








JUNE 2022 ACTIVITIES

Monday	Tuesday	Wednesday	Thursday	Friday
<p>NEW DANCE CLASS on MONDAYS Enchanted Dance class with Angela Eastern and Belly dancing for beginners</p> 	<p>JULY 14, Thursday TRIP Baps Mandir – Hindu Temple in N.J. SHOULD BE BOOKED IN ADVANCE</p>  <p>BAPS Shri Swaminarayan Mandir Robbinsville</p>	<p>1 9:30am-10:30am Gardening Club 9:30am-1:30pm Domino Effect Stressersize 10:00am -12:00pm Classic Art Class- Tatiana 10:30am -12:00pm Hybrid Yoga with Lena 12:00pm LECTURE PRIDE MONTH An Annual LGBT Pride Celebration 12:30am- 2:00pm ESL Class with Irina 12:30am- 2:00pm Chair Pilates with Kunduz</p> 	<p>2 9am-10am Hybrid SAIL with Anatoly-Stay Active and Independent for Life-Fall Prevention Exercises 10:00am-10:45pm Zumba with Lisa 10:00am -12:00pm Jewelry Workshop -Donna 10:00am -12:00am Book Club - Library Zoya 11:00am-12:00pm Hybrid Computer class Anatoly 11:00am NUTRITION LECTURE with Tamara 11:30am-1:00pm Virtual Technology class- Marina 12:00pm-1:00pm Blood Pressure Monitoring 12:00pm -1:30pm ESL Class with Lyuba 12:00pm- 2:00pm “Dance with Us” Irina 1:00pm-2:00pm Virtual Dance Class Arkady 1:00pm-4:00pm Tea Talk</p>	<p>3 9:30am-10:30am- Chair exercise with Mike 10:00am -11:00am Current Events Discussion 10:30am-12:00pm Tablet Class with Marina 11:45am-12:30pm Exercise Class with Iouri 12:30am-2:00pm ESL Class with Yelena advanced 1:00pm-2:30pm Virtual Ladies Pearl Club 1:00pm-4:00pm Tea Talk 2:00pm-2:45pm Hybrid Line dancing – Anatoly</p>
<p>6 9:30am-10:30am Silver Sneaker with Mike 10:00am -11:00am Current Events Discussion 9:30am-1:30pm Domino Effect Stressersize 10:30am -12:00pm Hybrid Yoga with Lena 10:30am-11:45am Technology Class Android Essentials - TABLETS ONLY- Keshia 10:30am -12:00pm Jewelry Design Beads Art and Craft with Tatiana 12:30am -2:00pm ESL Class with Irina 1:00pm-4:00pm Tea Talk 2:15pm-3:00pm NEW Dance Class Eastern and Belly dancing for beginners with Angela</p>	<p>7 9am-10am Hybrid Matter of Balance with Anatoly 10:00am-10:45pm Zumba with Lisa 11:00am-12:00pm Virtual Exercise Class w/Iouri 11:00am-12:00pm Hybrid Computer with Anatoly 12pm-1pm Crochet Club 12:00pm-1:00pm Blood Pressure Monitoring 12pm-2pm “Dance with Us” with Irina 1:00pm-2:30pm “ Ladies Pearl Club” 3pm-4pm Virtual City Tours</p>	<p>8 9:30am-10:30am Gardening Club 9:30am-1:30pm Domino Effect Stressersize 10:00am -12:00pm Classic Art Class- Tatiana 10:30am-11:45am Technology Class Android Essentials -TABLETS ONLY ! - Keshia 10:30am -12:00pm Hybrid Yoga with Lena 12:30am- 2:00pm ESL Class with Irina 12:30am- 2:00pm Chair Pilates with Kunduz</p>	<p>9 9am-10am Hybrid Matter of Balance with Anatoly 10:00am-10:45pm Zumba with Lisa 10:00am -12:00pm Jewelry Workshop -Donna 10:00am -12:00am Book Club - Library Zoya 11:00am-12:00pm Hybrid Computer class Anatoly 11:00am NUTRITION LECTURE with Tamara 11:30am-1:00pm Virtual Technology class- Marina 12:00pm-1:00pm Blood Pressure Monitoring 12:00pm -1:30pm ESL Class with Lyuba 12:00pm- 2:00pm “Dance with Us” Irina 1:00pm-2:00pm Virtual Dance Class Arkady 1:00pm-4:00pm Tea Talk</p>	<p>10 9:30am-10:30am- Chair exercise with Mike 10:00am -11:00am Current Events Discussion 10:30am-12:00pm Tablet Class with Marina 11:45am-12:30pm Exercise Class with Iouri 12:30am-2:00pm ESL Class with Yelena advanced 1:00pm-2:30pm Virtual Ladies Pearl Club 1:00pm-4:00pm Tea Talk 2:00pm-2:45pm Hybrid Line dancing – Anatoly</p>
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Monday	Tuesday	Wednesday	Thursday	Friday
