




NORC TRUMPS UNITED CALENDAR


Phone Number (718) 372-8815 458 Neptune Ave, Brooklyn, NY 11224

JUNE 2026 Activities Calendar



Monday	Tuesday	Wednesday	Thursday	Friday
1 <u>11:00 - Chess Class in 4A</u> <u>1:00 – Chair Pilates in 4A</u> <u>2:00 – Visual Art in 4A</u> <p style="text-align: center;">Nurse Vera is <u>in 4A</u></p>	2 <u>10:00 – Zoom Yoga</u> <u>11:00 – Modern Movement in 4A</u> <u>1:00 – Zoom Klezmer Music Concert</u> <u>2:00 - Qi Gong (Tai Chi) in 4A</u>	3 <u>10:00- Art Class w/Frances in 4A</u> <u>12:30 – Aerobics in 4A</u> <u>2:00 - Brain Fitness in 4A</u> <u>3:00 - Health Lecture in English “Mobility Empowerments” in 4A</u> <p style="text-align: center;">Nurse Vera is <u>in 4A</u></p>	4 <u>11:00 – Art Class in 4A</u> <u>12:30– Mild Body Conditioning in 4A</u> <p style="text-align: center;">Nurse Vera is <u>in 4A</u></p>	5 <u>10:00 - Walking Group w/Judith</u> <u>10:15 – Zoom Aerobics</u> <u>2:00 - 4:00 – Game Time in 4A</u> <u>2:00 – Balance for Life in 4A</u> <u>2:00 - Celebration Zoom Concert</u>
8 <u>11:00 - Chess Class in 4A</u> <u>12:30 - Health Lecture in Russian “Mobility Empowerments ” in 4A</u> <u>1:00 - Chair Pilates in 4A</u> <u>2:00 – Visual Art in 4A</u> <p style="text-align: center;">Nurse Vera <u>in 4A</u></p>	9 <u>10:00 – Zoom Yoga</u> <u>11:30 – Intergenerational Concert in Motion in 4A</u> <u>1:00 – Zoom Klezmer Music Concert</u> <u>2:00 - Qi Gong (Tai Chi) in 4A</u>	10 <u>10:00- Art Class w/Frances in 4A</u> <u>12:30 – Aerobics in 4A</u> <p style="text-align: center;">Nurse Vera is <u>in 4A</u></p>	11 <u>12:30– Mild Body Conditioning in 4A</u> <u>2:00 - Spiritual Workshop with Rabbi Marcelle in 4A</u> <p style="text-align: center;">Nurse Vera is <u>in 4A</u></p>	12 <u>10:00 - Walking Group w/Judith</u> <u>10:15 – Zoom Aerobics</u> <u>2:00 - 4:00 – Game Time in 4A</u> <u>2:00 – Balance for Life in 4A</u> <u>2:00 - Celebration Zoom Concert</u> <p style="text-align: center;"><u>Trip to the Metropolitan Museum</u> <u>9:30 am</u></p>
15 <u>11:00 - Chess Class in 4A</u> <u>1:00 – Chair Pilates in 4A</u> <u>2:00 – Nutrition Presentation with Tamar Elkin in 4A or Zoom</u> <p style="text-align: center;">Nurse Vera is <u>in 4A</u></p>	16 <u>10:00 – Zoom Yoga</u> <u>11:00 – Modern Movement in 4A</u> <u>12:30 - Russian Club in 4A</u> <u>1:00 – Zoom Klezmer Music Concert</u> <u>2:00 - Qi Gong (Tai Chi) in 4A</u>	17 <u>10:00- Art Class w/Frances in 4A</u> <u>12:30 – Aerobics in 4A</u> <u>2:00 - Brain Fitness & Snack in 4A</u> <p style="text-align: center;">Nurse Vera is <u>in 4A</u></p>	18 <u>11:00 - Art Class in 4A</u> <u>12:30 - Mild Body Conditioning in 4A</u> <p style="text-align: center;">Nurse Vera is <u>in 4A</u></p>	19 JASA CLOSED 

