





Sue Ginsburg Older Adult Center

Phone Number (718) 881-1758

975 Waring Avenue, Bronx, NY 10469

February 2026 Activities Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 Chair Exercise</p> <p>11AM- Hidden Picture- Puzzle 12PM- Lunch/Almuerzo 1PM- Chair Exercise w. Anthony 2PM- Creative Arts</p>	<p>3</p> <p>11AM- Treadmill (Phys Ed.) 12PM- Lunch/Almuerzo 1PM- Technology Class 2PM- Open Mic- Educational Talks</p>	<p>4</p> <p>11AM- Treadmill (Phys.Ed) 12PM- Lunch/Almuerzo 1PM- Open Mic- Current Events 2PM- Dominoes (Leisure Games)</p>	<p>5 Chair Zumba</p> <p>11AM- Word Search Puzzles 12PM- Lunch/Almuerzo 1PM- Chair Zumba (Cliff) 2PM- Creative Arts w. Anetra</p>	<p>6 Tech World Arts & Crafts</p> <p>11AM- Ball it out (Wii Game) 12PM- Lunch/Almuerzo 1PM- Arts & Crafts w. Maryidres 2PM- Blood Pressure- Victor</p>
<p>9 PIZZA DAY</p> <p>11AM- Treadmill (Phys.Ed) 12PM- Lunch/Almuerzo 12:30PM- "National Pizza Day" 2PM- Let's Color- Coloring Class</p>	<p>10 ADVISORY MEETING</p> <p>11AM- Work it (Cycling Class) 12PM- Lunch/Almuerzo 1PM- Hidden Picture (Puzzle) 2PM- Advisory Meeting</p>	<p>11 Dementia Awareness Presentation</p> <p>10:30AM- Intro to CaringKind (Spanish Only) w. SHOPP & Caring Kind 12PM- Lunch/Almuerzo 12:15PM- DA: Presentation w. Paola 2PM: Dominoes (Leisure Games)</p>	<p>12 PANTRY DAY/Chair Zumba</p> <p>9:30AM- 11am- Pantry Distribution 12PM- Lunch/Almuerzo 1PM- Chair Zumba (Cliff) 2pm- Leisure Games- "Hangman"</p>	<p>13 Valentine's/Birthday Party</p> <p>11AM- Treadmill (Phys.Ed) 12PM- Lunch/Almuerzo 12:30AM- 3:30PM- PARTY Celebration</p>
<p>16 </p> <p>HAPPY PRESIDENTS DAY</p>	<p>17 Chinese New Year's Project</p> <p>11AM- Hidden Picture (Puzzle) 12PM- Lunch/Almuerzo 1PM- Arts & Crafts "Chinese New Years" 2PM- Nutrition Class/ Kiahni "Gut Health"</p>	<p>18</p> <p>11AM- Treadmill (Phys.Ed) 12PM- Lunch/Almuerzo 1PM- Scrapbooking 2PM- Dominoes (Leisure Games)</p>	<p>19 Chair Zumba</p> <p>11AM- Ball it out (Wii Game) 12PM- Lunch/Almuerzo 1PM- Chair Zumba (Cliff) 2PM- Creative Arts w. Anetra</p>	<p>20 Tech World Arts & Crafts</p> <p>11AM- Work it "Cycling Class" 12PM- Lunch/Almuerzo 1PM- Arts & Crafts w. Maryidres 2PM- Leisure Games</p>
<p>23 Chair Exercise</p> <p>11AM- Let's Color- Coloring Class 12PM- Lunch/Almuerzo 1PM- Chair Exercise w. Anthony 2PM- Jewelry Making</p>	<p>24</p> <p>11AM- Ball it out (Wii Games) 12PM- Lunch/Almuerzo 1PM- Let's Color- Coloring Class 2PM- Arts & Crafts- Crafting Bookmarks</p>	<p>25 TELE NOVELA 1ST Series</p> <p>10:30AM- JASA Tele Novela 1st Series w/ SHOPP & CaringKind 12PM- Lunch/Almuerzo 1PM- Work it "Cycling Class" 2PM- Word Search Puzzle</p>	<p>26 Chair Zumba</p> <p>11AM- Hidden Picture (Puzzle) 12PM- Lunch/Almuerzo 1PM- Chair Zumba (Cliff) 2PM- Scrapbooking</p>	<p>27 BINGO DAY</p> <p>11AM- Ball it out (Wii Game) 12PM- Lunch/Almuerzo 1PM- Word Search Puzzle 2PM- BINGO w. Prizes</p>
			<p>Grab & Go Meals- Available Daily Upon Request (12PM to 3PM)</p>	<p>HABLAMOS ESPAÑOL Must be the age of 60 and over to register</p>

