



JASA Senior Alliance Older Adult Center

Phone Number (718) 646-4100

161 Corbin Place, Brooklyn, NY, 11235

FEBRUARY 2026 Activities Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 9:15am-10:15am Silver Sneakers with Mike 10:00am -12:00pm Classical Art Class -Tatiana Workshop Painting trees Tu Bishvat-new Year for Trees 10:00am -12:00pm Tu Bishvat Celebrating - Chabad 10:00am - 4:00pm TECH 101 Tablets Free Time Library 10:30am-11:15am Dance Class with Angela 2:00pm-4:00pm Tech Support with devices with Alexandr 2:00 pm-3:30 pm Karaoke with Alexandr Li Songs about trees. Fun event</p>	<p>3 9:00am-9:45am SAIL - Anatoly 10:00am-10:45am Zumba- Lisa 10:00am-11:00am Computer with Anatoly 10:00am-11:00am Blood Pressure Monitoring 10:00am - 4:00pm TECH 101 11:00am-12:00pm ESL Intermediate with Larisa 11:00am-12:00pm Crochet Club 12:00pm-2:00pm "Dance with Us" - Irina 2:00pm-4:00pm Tech Support with Alexandr 2:15pm-3:45pm Old Good Movies with Lana (dining-room) 3:45pm-4:45pm Table Games</p>	<p>4 9:30am TRIP to IKEA 9:00am-10:00am Yoga with Lena 10:00am-11:00am Latin Dance with Valerii 10:00am-4:00pm TECH 101 11:00am-12:00pm Exercise Class - Iouri 12:00 pm-1:00 pm Blood Pressure Monitoring 1:00pm-2:00pm ESL with Irina 2:00pm-4:00pm Notary Public Services with Jolanta room #4 2:00pm-4:00pm Tech Support with devices with Alexandr 3:45 pm-4:45pm Table Games</p>	<p>5 9:00am-9:45am SAIL - Anatoly 10:00am-10:45am Zumba- Lisa 10:00am-11:00am Computer with Anatoly 10:00am-4:00pm TECH 101 10:00am-12:00pm Book Club with Zoya 10:45am-12:00pm Cooking Class with the Culinary Book author - Anna Nemerovsky 1:00 pm-2:30 pm ESL Elementary with Lana 2:00pm-4:00pm Tech Support with devices with Alexandr 2:45 pm-3:45pm Cognitive Games with Lana 3:45 pm-4:45pm Table Games</p>	<p>6 9:15am-10:15am Chair Exercise with Mike 10:30am-11:15am Dance Class with Angela 11:45am-12:45pm Exercise Class with Iouri 10:30am-12:00pm ESL advanced with Yelena 1:00pm-2:00pm Spirituality Hour with Rabbi Barry Melman 2:00pm-4:00pm Tech Support with devices with Alexandr 2:15pm-3:45pm Art Culture & World Tradition with Lana 3:45 pm-4:45pm Table Games</p>

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<p>9 9:15am-10:15am Silver Sneakers with Mike 10:00am -12:00pm Classical Art Class -Tatiana 10:00am - 4:00pm TECH 101 Tablets Free Time Library 10:30am-11:15am Dance Class with Angela 2:00pm-3:30 pm Poetry Club with Yelana Silver Russian Poetry lovers meeting 2:00pm-4:00pm Tech Support with devices with Alexandr</p>	<p>10 9:00am-9:45am SAIL - Anatoly 10:00am-10:45am Zumba- Lisa 10:00am-11:00am Computer with Anatoly 10:00am-11:00am Blood Pressure Monitoring 10:00am - 4:00pm TECH 101 11:00am-2:00pm Food Packages 11:00am-12:00pm ESL Intermediate with Larisa 11:00am-12:00pm Crochet Club 12:00pm-2:00pm "Dance with Us" - Irina 2:00pm-4:00pm Tech Support with Alexandr 2:15pm-3:45pm Old Good Movies with Lana (dining-room) 3:45 pm-4:45pm Table Games</p>	<p>11 9:00am-10:00am Yoga with Lena 10:00am-11:00am Latin Dance with Valerii 10:00am-4:00pm TECH 101 11:00am-12:00pm Exercise Class - Iouri 11:00am-2:00pm Food Packages 12:00 pm-1:00 pm Blood Pressure Monitoring 1:00pm-2:00pm ESL with Irina 2:00pm-4:00pm NEW! Notary Public Services with Jolanta room #4 2:15 pm-3:30 pm ESL Elementary with Lana 3:45 pm-4:45pm Table Games</p>	<p>12 9:00am-10:00am Black History Month Celebration through Music - Karaoke with Alexandr 10:00am-10:45am Zumba- Lisa 10:00am-4:00pm TECH 101 10:00am-12:00pm Book Club with Zoya 1:00 pm-2:30 pm ESL Elementary with Lana 2:00pm-4:00pm Tech Support with devices with Alexandr 2:45 pm-3:45pm Cognitive Games with Lana 3:45 pm-4:45pm Table Games</p>	<p>13 9:15am-10:15am Chair Exercise with Mike 10:30am-11:15am Dance Class with Angela Love is in the Air Workshop 11:45am-12:45pm Exercise Class with Iouri 10:30am-12:00pm ESL advanced with Yelena 1:00pm-2:00pm Spirituality Hour with Rabbi Barry Melman. 2:00pm-4:00pm Tech Support with devices with Alexandr 2:15pm-3:45pm Art Culture & World Tradition with Lana 3:45 pm-4:45pm Table Games</p>