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Monday	Tuesday	Wednesday	Thursday	Friday
<p>22</p> <p><u>11:00</u> - Chess Class in 4A</p> <p><u>1:00</u> – Chair Pilates in 4A</p> <p><u>2:00</u> - Concerts in Motion in 4A</p> <p>Nurse Vera is in 4A</p>	<p>23</p> <p><u>10:00</u> – Zoom Yoga</p> <p><u>Primary Election</u></p> <p><u>No Activities in 4A</u></p>	<p>24</p> <p><u>12:00</u> - Friendship Group and JASA Cares Presentation in 4A</p> <p>Brunch will be served</p> <p>Nurse Vera is in 4A</p>	<p>25</p> <p><u>11:00</u> - Art Class in 4A</p> <p><u>12:30</u> -Mild Body Conditioning in 4A</p> <p><u>2:00</u> – Current Events in 4A</p> <p><u>Trip to Industry City - 10:00 am</u></p> <p>Nurse Vera is in 4A</p>	<p>26</p> <p><u>10:00</u> - Walking Group w/Judith</p> <p><u>10:15</u> – Zoom Aerobics</p> <p><u>2:00 - 4:00</u> – Game Time in 4A</p> <p><u>2:00</u> – Balance for Life in 4A</p> <p><u>2:00</u> - Celebration Zoom Concert</p>
<p>29</p> <p><u>9:30 - 12:30</u></p> <p><u>Membership Drive in 4A</u></p> <p><u>1:00</u> - Chess Class in 4A</p> <p><u>1:00</u> - Chair Pilates in 4A</p> <p>Nurse Vera is in 4A</p>	<p>30</p> <p><u>10:00</u> – Zoom Yoga</p> <p><u>11:00</u> – Modern Movement in 4A</p> <p><u>1:00</u> – Zoom Klezmer Music Concert</p> <p><u>2:00</u> - Qi Gong (Tai Chi) in 4A</p>			

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458 Neptune Ave, Brooklyn, NY 11224

(718) 372-8815 • Email

www.jasa.org

Hours

Mondays - Fridays 9:00am - 5:00pm

Closed for Federal and Jewish Holidays

NORC Trumps United Staff

Evelyn Gottlieb, Program Director egottlieb@jasa.org

JUNE Activities/Programming

June 8 - Health Lecture in Russian

June 3 and 17 - Brain Fitness

June 3 - Health Lecture in English

June 24 - Friendship Group and JASA Care Presentation

June 15 - Nutrition Presentation with Tamar Elkin

June 16 - Russian Club

June 11 - Spiritual Workshop with Rabbi Marcelle

June 4, 18 and 25 - Art class

June 3, 10, and 17 - Art Class with Frances

June 25 - Current Events and Ice Cream

June 12 - Trip to the Metropolitan Museum

June 25 - Trip to Industry City

Partially funded by:

Telephone/Video Concerts in Motion Celebration Friday (Fridays) – 1 - 301 – 715 – 8592;

Zoom meeting: <https://zoom.us/j/426474125> Meeting ID: 426 474 125

Zoom Aerobic Class - <https://us06web.zoom.us/j/83690337299?pwd=SWJaREw2azdsSEt4d1UwOFFBWmduUT09>

Meeting ID: 836 9033 7299 Passcode: 381896

Zoom Stretching and Toning w/Sofia Ioffe –

<https://zoom.us/j/93570593451?pwd=ZHNMOwfiYUk3MWI4NihJUFIWbGZ5dz09>

Meeting ID: 935 7059 3451 Passcode: 187559

Telephone/Video Concerts in Motion Klezmer Music (Tuesdays)

Zoom: <https://concertsinmotion-org.zoom.us/j/89147660204>

Meeting ID: 891 4766 0204 Phone: 1 646- 558- 8656

Zoom Yoga (Tuesdays)

Zoom:

<https://us02web.zoom.us/j/86535975909?pwd=YTc1Q1BuOTE4Y0ZadTY1Vkh3TzFYdz09>

Meeting ID: 865 3597 5909 Passcode: JASATV

People, Food and Culture – Wednesdays

Sing-along - Thursdays

Zoom: <https://zoom.us/j/9367994040?pwd=Z3lrZStsS3dwRTh2NlZkS0hPWmFuQT09>

Registered Dietitian Nutritionist Tamar Elkin, MS, RDN, CDN

Zoom: <https://us06web.zoom.us/j/83219399945?pwd=tKRnZR8WSBxufnJpYNfw7FAvr8wcab.1>

Meeting ID: 832 1939 9945 Passcode: 946518

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