

****Holliswood Older Adult Center June 2026 Activity Calendar****

86-25 Francis Lewis Blvd., Jamaica, NY 11427T: 718-454-6157 E. Holliswoodevents@jasa.org

Days of Operation: Mon. -Fri. Hours of Operation: 8:00am to 4:00pm Kosher Lunches are served: Noon to 1:00pm

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
Programs are subject to change HABLAMOS ESPANOL AQUI	1 10:00am-1:00pm Mah Jongg, Bridge and Canasta Play 11:00am Modern Dance w/ Rudy 12:30pm Health Management w/Dr. Rick 1:30pm Significance of Pride Month w/ Michelle	2 10:00am Daily Exercise w/ Mary Grace 11:00am Paint by Sticker w/ Michelle 12:30pm Holliswood Town Hall Meeting w Alma 1PM- 2:30PM SuCasa Line Dancing w/ Shell	3 10:00am-1:00pm Mah Jongg, Bridge and Canasta Play 11:00am Daily Exercise w/ Mary Grace 12:30pm HealthFirst Rethink Your Drink Presentation w Jennifer 2PM Activate Your Brain w/ Michelle & Aziza	4 10:00am Bridge Tournament/ Supervision w/ David 11:00am Daily Exercise w/ Mary Grace 12:30pm Citizen Preparedness Corps Bag Event 1:00pm Hollis Knitting Club w/ Florence Celebrating Ruth R. 104th Birthday	5 10:00am Bridge Instruction w/David 11:00am Stress Relief Coloring w/ Michelle 1:00PM Karaoke w/ Michelle 2:00PM National Doughnut Day presentation w Alma
	8 10:00am-1:00pm Mah Jongg, Bridge and Canasta Play 11:00am Modern Dance w/ Rudy 12:30pm Health Management w/Dr. Rick 1:30pm Trivia Games w/ Michelle	9 10:00am Daily Exercise w/ Mary Grace 11:00am Karaoke w/Alma 1PM- 2:30PM SuCasa Line Dancing w/ Shell	10 10:00am-1:00pm Mah Jongg, Bridge and Canasta Play 11:00am Daily Exercise w/ Mary Grace 12:30pm National Egg Roll Day Presentation w Alma 1PM Jewelry Making w/ Theresa	11 10:00am Bridge Tournament/ Supervision w David 11:00am: Daily Exercise w Mary G. 1:00pm: Hollis Knitting Club w Florence 1:30pm Celebrating June Birthdays w Ernest	12 10:00am Bridge Instruction w/ David 10:30am Chair Yoga w/ Laura 1:30pm Senior Tech Help/Info w/ Michelle
14 10:00am-1:00pm Mah Jongg, Bridge and Canasta Play 10:00am Daily Exercise w/ Mary Grace 1pm Group Outing to Broadway Show w Alma & Michelle	15 10:00am-1:00pm Mah Jongg, Bridge and Canasta Play 11:00am Modern Dance w/ Rudy 12:30pm Health Management w/Dr. Rick 1:30pm Current Events w/ Alma	16 10:00am Daily Exercise w/ Mary Grace 11:00am Karaoke w/ Michelle 1PM- 2:30PM SuCasa Line Dancing w/ Shell	17 10:00am-1:00pm Mah Jongg, Bridge and Canasta Play 10:00am Father's Day Breakfast Celebration 11:00am Daily Exercise w/ Mary Grace 12:30pm National Root Beer Float Day w Alma 2PM Activate Your Brain w/ Michelle & Aziza	18 10:00am Bridge Tournament/Supervision w David 11:00am: Daily Exercise w Mary G. 1:00pm Hollis Knitting Club w/ Florence 2:00 pm Significance of Juneteenth w/ Aziza	19 <i>JASA Holliswood OAC</i> CLOSED <i>for Juneteenth</i>
	22 10:00am-1:00pm Mah Jongg, Bridge and Canasta Play 11:00am Modern Dance w/ Rudy 12:30pm Nutrition w/Dr. Rick 1:30pm Paint by Sticker w/ Michelle	23 10:00am Daily Exercise w/ Mary Grace 11:00am Karaoke w/ Alma 1PM- 2:30PM Last Day of SuCasa Line Dancing w/ Shell	24 10:00am-1:00pm Mah Jongg, Bridge and Canasta Play 11:00am Daily Exercise w/ Mary Grace 12:30pm Blood Pressure w/ Dalia 1PM Jewelry Making w/ Theresa 2PM Ice Cream Social w Ernest & Mariah	25 10:00am Bridge Tournament/ Supervision w/ David 11:00am Daily Exercise w/ Mary Grace 1:00pm Hollis Knitting Club w/ Florence 1:15pm Line Dancing Showcase w/ Shell	26 10:00am Bridge Instruction w/ David 10:30am Chair Yoga w/ Laura 12:30pm Cunningham Park Annual Health Fair Group Outing w Alma 1:30pm Senior Tech Help/Info
	29 10:00am-1:00pm Mah Jongg, Bridge and Canasta Play 11:00am Modern Dance w/ Rudy 12:30pm Health Management w/Dr. Rick 1:30pm Trivia Games w/ Michelle	30 10:00am Puzzle Social 11:00am Dance Therapy w/ Lisa 12:30pm Nutrition Lesson w Tiana 2PM Bingo w/ Michelle	Program Director ALMA GONZALEZ, X2203 AGONZALEZ@JASA.ORG Assistant Program Director Mariah Bailey, X2198 MBAILEY@JASA.ORG Program Coordinator Michelle Restrepo, X2567 MRESTREPO@JASA.ORG		

