

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Program are subject to change</p> <p>HABLAMOS ESPANOL AQUI</p>	<p>2</p> <p>10:00am-1:00pm Mah Jongg, Bridge and Canasta Play</p> <p>11:00am Modern Dance w Rudy</p> <p>12:30pm Health Management w/Dr. Rick</p> <p>1:30pm Town Hall Meeting w/ Alma</p>	<p>3</p> <p>10:00am-1:00pm Mah Jongg, Bridge and Canasta Play</p> <p>10:00am Daily Exercise w/ Mary Grace</p> <p>11:00am Karaoke w Alma</p> <p>1PM Canvas Painting w/ Theresa</p>	<p>4</p> <p>10:00am-1:00pm Mah Jongg, Bridge and Canasta Play</p> <p>11:00am Daily Exercise w/ Mary Grace</p> <p>1:00PM Black History Month Presentation w/ Aziza & Michelle</p>	<p>5</p> <p>10:00am Bridge Tournament/ Supervision w/ David</p> <p>11:00am Daily Exercise w/ Mary Grace</p> <p>1:00pm Hollis Knitting Club w/ Florence</p> <p>1:30pm Activate Your Brain w/ Aziza & Michelle</p>	<p>6</p> <p>10:00am Bridge Instruction w/ David</p> <p>10:30am Chair Yoga w/ Laura</p> <p>11:30am Senior Tech Help/Info w/ Michelle</p> <p>1:30pm Puzzle Social</p>
	<p>9</p> <p>10:00am-1:00pm Mah Jongg, Bridge and Canasta Play</p> <p>11:00am Modern Dance w/ Rudy</p> <p>12:30pm Nutrition w/Dr. Rick</p> <p>1:30pm Current Events w/ Mariah</p>	<p>10</p> <p>10:00am-1:00pm Mah Jongg, Bridge and Canasta Play</p> <p>10:00am Daily Exercise w/ Mary Grace</p> <p>11:00am Rhinestone Coasters w/ Michelle</p> <p>1:00pm Trivia Games w/ Michelle</p>	<p>11</p> <p>10:00am-1:00pm Mah Jongg, Bridge and Canasta Play</p> <p>11:00am Daily Exercise w/ Mary Grace</p> <p>1:30pm Paint by Sticker</p>	<p>12</p> <p>10:00am Bridge Tournament/ Supervision w/ David</p> <p>11:00am Daily Exercise w/ Mary Grace</p> <p>1:00pm Hollis Knitting Club w/ Florence</p> <p>1:30PM Celebrating February Birthdays</p> <p>2:30: Holiday Party Decorations w/ Michelle</p>	<p>13</p> <p>Valentine's Day Event</p> <p>Back To Class Campaign</p> <p>Celebration</p>
	<p>16</p> <p>President's Day</p> <p>Holliswood OAC Closed</p>	<p>17</p> <p>10:00am-1:00pm Mah Jongg, Bridge and Canasta Play</p> <p>10:00am Daily Exercise w/ Mary Grace</p> <p>11:00am Paint by Sticker</p> <p>1PM Chinese New Years Presentation w/ Michelle</p>	<p>18</p> <p>10:00am-1:00pm Mah Jongg, Bridge and Canasta Play</p> <p>11:00am Daily Exercise w/ Mary Grace</p> <p>11:30am Blood Pressure screening w/ Dalia</p> <p>12:30pm Health Management w/ Dr. Rick</p> <p>1PM Library Card Registration Presentation w/ Cristina of QPL</p>	<p>19</p> <p>10:00am Bridge Tournament/ Supervision w/ David</p> <p>11:00am Daily Exercise w/ Mary Grace</p> <p>1PM FDNY CPR Training w/ Instructor</p> <p>1:30pm Hollis Knitting Club w/ Florence</p> <p>2:00PM Ice Cream Social w/ Ernest</p>	<p>20</p> <p>10:00am Bridge Instruction w/ David</p> <p>10:00am Daily Exercise w/ Mary Grace</p> <p>11:30am Senior Tech Help/Info w/ Alma</p> <p>1:00pm Karaoke w/ Michelle</p>
	<p>23</p> <p>10:00am-1:00pm Mah Jongg, Bridge and Canasta Play</p> <p>11:00am Modern Dance w/ Rudy</p> <p>12:30pm Nutrition w/Dr. Rick</p> <p>1:30pm Current Events w/ Alma</p>	<p>24</p> <p>10:00am-1:00pm Mah Jongg, Bridge and Canasta Play</p> <p>10:00am Karaoke w/ Michelle</p> <p>11:00am Dance Therapy w/ Lisa</p> <p>1PM Introducing SuCasa - Line Dancing w/ Shell</p>	<p>25</p> <p>10:00am-1:00pm Mah Jongg, Bridge and Canasta Play</p> <p>11:00am Daily Exercise w/ Mary Grace</p> <p>11:30am Art Deco Webinar Zoom</p> <p>Women Photographer Era w Art Deco Society</p> <p>1PM Bingo w/ Alma</p>	<p>26</p> <p>10:00am Bridge Tournament/ Supervision w/ David</p> <p>11:00am Daily Exercise w/ Mary Grace</p> <p>12:30pm Health Management w/ Dr. Rick</p> <p>1:00pm Hollis Knitting Club w/ Florence</p> <p>1:30pm Skincare Wellness Presentation w/ Mariah</p>	<p>27</p> <p>10:00am-11:00am Bridge Instruction w/ David</p> <p>10:30am Chair Yoga w/ Laura</p> <p>11:30am Senior Tech Help/Info w/ Michelle</p> <p>1:00pm Trivia Games w/ Michelle</p>

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Holliswood OAC February 2026 Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
Program are subject to change HABLAMOS ESPANOL AQUI	2 Chicken Marsala White Rice Steamed Broccoli Apple	3 Meaty Vegetarian Moussaka Tossed Salad with Dressing Orange	4 Sweet and Sour Beef Meatballs Egg Barley Spinach Souffle Kiwis (2)	5 Gefilte Fish Orzo Beets and Onion Salad Pear	6 Roasted Chicken Potato Kugel Carrot Tzimmes Applesauce
	9 Turkey Burger, Sauteed Peppers & Onions California Blend Vegetables Roasted Sweet Potato Slices Apple	10 Shepherd's Pie Tossed Salad with Dressing Orange	11 Baked Breaded Fish Rice A Roni Cucumber Dill Salad Kiwis (2)	12 Dairy Free Eggplant Rollatini Pasta Green Bean Salad Pear	13 Holliswood OAC Special Valentine Luncheon
	16 <i>Presidents Day</i> <i>Holliswood OAC Closed</i>	17 Chicken Pot Pie Tomato Salad with Basil Orange	18 Salmon Cakes with Dill Lemon Sauce Cous Cous Cucumber Dill Salad Kiwis (2)	19 Traditional Whole Wheat Bean Burrito Brown Rice Garden Salad	20 Baked Asian Style Honey Chicken Springtime Fried Brown Rice Oriental Blend Vegetables Applesauce
	23 Classic Chicken Cacciatore Pasta Steamed Green Beans Apple	24 Black Bean and Mushroom Burger Rice Pilaf Israeli Salad Orange	25 Grilled Homemade Hamburger with Sauteed Onions Red Roast Potatoes Broccoli Souffle Whole Wheat Bun Kiwis (2)	26 Salmon Salad Bowtie Pasta Salad Red Cabbage Salad Pear	27 Roasted Chicken Potato Kugel Carrot Tzimmes Applesauce

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