Monday	Tuesday	Wednesday	Thursday	Friday
<p>16</p> <p style="text-align: center;">Center is Closed Happy Presidents' Day</p>	<p>17</p> <p>9:00am-9:45am SAIL - Anatoly 10:00am-10:45am Zumba- Lisa 10:00am-11:00am Computer with Anatoly 10:00am-11:00am Blood Pressure Monitoring 10:00am - 4:00pm TECH 101 11:00am-12:00pm ESL Intermediate with Larisa 11:00am-12:00pm Crochet Club 12:00pm-2:00pm "Dance with Us" - Irina Black History Month Celebration through Dance 12:30pm-2:00pm Ladies Pearl Club with Inna 2:00pm-4:00pm Tech Support with Alexandr 2:15pm-3:45pm Old Good Movies with Lana (dining-room) 3:45 pm-4:45pm Table Games</p>	<p>18</p> <p>9:00am-10:00am Yoga with Lena 10:00am-11:00am Latin Dance with Valerii 10:00am-4:00pm TECH 101 11:00am-12:00pm Exercise Class - Iouri 12:00 pm-1:00 pm Blood Pressure Monitoring 1:00pm-2:00pm ESL with Irina Black History Month Celebration. Prominent Black History People Discussion. 2:00pm-4:00pm NEW! Notary Public Services with Jolanta room #4 2:00pm-4:00pm Tech Support with devices with Alexandr 2:15 pm-3:30 pm ESL Elementary with Lana 3:45 pm-4:45pm Table Games</p>	<p>19</p> <p>9:00am-9:45am SAIL - Anatoly 10:00am-10:45am Zumba- Lisa 10:00am-11:00am Computer with Anatoly 10:00am-4:00pm TECH 101 10:00am-12:00pm Book Club with Zoya 11:00am-12:00pm Lunar New Year Celebration Dance Performance "HAPPINESS DANCE GROUP" by Suya Zhang 1:00 pm-2:30 pm ESL Elementary with Lana 2:00pm-4:00pm Tech Support with devices with Alexandr 2:45 pm-3:45pm Cognitive Games with Lana 3:45 pm-4:45pm Table Games</p>	<p>20</p> <p>9:15am-10:15am Chair Exercise with Mike 10:00am-11:00am Current Events Discussion 10:30am-11:15am Dance Class with Angela 11:45am-12:45pm Exercise Class with Iouri 10:30am-12:00pm ESL advanced with Yelena 1:00pm-2:00pm Spirituality Hour with Rabbi Barry Melman 2:00pm-3:00pm CONCERT "Love is in the air" by NYC Police Jazz Band. Live music 2:00pm-4:00pm Tech Support with devices with Alexandr 2:15pm-3:45pm Art Culture & World Tradition with Lana 3:45 pm-4:45pm Table Games</p>

