



Sue Ginsburg Older Adult Center

Phone Number (718) 881-1758

975 Waring Avenue, Bronx, NY 10469

June 2026 Activities Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 ADVISORY MEETING 11AM- Treadmill (Phys.Ed) 12PM- Lunch/Almuerzo 1PM-3PM PRIDE MONTH RESOURCES Discussion Group- Topics</p>	<p>2 Puzzle & Frame 11AM- Ball it out (Wii Games) 12PM- Lunch/Almuerzo 1PM-3PM Mini Puzzles w. Frame (Outdoors)</p>	<p>3 BINGO DAY/PANTRY DAY 9:30AM- 11am- Pantry Distribution 12PM- Lunch/Almuerzo 1PM-3 pm BINGO w. Prizes</p>	<p>4 Chair Zumba 11AM- Work it (Cycling Class) 12PM- Lunch/Almuerzo 1PM- Chair Zumba (Cliff) 2PM- Leisure Game-Dominoes</p>	<p>5 HealthFirst Presentation 11AM- Let's get our step on-Shanil 12PM- Lunch/Almuerzo 1PM- HealthFirst -Presentation 3PM- Afternoon Delight w/ Talk</p>
<p>8 Nutrition Class 11AM- Treadmill (Phys.Ed) 12PM- Lunch/Almuerzo 1PM-Blood Pressure- Victor 2PM- Nutrition Class w. Kiahni</p>	<p>9 Educational Presentation 11AM- Ball it out (Wii Games) 12PM- Lunch/Almuerzo 1:30PM- Heart to Heart -Presentation 3PM- Leisure Games- "Dominoes"</p>	<p>10 Arts & Crafts- Tech World 11AM-Word Search (Leisure Games) 12PM- Lunch/Almuerzo 1PM- Sip & Paint w. Maryidres 2PM- Cycling Class - Gym room</p>	<p>11 Chair Zumba 11:30AM- Karaoke -Shanil 12PM- Lunch/Almuerzo 1PM- Chair Zumba (Cliff) 2pm- Leisure Games- "Dominoes"</p>	<p>12 Senior Picnic Flag Day Celebration 11AM- Cycling Class (Phys.Ed) 12PM- Lunch/Almuerzo 12:30PM-3PM Senior Picnic- (Outdoors/Courtyard area)</p>
<p>15 Chair Exercise 11AM- Treadmill (Phys.Ed) 12PM- Lunch/Almuerzo 1PM-Chair Exercise w. Anthony 2PM- Jewelry Making w. Shanil</p>	<p>16 Elder Abuse - AGING 11AM- Ball it out (Wii Games) 12PM- Lunch/Almuerzo 1PM- Elder Abuse Presentation 3PM- Leisure Games- "Dominoes"</p>	<p>17 Arts & Crafts- Tech World 11AM- Leisure Games- Board Games 12PM- Lunch/Almuerzo 1PM-Arts & Crafts w. Maryidres</p>	<p>18 Chair Zumba /Nutrition Class 11PM- Hidden Picture-LG 12PM- Lunch/Almuerzo 1PM- Chair Zumba (Cliff) 2PM: Nutrition Class/ Kiahni</p>	<p>19 Juneteenth Center Closed</p>
<p>22 Nutrition Class/ParentCare 11AM- Let's Color- Coloring Class 12PM- Lunch/Almuerzo 1PM- Elder Abuse & Trivia Game 2PM- Nutrition Class/ Kiahni</p>	<p>23 Healing Circle 11AM- Ball it out (Wii Games) 12PM- Lunch/Almuerzo 1PM- Healing Circle Presentation w. Melissa</p>	<p>24 Father's Day Celebration 11AM- Work it (Cycling Class) 12PM- Lunch/Almuerzo 12:30PM- 3:30PM- Party Celebration</p>	<p>25 Chair Zumba 11AM- Work it (Cycling Class) 12PM- Lunch/Almuerzo 1PM- Chair Zumba (Cliff)</p>	<p>26 11AM- Let's Get Our Step On w. Shanil 12PM- Lunch/Almuerzo 1PM- Afternoon Delight w/ Talk 2PM- Leisure Games- "Dominoes"</p>
<p>29 Chair Exercise 11AM- Let's Color- Coloring Class 12PM- Lunch/Almuerzo 1PM- Chair Exercise w. Yolanda 2PM- Blood Pressure- Victor</p>	<p>30 JasaCare Movie & Popcorn 11AM- JASACare Pres. "Mold Prevention" 12PM- Lunch/Almuerzo 1PM-3:30PM -Movie w Popcorn -Shanil</p>		<p>Grab & Go Meals- Available Daily Upon Request (12PM to 3PM)</p>	<p>HABLAMOS ESPAÑOL Must be the age of 60 and over to register</p>

