



# LUNA PARK ANNEX Older Adult Center

Phone Number (718) 996-6666

2880 West 12<sup>th</sup> Street, Brooklyn NY 11224

## [FEBRUARY 2026] Activities Calendar

| Monday   | Tuesday   | Wednesday   | Thursday   | Friday   |
|--|---|---|--|--|
| <b>2 11:00 CHEVAT CELEBRATION</b><br>10:00 PILATES (in person)<br>11:30am-1:00pm Lunch<br>2:00-4:00 pm Leisure Games<br>2.00-3:30pm Fine Art Class | <b>3</b><br>10:00am Belly Dancing (in person)<br>11:00 Learn English! (ESL)<br>11:30am-1:00pm Lunch<br>2:00-4:00 pm Leisure Games                       | <b>4</b><br>11:00 ZUMBA! (in person)<br>11:30am-1:00pm Lunch<br>1:00pm – Movie & Discussion<br>2:00-4:00 pm Leisure Games               | <b>5</b><br>11:00am Chat with Staff (in-person)<br>11:30am-1:00pm Lunch<br>12:15pm ADVANCED MOVEMENT<br>1:15pm Technology in Class               | <b>6</b><br>11:00am- Health Lecture (in-person)<br>11:30am-1:00pm Lunch<br>12:30 pm RISING STAR FITNESS<br>1:15pm AEROBIC w/louri (in-person)<br>2:15-4:00 pm Leisure Games                    |
| <b>9</b><br>10:00 PILATES (in person)<br>11:30am-1:00pm Lunch<br>2:00-4:00 pm Leisure Games<br>2.00-3:30pm Fine Art Class                          | <b>10</b><br>10:00am Belly Dancing (in person)<br>11:00 Learn English! (ESL)<br>11:30am-1:00pm Lunch<br>2:00-4:00 pm Leisure Games                      | <b>11</b><br>11:00 ZUMBA! (in person)<br>11:30am-1:00pm Lunch<br>1:00pm – Movie & Discussion<br>2:00-4:00 pm Leisure Games              | <b>12 9:45 JEWISH MUSEUM</b><br>11:00am Chat with Staff (in-person)<br>11:30am-1:00pm Lunch<br>12:15pm CLASS CANCELLED<br>1:15pm CLASS CANCELLED | <b>13 VALENTINE'S DAY PARTY</b><br>11:00am- Health Lecture (in-person)<br>11:30am-1:00pm Lunch<br>12:30 pm CLASS CANCELLED<br>1:15pm AEROBIC w/louri (in person)<br>2:15-4:00 pm Leisure Games |
| <b>16</b><br><b>CENTER CLOSED IN OBSERVANCE OF THE PRESIDENTS' DAY</b>   | <b>17 WALMART SUPER CENTER</b><br>11:15am Belly Dancing (in person)<br>11:00 Learn English! (ESL)<br>11:30am-1:00pm Lunch<br>2:00-4:00 pm Leisure Games | <b>18</b><br>11:00 ZUMBA!<br>11:30am-1:00pm Lunch<br>1:00pm Movie and discussion<br>2:00-4:00 pm Leisure Games                          | <b>19</b><br>11:00am Chat with Staff (in-person)<br>11:30am-1:00pm Lunch<br>12:15pm ADVANCED MOVEMENT<br>1:15pm Technology in Class              | <b>20</b><br>11:00am- Health Lecture (in-person)<br>11:30am-1:00pm Lunch<br>12:30 pm RISING STAR FITNESS<br>1:15pm AEROBIC w/louri (in-person)<br>2:15-4:00 pm Leisure Games                   |
| <b>23</b><br>10:00 PILATES (in person)<br>11:30am-1:00pm Lunch<br>2:00-4:00 pm Leisure Games<br>2.00-3:30pm Fine Art Class                         | <b>24</b><br>10:00am Belly Dancing (in person)<br>11:00 Learn English! (ESL)<br>11:30am-1:00pm Lunch<br>2:00-4:00 pm Leisure Games                      | <b>25 NEUE GALLERY</b><br>11:00 ZUMBA! (in person)<br>11:30am-1:00pm Lunch<br>1:00pm – Movie & Discussion<br>2:00-4:00 pm Leisure Games | <b>26</b><br>11:00am Chat with Staff (in-person)<br>11:30am-1:00pm Lunch<br>12:15pm ADVANCED MOVEMENT<br>1:15pm Technology in Class              | <b>27 PURIM PARTY</b><br>11:00am- Health Lecture (in-person)<br>11:30am-1:00pm Lunch<br>12:30 pm RISING STAR FITNESS<br>1:15pm AEROBIC w/louri (in-person)<br>2:15-4:00 pm Leisure Games       |
|  |   |   |  | <b>CALENDAR IS SUBJECT TO CHANGE</b><br><br><b>ALL TRIPS ARE CONTINGENT UPON TRANSPORTATION AND TICKETS' AVAILABILITY</b>  |

