







Coney Island Active Aging/ NORC

In-Person & Virtual Programs 718-943-7812

*September's Calendar, 2021 **Case Managers Available Daily***

<u>DAYS</u>	<u>TIME</u>	<u>EVENTS</u>
Mondays 	10:00AM- 11:30AM	ESL Class- Zoom- In-person & Virtual Bi-Weekly
Tuesdays 	9:00AM- 3:00PM 11:30AM- 12:30PM 1:30PM- 2:30PM	Nurse- In-person Senior's Chat Group- In-person & Virtual(Bi-weekly) Aerobics- In-Person- ONLY
Wednesdays 	See Special Events.	Virtual Services
Thursdays 	11:00AM- 5:00PM 1:30PM- 2:30PM 3:30PM- 4:30PM	GAME DAY- POKE-NO (Bi-weekly) Aerobics (Virtual- ONLY) Circle of Friends- English - In-person/ Virtual
Fridays 	9:00AM- 3:00PM 10:00AM- 11:00AM 12:00PM- 1:00PM	Nurse- NORC- In-person Salsa Class Circle of Friends- Russian (Bi-weekly) In-person/ Virtual

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Special Events:

- ** Fridays- Salsa Class @ 10:00AM- In-Person Session w/ Valeriya
 - ** Monday, September 6th- CLOSED- Labor Day
- ** Tuesday and Wednesday, September 7th & 8th- CLOSED- Rosh Hashana
- ** Wednesday, September 15th- CLOSING At 3PM- Yom Kippur
 - Thursday, September 16th- CLOSED- Yom Kippur
- ** Wednesday, September 22nd- Trivia Day @ CIAA @ 3pm
(Zoom and/or telephone)
- ** Friday, September 24th- New York Common Pantry @ CIAA- 11:00AM
Eligibility- Low income. To Register Call- 718-943-7812
- ** Tuesday, September 28th- Hispanic Heritage Month Celebration @ 3:00PM- In-Person
- ** Wednesday, September 29th- Nutrition & culinary workshop- Stellar Farmers Market- 3:00PM- Bilingual
 - ** Virtual Trip- Time To Be Announced.
- **Group Discussion- English- (Biweekly) & Russian(Weekly)- Time To Be Announced.
 - **CUNY & PACE Nursing Students @ CIAA-NORC**

If You Are Interested In Participating In Any Classes, Please call
718- 943- 7812 For Any Additional Information.

Case Managers Are Russian and Spanish Speaking.

Other Services: Assistance with Benefits/Entitlements, Documentation Translation, Home Visits, Referrals for Meals on Wheels & Home Health Aide services, Shopping Assistance, Supportive Counseling, Tax forms, Transportation, etc.