873, Passcode: 524848