Holliswood OAC June 2026 Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
Programs are subject to change HABLAMOS ESPANOL AQUI	1 Chicken Spaghetti Casserole Tossed Salad with Dressing Apple	2 Kasha Knish Hummus Chickpeas Israeli Salad Orange	3 Stuffed Cabbage with Beef Kasha Varnishkes Steamed Carrots Kiwis (2)	4 Pizza Party Celebration	5 Roasted Chicken Potato Kugel Carrot Tzimmes Applesauce
	8 Chicken Marsala White Rice Steamed Broccoli Apple	9 Meaty Vegetarian Moussaka Tossed Salad with Dressing Orange	10 Sweet and Sour Beef Meatballs Egg Barley Spinach Souffle Kiwis (2)	11 Gefilte Fish Orzo Beets and Onion Salad Pear	12 Roasted Chicken Potato Kugel Carrot Tzimmes Applesauce
14 OPEN SUNDAY Lunch served from 12:00pm - 1:00pm	15 Turkey Burger, Sauteed Peppers & Onions California Blend Vegetables Roasted Sweet Potato Slices Apple	16 Shepherd's Pie Tossed Salad with Dressing Orange	17 Baked Breaded Fish Rice A Roni Cucumber Dill Salad Kiwis (2)	18 Dairy Free Eggplant Rollatini Pasta Green Bean Salad Pear	19 Cranberry Chicken Sweet Noodle Kugel Zucchini Provencal Applesauce
	22 Chinese Style Pepper Steak Vegetable Lo Mein Steamed Broccoli Apple	23 Chicken Pot Pie Tomato Salad with Basil Orange	24 Salmon Cakes with Dill Lemon Sauce Cous Cous Cucumber Dill Salad Kiwis (2)	25 Traditional Whole Wheat Bean Burrito Brown Rice	26 Baked Asian Style Honey Chicken Springtime Fried Brown Rice Oriental Blend Vegetables Applesauce
	29 Chinese Style Pepper Steak Vegetable Lo Mein Steamed Broccoli Apple	30 Shepherd's Pie Corn, Black Bean, Pepper Salad Applesauce	<i>Program Director</i> ALMA GONZALEZ, X2203 AGONZALEZ@JASA.ORG <i>Assistant Program Director</i> Mariah Bailey, X2198 MBAILEY@JASA.ORG <i>Program Coordinator</i> Michelle Restrepo, X2567 MRESTREPO@JASA.ORG		