Partially funded by: NYC AGING & Councilmember of District 13



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June 2026 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1 Beef Meatsauce w. Peppers & Onions ½ White Rice ½ Half Quinoa Steamed Green Beans Apple or Pear*	2 <u>Plant-Based Meals</u> Buffalo Chickpea Power Grain Bowl Classic Macaroni Salad Orange	3 Jerk Fish Black Beans & Rice Steamed Kale Apple	4 Sweet & Sour Pork w. Pineapple Baked Red Potato Wedges Steamed Sliced Carrots Banana	5 Curried Chicken Legs Perfect White Rice Cooked Cabbage w. Carrots Orange or Cantaloupe*
8 Pork Roast w. Mango Chutney Brown Rice (½ Cup) Cooked Cabbage w. Carrots Apple or Canned Pineapple*	9 Baked Chicken Thighs Mashed Sweet Potatoes California Blend Vegetables Orange	10 <u>Plant-Based Meals</u> Blackeye Pea Curry w. Potatoes & Tomatoes/ Instant Mashed Potatoes Steamed Broccoli Apple or Applesauce*	11 Dairy-Free Baked Ziti w. (Beef or Turkey) Baby Carrots & Parsley Banana	12 Spanish Chicken w. Potatoes & Garlic Yellow Rice Steamed Green Beans Orange or Canned Mandarin Oranges*
15 Pork Spare Ribs Garlic Mashed Potatoes Steamed Collard Greens Apple or Applesauce*	16 <u>Plant-Based Meals</u> Latin Sweet Potato & Red Bean Chili White Rice (½ Cup) Steamed Cauliflower Orange or Cantaloupe*	17 Jumbo Stuffed Shells w. Meatsauce Vegetable Mix (Non-Starchy) Apple or Honeydew*	18 Baked Asian Style Honey Chicken ½ White Rice ½ Quinoa Steamed Broccoli Banana	19 Juneteenth Center Closed
22 BBQ Chicken Leg Quarters Baked Macaroni & Cheese Steamed Red or Green Cabbage Apple or Applesauce*	23 Spanish Style Roast Pork White Rice California Blend Vegetables Orange	24 <u>Plant-Based Meals</u> No Cheese Spring Vegetable Lasagna Sautéed Green Beans w. Onions Apple or Pear	25 Baked Fish w. Mushrooms/Peppers Cous Cous Cauliflower w. Carrots & Parsley Banana	26 Caesar Salad w. Grilled Chicken Basic Pasta Salad Cabbage Carrot Slaw Orange or Plums (2)
29 Oven-Fried Chicken Black Beans & Rice Cooked Cabbage w. Carrots Apple or Applesauce*	30 BBQ Pulled Pork Roasted Potatoes Sautéed Green Beans w. Onions Orange or Canned Mandarins*		Grab & Go Meals- Available Daily Upon Request (12 PM to 3 PM)	HABLAMOS ESPAÑOL Must be the age of 60 and over to register

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www.jasa.org

Hours

Mondays - Fridays 8:30am - 4:30pm

Closed for Federal and Jewish Holidays

Daily Lunch

Mondays - Fridays

12:00pm - 1:00pm - Dining Room

Sue Ginsburg Older Adult Center Staff

Victor Morell, Program Director, vmorell@jasa.org or (718) 881-1758 EXT: 1

Shanil Acosta, Program Coordinator, sacosta@jasa.org or (718) 881-1758 EXT: 2

Vilma Sorrentini, Case Manager, vsorrentini@jasa.org or (718) 881-1758 EXT: 3

Dov Mannings, Food Service Technician, dmannings@jasa.org

Simone Walker, Porter, swalker@jasa.org

New June 2026 Activities/Programming

6/1/2026- Pride Month - Discussion Group

6/12/2026- Senior Picnic

6/23/2026 -Healing Circle - Movements

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