



Coney Island Active Aging-NORC


(718) 943-7812

2950 West 35th Street, 2nd Floor, Brooklyn, NY 11224. Elevator in the lobby.

April 2026 Activities Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
		1 9:00AM- 4:00PM VitalCare Nurse 10:30AM Walk-A- Thon	2 CLOSED- PASSOVER	3 11:30AM-12:30PM Yoga Class 12:30PM-2:00PM Painting Class

Monday	Tuesday	Wednesday	Thursday	Friday
<p>6 11:00AM-5:00PM GAME DAY</p> <p>11:30AM- 12:30PM Dance Fitness</p> <p>12:30PM Focus Group- Topic: Activities & non- participation</p>	<p>7 9:00AM- 4:00PM VitalCare Nurse</p> <p>11:30AM Health Lecture- Wellbeing Discussion. Hosted by L.I.U Nursing Students</p> <p>1:30PM-2:30PM Aerobics</p>	<p>8 9:00AM- 4:00PM VitalCare Nurse</p> <p>12:00PM- Citizen Preparedness Corps. Emergency Preparedness and proper response. Host- RedCross</p>	<p>9 1:30PM- 2:30PM Aerobics</p>	<p>10 11:30AM-12:30PM Yoga Class</p> <p>12:30PM-2:00PM Painting Class</p>
<p>13 11:00AM-5:00PM GAME DAY</p> <p>11:30AM- 12:30PM Dance Fitness</p> <p>12:30PM- Alzheimer's Presentation. Hosted by VNS.</p>	<p>14 9:00AM- 4:00PM VitalCare Nurse</p> <p>9:30AM Trip- Walmart Valley Stream, NY. Registration</p> <p>1:30PM-2:30PM Aerobics</p>	<p>15 9:00AM- 4:00PM VitalCare Nurse</p> <p>12PM Spring Concert. Classic Hits/Oldies from the Decades by Concert In Motion. Registration Required.</p>	<p>16 1:30PM- 2:30PM Aerobics</p>	<p>17 11:30AM-12:30PM Yoga Class</p> <p>12:30PM-2:00PM Painting Class</p>

Monday	Tuesday	Wednesday	Thursday	Friday
<p>20 11:00AM-5:00PM GAME DAY</p> <p>11:30AM- 12:30PM Dance Fitness</p> <p>12:30PM- JASA Nutrition Services Cooking Demo: Plant proteins- Highlighting Chickpeas</p>	<p>21 9:00AM- 4:00PM VitalCare Nurse</p> <p>11:00AM Ask the Psychologist- Phone call. Registration Required- 718- 943-7812</p> <p>1:30PM-2:30PM Aerobics</p>	<p>22 9:00AM- 5:00PM VitalCare</p> <p>12:00PM Writing Group- Open Mic. Registration Required.</p>	<p>23 1:30PM- 2:30PM Aerobics</p>	<p>24 11:30AM-12:30PM Yoga Class</p> <p>12:30PM-2:00PM Painting Class</p>
<p>27 11:00AM-5:00PM GAME DAY</p> <p>11:30AM- 12:30PM Dance Fitness</p> <p>12:30 PM- Event- Mingle Bingo & Pizza. Registration Required</p>	<p>28 9:00AM- 4:00PM VitalCare Nurse</p> <p>1:30PM-2:30PM Aerobics</p>	<p>29 12:00PM Monthly Celebration- Holiday & April Birthdays. Entertainer- TBA. Registration Required.</p>	<p>30 1:30PM- 2:30PM Aerobics</p>	



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www.jasa.org

Hours

Mondays - Fridays 9:00am - 5:00pm

Closed for Federal and Jewish Holidays

Donna Bailey, Program Director- dbailey@jasa.org

If You Are Interested In Participating In Any Activities, Please call 718-943-7812 for any additional information.

Other Services: Assistance with Benefits/Entitlements, Documentation Translation, Home Visits, Referrals for Meals on Wheels & Home Health Aide services, Shopping Assistance, Supportive Counseling, Tax forms, Transportation, etc.

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