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February 2026 Lunch Menu

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<p>2 Pork Roast w. Mango Chutney Brown Rice (½ Cup) Cooked Cabbage w. Carrots Apple or Canned Pineapple*</p>	<p>3 Baked Chicken Thighs Mashed Sweet Potatoes California Blend Vegetables Orange</p>	<p>4 Blackeye Pea Curry w. Potatoes & Tomatoes Mashed Potatoes/ Steamed Broccoli Apple or Applesauce*</p>	<p>5 Dairy-Free Baked Ziti w. Beef Baby Carrots & Parsley Banana</p>	<p>6 Spanish Chicken w. Potatoes & Garlic Yellow Rice Steamed Green Beans Orange or Canned Mandarin Oranges</p>
<p>9 Pork Spare Ribs Garlic Mashed Potatoes Steamed Collard Greens Apple or Applesauce*</p>	<p>10 Latin Sweet Potato & Red Bean Chili White Rice (½ Cup) Steamed Cauliflower Orange or Cantaloupe*</p>	<p>11 Jumbo Stuffed Shells w. Meat Sauce Vegetable Mix (Non-Starchy) Apple or Honeydew*</p>	<p>12 Baked Asian Style Honey Chicken ½ White Rice ½ Quinoa Steamed Broccoli Banana</p>	<p>13 Special Menu Oven-Fried Chicken Baked Macaroni & Cheese Collard Greens Fruit Cups/ Valentine's Day Cupcakes</p>
<p>16  CENTER CLOSED</p>	<p>17 Spanish Style Roast Pork White Rice California Blend Vegetables Orange</p>	<p>18 No Cheese Spring Vegetable Lasagna Sautéed Green Beans w. Onions Apple or Pear*</p>	<p>19 Baked Fish w. Mushrooms & Peppers Cous Cous Cauliflower w. Carrots & Parsley Banana</p>	<p>20 Caesar Salad w. Grilled Chicken Basic Pasta Salad Cabbage Carrot Slaw Orange or Plums (2)*</p>
<p>23 Beef Hamburger Baked Red Potato Wedges Cooked Cabbage w. Carrots Apple or Watermelon*</p>	<p>24 Bright Lemony Stewed White Beans w. Carrots & Spinach White Rice/ Steamed Broccoli Orange</p>	<p>25 Fish w. Mushrooms, Peppers, & Tomatoes Pasta/ Baby Carrots & Parsley Apple or Fruit Cocktail*</p>	<p>26 Spanish Style Roast Pork Black Beans & Rice Steamed Collard Greens Banana</p>	<p>27 Chicken Legs w. Stewed Tomatoes Coconut Rice & Pigeon Peas Normandy Blend Orange or Applesauce*</p>
			<p>Grab & Go Meals- Available Daily Upon Request (12 PM to 3 PM)</p>	<p>HABLAMOS ESPAÑOL Must be the age of 60 and over to register</p>

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www.jasa.org

Hours

Mondays - Fridays 8:30am - 4:30pm

Closed for Federal and Jewish Holidays

Daily Lunch

Mondays - Fridays

12:00pm - 1:00pm - Dining Room

Sue Ginsburg Older Adult Center Staff

Victor Morell, Program Director, vmorell@jasa.org or (718) 881-1758 EXT: 1

Shanil Acosta, Program Coordinator, sacosta@jasa.org or (718) 881-1758 EXT: 2

Vilma Sorrentini, Case Manager, vsorrentini@jasa.org or (718) 881-1758 EXT: 3

Dov Mannings, Food Service Technician, dmannings@jasa.org

New February 2026 Activities/Programming

Chair Exercise w. Anthony (Techworld) 2/2/2026 & 2/23/2026 @1PM

Intro to Caring Kind (Spanish Speaking Only) 2/11/2026 @10:30am

Open-Mic w. Members 2/3/2026 & 2/4/2026

Dementia Awareness Presentation w. Paola Ogando 2/11/2026 @12:15PM

JASA Sue Ginsburg Tele-Novela 1st Series w. Caring Kind & SHOPP 2/25/2026 @10:30AM

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