Partially funded by: the Office of City Councilwoman Inna Vernikov



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### [FEBRUARY 2026] Lunch Menu

| Monday   | Tuesday  | Wednesday   | Thursday   | Friday  |
|--|--|---|--|---|
| <b>2</b><br><b>CHICKEN MARSALA</b><br>White rice, Steamed Broccoli • Milk, low fat, 1% • Fruit • Whole wheat bread                       | <b>3</b><br><b>VEGETARIAN MOUSSAKA</b><br>Tossed salad • Milk, low fat, 1% • Fruit • Whole wheat bread                                   | <b>4</b><br><b>SWEET &amp; SOUR BEEF MEATBALLS</b><br>Egg barley, spinach souffle • Milk, low fat, 1% • Fruit • Whole wheat bread | <b>5</b><br><b>GEFILTE FISH</b><br>Orzo, Beets & onion salad • Milk, low fat, 1% • Fruit • Whole wheat bread             | <b>6</b><br><b>ROASTED CHICKEN</b><br>Potato Kugel, carrot tsimmis • Milk, low fat, 1% • Fruit • Challah Bread              |
| <b>9</b><br><b>TURKEY BURGER</b><br>Roasted sweet potatoes, California blended veggies • Milk, low fat, 1% • Fruit • plain hamburger bun | <b>10</b><br><b>SHEPHERD'S PIE</b><br>Tossed salad • Milk, low fat, 1% • Fruit • Whole wheat bread                                       | <b>11</b><br><b>BAKED BREADED FISH</b><br>Rice-A-Roni, cucumber dill salad • Milk, low fat, 1% • Fruit • Whole wheat bread        | <b>12</b><br><b>EGGPLANT ROLLATINI</b><br>Pasta, green bean salad • Milk, low fat, 1% • Fruit • Whole wheat bread        | <b>13</b><br><b>CRANBERRY CHICKEN</b><br>Sweet noodle Kugel, zucchini Provencal • Milk, low fat, 1% • Fruit • Challah Bread |
| <b>16</b><br><b>CENTER CLOSED IN OBSERVANCE OF THE PRESIDENTS' DAY</b>   | <b>17</b><br><b>CHICKEN POT PIE</b><br>Tomato salad with Basil • Milk, low fat, 1% • Fruit • Whole wheat bread                           | <b>18</b><br><b>SALMON CAKES</b><br>Couscous, cucumber dill salad • Milk, low fat, 1% • Fruit • Whole wheat bread                 | <b>19</b><br><b>WHOLE WHEAT BEAN BURRITO</b><br>Fresh tomato salsa, brown rice, garden salad • Milk, low fat, 1% • Fruit | <b>20</b><br><b>ASIAN STYLE CHICKEN</b><br>Fried brown rice, Oriental veggies • Milk, low fat, 1% • Fruit • Challah Bread   |
| <b>23</b><br><b>CHICKEN CACCIATORE</b><br>Pasta, garden salad, steamed green beans • Milk, low fat, 1% • Fruit • Whole wheat bread       | <b>24</b><br><b>BLACK BEAN &amp; MUSHROOM BURGER</b><br>Hummus, rice pilaf, Israeli salad • Milk, low fat, 1% • Fruit • Whole wheat pita | <b>25</b><br><b>STUFFED CABBAGE (BEEF)</b><br>Kasha varnishkes, steamed carrots • Milk, low fat, 1% • Fruit • Whole wheat bun     | <b>26</b><br><b>SALMON SALAD</b><br>Pasta salad, red cabbage salad • Milk, low fat, 1% • Fruit • plain pita              | <b>27</b><br><b>ROASTED CHICKEN</b><br>Potato Kugel, carrot tsimmis • Milk, low fat, 1% • Fruit • Challah Bread             |
|  |  |   |  | <b>MENU IS SUBJECT TO CHANGE</b>  |

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CALENDAR IS SUBJECT TO CHANGE

ALL TRIPS ARE CONTINGENT UPON TRANSPORTATION AND TICKETS' AVAILABILITY

## **[Name] Older Adult Center**

Address, City, NY Zip

(000) 000-0000 • Email

[www.jasa.org](http://www.jasa.org)

### **Hours**

Mondays - Fridays 8:00am - 4:00pm

\*Closed for Federal and Jewish Holidays\*

[Upcoming Closures]

### **Daily Lunch**

Mondays - Fridays

11:00am - 1:00pm - Dining Room

### **[Name] Older Adult Center Staff**

[First & Last Name], Program Director [email address or phone number]

### **NEW [MONTH 2024] Activities/Programming**

Title of Activity/Program - Date @ 00:00am - 00:00am

Title of Activity/Program - Date @ 00:00am - 00:00am

Title of Activity/Program - Date @ 00:00am - 00:00am

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