Monday	Tuesday	Wednesday	Thursday	Friday
<p>23 9:15am-10:15am Silver Sneakers with Mike 10:00am - 12:00pm Classical Art -Tatiana Workshop Painting Horse Lunar New Year Symbol welcome fortune 10:00am - 4:00pm TECH 101 Tablets Free Time Library 10:30am-11:15am Dance Class with Angela 2:00pm-4:00pm Tech Support with devices with Alexandr 2:00pm-4:00pm Tea-Time with JASA Team Questions & Answers (Dining room)</p>	<p>24 9:00am-9:45am SAIL - Anatoly 10:00am-10:45am Zumba- Lisa 10:00am-11:00am Computer with Anatoly 10:00am-11:00am Blood Pressure Monitoring 10:00am - 4:00pm TECH 101 11:00am-12:00pm ESL Intermediate with Larisa 11:00am-12:00pm Crochet Club 12:00pm-2:00pm "Dance with Us" - Irina 2:00pm-4:00pm Tech Support with Alexandr 2:15pm-3:45pm Old Good Movies with Lana (dining-room) 3:45 pm-4:45pm Table Games</p>	<p>25 9:00am-10:00am Yoga with Lena 10:00am-11:00am Latin Dance with Valerii 10:00am-4:00pm TECH 101 11:00am-12:00pm Exercise Class - Iouri 11:30 am Trip to Moulin Rouge 1:00pm-2:00pm ESL with Irina Women Inventors Month 2:00pm-4:00pm NEW! Notary Public Services with Jolanta room #4 2:00pm-4:00pm Tech Support with devices with Alexandr 2:15 pm-3:30 pm ESL Elementary with Lana 3:45 pm-4:45pm Table Games</p>	<p>26 9:00am-9:45am SAIL - Anatoly 10:00am-10:45am Zumba- Lisa 10:00am-11:00am Computer with Anatoly 10:00am-4:00pm TECH 101 10:00am-12:00pm Book Club with Zoya 1:00 pm-2:30 pm ESL Elementary with Lana 2:00pm-4:00pm Tech Support with devices with Alexandr 2:45 pm-3:45pm Cognitive Games with Lana 3:45 pm-4:45pm Table Games</p>	<p>27 9:15am-10:15am Chair Exercise with Mike 10:00am-11:00am Current Events Discussion 10:30am-11:15am Dance Class with Angela 11:45am-12:45pm Exercise Class with Iouri 10:30am-12:00pm ESL advanced with Yelena 1:00pm-2:00pm Spirituality Hour with Rabbi Barry Melman 2:00pm-4:00pm Tech Support with devices with Alexandr 2:15pm-3:45pm Art Culture & World Tradition with Lana 3:45 pm-4:45pm Table Games</p>

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161 Corbin Place, Brooklyn, NY, 11235

February 2026 Kosher Lunch Menu 11:00am-2:00pm

Menu subject to change depending on food availability

Monday	Tuesday	Wednesday	Thursday	Friday
2 CHICKEN MARSALA WHITE RICE STEAMED BROCCOLI WHOLE WHEAT BREAD FRUIT MILK	3 VEGAN MEATY VEGETARIAN MOUSSAKA TOSSED SALAD WITH DRESSING WHOLE WHEAT BREAD FRUIT MILK	4 SWEET AND SOUR BEEF MEATBALLS EGG BARLEY SPINACH SOUFFLE WHOLE WHEAT BREAD FRUIT MILK	5 GEFILTE FISH ORZO BEETS AND ONION SALAD WHOLE WHEAT BREAD FRUIT MILK	6 ROASTED CHICKEN POTATO KUGEL CARROT TZIMMES CHALLAH BREAD FRUIT MILK
9 SAUTEED ONIONS & PEPPERS TURKEY BURGER ROASTED SWEET POTATO SLICES BLEND VEGETABLES PLAIN HAMBURGER BUN FRUIT MILK	10 SHEPHERD'S PIE TOSSED SALAD WITH DRESSING WHOLE WHEAT BREAD FRUIT MILK	11 BAKED BREADED FISH RICE A RONI CUCUMBER DILL SALAD WHOLE WHEAT BREAD FRUIT MILK	12 VEGAN EGGPLANT ROLLATINI PASTA GREEN BEAN SALAD WHOLE WHEAT BREAD FRUIT MILK	13 CRANBERRY CHICKEN SWEET NOODLE KUGEL ZUCCHINI PROVENCAL CHALLAH BREAD FRUIT MILK