<p>20 JUNETEENTH CELEBRATION CENTER IS CLOSED</p> 	<p>21 9am-10am Hybrid Matter of Balance with Anatoly 10:00am-10:45pm Zumba with Lisa 11:00am-12:00pm Virtual Exercise Class w/louri 11:00am-12:00pm Hybrid Computer with Anatoly 12pm-1pm Crochet Club 12:00pm-1:00pm Blood Pressure Monitoring 12pm-2pm "Dance with Us" with Irina 1:00pm-2:30pm "Ladies Pearl Club" 3pm-4pm Virtual City Tours</p>	<p>22 9:30am-10:30am Gardening Club 9:30am-1:30pm Domino Effect Stressersize 10:00am -12:00pm Classic Art Class- Tatiana 10:30am-11:45am Technology Class Android Essentials -TABLETS ONLY ! - Kesha 10:30am -12:00pm Hybrid Yoga with Lena 12:30am- 2:00pm ESL Class with Irina 12:30am- 2:00pm Chair Pilates with Kunduz</p>	<p>23 9am-10am Hybrid Matter of Balance with Anatoly 10:00am-10:45pm Zumba with Lisa 10:00am -12:00pm Jewelry Workshop -Donna 10:00am -12:00am Book Club - Library Zoya 11:00am-12:00pm Hybrid Computer class Anatoly 11:30am-1:00pm Virtual Technology class- Marina 12:00pm-1:00pm Blood Pressure Monitoring 12:00pm -1:30pm ESL Class with Lyuba 12:00pm- 2:00pm "Dance with Us" Irina 1:00pm-2:00pm Virtual Dance Class Arkady 1:00pm-4:00pm Tea Talk</p>	<p>24 9:30am-10:30am- Chair exercise with Mike 10:00am -11:00am Current Events Discussion 10:30am-12:00pm Tablet Class with Marina 11:45am-12:30pm Exercise Class with Iouri 12:30am-2:00pm ESL Class with Yelena advanced 1:00pm-2:30pm Virtual Ladies Pearl Club 1:00pm-4:00pm Tea Talk 2:00pm-2:45pm Hybrid Line dancing –Anatoly</p>
<p>27 9:30am-10:30am Silver Sneaker with Mike 10:00am -11:00am Current Events Discussion 9:30am-1:30pm Domino Effect Stressersize 10:30am -12:00pm Hybrid Yoga with Lena 10:30am-11:45am Technology Class Android Essentials - TABLETS ONLY - Kesha 10:30am -12:00pm Jewelry Design Beads Art and Craft with Tatiana 11:00am NUTRITION LECTURE with Tamara 12:30am -2:00pm ESL Class with Irina 1:00pm-4:00pm Tea Talk 2:15pm-3:00pm NEW Dance Class Eastern and Belly dancing for beginners with Angela</p>	<p>28 9am-10am Hybrid Matter of Balance with Anatoly 10:00am-10:45pm Zumba with Lisa 11:00am-12:00pm Virtual Exercise Class w/louri 11:00am-12:00pm Hybrid Computer with Anatoly 12pm-1pm Crochet Club 12:00pm-1:00pm Blood Pressure Monitoring 12pm-2pm "Dance with Us" with Irina 1:00pm-2:30pm "Ladies Pearl Club" 3pm-4pm Virtual City Tours 10:00am "SU CASA" DANCE CONCERT FREE ENTRANCE</p> 	<p>29 9:30am-10:30am Gardening Club 9:30am-1:30pm Domino Effect Stressersize 10:00am -12:00pm Classic Art Class- Tatiana 10:30am-11:45am Technology Class Android Essentials -TABLETS ONLY ! - Kesha 10:30am -12:00pm Hybrid Yoga with Lena 12:30am- 2:00pm ESL Class with Irina 12:30am- 2:00pm Chair Pilates with Kunduz</p>	<p>30 9am-10am Hybrid Matter of Balance with Anatoly 10:00am-10:45pm Zumba with Lisa 10:00am -12:00pm JEWELRY ART SHOW 10:00am -12:00am Book Club - Library Zoya 11:00am-12:00pm Hybrid Computer class Anatoly 11:30am-1:00pm Virtual Technology class- Marina 12:00pm-1:00pm Blood Pressure Monitoring 12:00pm -1:30pm ESL Class with Lyuba 12:00pm- 2:00pm "Dance with Us" Irina 1:00pm-2:00pm Virtual Dance Class Arkady 1:00pm-4:00pm Tea Talk</p> 	<p>*Calendar is subject to change*</p>

Programs funded in part by:

- Councilwoman Inna Vernikov
- Assemblyman Steven Cymbrowitz



JASA SENIOR ALLIANCE OLDER ADULT CENTER

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Hours

Open Daily Monday - Friday 9:00am -5:00pm

Daily Lunch

Daily Hot Kosher Lunch -(Monday-Friday)

11:00 AM - 2:00 PM- Dining room

Staff:

Program Director: Anna Bella

Assistant Director: Diana Vinnitsky

Social Worker: Natalya Koverzneva

Program Coordinator: Jolanta Tomaszewski

Program Coordinator: Oksana Anistratenko