Monday	Tuesday	Wednesday	Thursday	Friday
16 Center is Closed Happy Presidents' Day!	17 INDIVIDUAL CHICKEN POT PIE TOMATO SALAD WITH BASIL * WHOLE WHEAT BREAD FRUIT MILK	18 SALMON CAKE DILL LEMON SAUCE COUS COUS CUCUMBER DILL SALAD WHOLE WHEAT BREAD FRUIT MILK	19 VEGAN FRESH TOMATO SALSA (PICO DE GALLO) WHOLE WHEAT BEAN BURRITO BROWN RICE GARDEN SALAD FRUIT MILK	20 BACKED ASIAN STYLE HONEY CHICKEN FRIED BROWN RICE BLEND VEGETABLES CHALLAH BREAD FRUIT MILK
23 CLASSIC CHICKEN CACCIATORE PASTA, GARDEN SALAD STEAMED GREEN BEANS WHOLE WHEAT BREAD FRUIT MILK	24 VEGAN BLACK BEAN AND MUSHROOM BURGER ISRAELI SALAD RICE PILAF WHOLE WHEAT BREAD FRUIT MILK	25 GRILLED HOMEMADE HAMBURGER WITH SAUTEED ONIONS RED ROAST POTATOES BROCCOLI SOUFFLE WHOLE WHEAT BUN FRUIT MILK	26 SALMON SALAD BOWTIE PASTA SALAD RED CABBAGE SALAD MINI WHOLE WHEAT PITA FRUIT MILK	27 ROASTED CHICKEN CARROT TZIMMES POTATO KUGEL CHALLAH BREAD FRUIT MILK

*MENU SUBJECT TO CHANGE DUE TO AVAILABILITY OF FOODS. *FUNDED UNDER CONTRACT BY NYC DEPARTMENT FOR THE AGING***PLEASE NOTE:** IF YOU TAKE FOOD HOME WITH YOU FROM MEAL SITE, IT IS DONE AT YOUR OWN RISK. BE SURE TO EAT FOOD OR REFRIGERATE IT WITHIN 30 MINUTES OF LEAVING THE SITE. REHEAT IN 350 DEGREE OVEN UNTIL BUBBLY FOR 5 MINUTES. DISCARD ANY FOOD LEFT AFTER 3 DAYS.



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Hours

Mondays - Fridays 9:00am - 5:00pm *Closed for Federal and Jewish Holidays*

JASA Senior Alliance Older Adult Center Staff:

Anna Bella, Program Director abella@jasa.org (718) 646-4100 press 4

Elena Lembersky, Assistant Director (718)646-4100 press 3

Jolanta Tomaszewski, Program Coordinator (718)646-4100 press 1

Oksana Anistratenko, Program Coordinator (718)646-4100 press 1

FEBRUARY 2026 Highlight Important Program or Activity:

FEB 2 10:00am -12:00pm Classical Art Class -Tatiana Workshop Painting Trees. Tu Bishvat Celebration

FEB 2 10:00am -12:00pm u Bishvat Celebration with Chabad

FEB 2 2:00pm-3:30pm Karaoke Party with Alexandr Li. Songs about trees. Tu Bishvat Celebration

FEB 4 9:30am SHOPPING TRIP to IKEA

FEB 5 10:45am-12:00pm Cooking Class with Anna Nemerovsky - Author of the Culinary Book

FEB 9 2:00pm-3:30pm Poetry Club with Yelana Silver. Russian poetry lovers meeting. Love in poetry

FEB 10 & FEB 11 11:00am-2:00pm FOOD PACKAGES DISTRIBUTION

FEB 12 9:00am-10:00am Black History Month Celebration through Music- Karaoke with Alexandr

FEB 13 10:30am-11:15am Dance Class with Angela Workshop. Love is in the air.

FEB 16 Center is Closed. Happy Presidents' Day!

FEB 17 12:00pm-2:00pm "Dance with Us" with Irina. Black History Month Celebration through through Dance

FEB 18 1:00pm-2:00pm ESL with Irina. Black History Month Celebration. Prominent Black History People Discussion.

FEB 19 11:00pm-12:00pm Lunar New Year Celebration. Dance Performance "HAPPINESS DANCE GROUP" -Suya Zhang.Come to experience this GREAT CULTURAL EVENT

FEB 20 2:00pm-3:00pm CONCERT."Love is in the air" by NYC Police Jazz Band. Live music. UNFORGETTABLE PERFORMANCE

FEB 23 10:00am -12:00pm Classical Art Class with Tatiana Zeltser Workshop. Painting Horse -Lunar New Year Symbol. Welcome Fortune

FEB 23 2:00pm-4:00pm Tea-Time with JASA Team Questions & Answers (Dining room)

FEB 25 11:30am TRIP to Moulin Rouge Show