



# Sue Ginsburg Older Adult Center

Phone Number (718) 881-1758

975 Waring Avenue, Bronx, NY 10469

## April 2026 Activities Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
Grab & Go Meals- Available Daily Upon Request (12PM to 3PM)	<b>HABLAMOS ESPAÑOL</b> Must be the age of 60 and over to register	1 <b>ADVISORY MEETING</b> 11AM- Work it (Cycling Class) 12PM- Lunch/Almuerzo 1PM- Leisure Games- "Dominoes" 2PM- <b>ADVISORY MEETING</b>	2 Center Closed Passover	3 <b>Easter Egg Hunt</b> 11AM- Fall Prevention - Parent Care 12PM- Lunch/Almuerzo 1PM- Coloring Class 2PM- Senior Egg Hunt
6 <b>Nutrition Class Kiahni</b> 11AM- Treadmill (Phys.Ed) 12PM- Lunch/Almuerzo 1PM-Let's Color- Coloring Class 2PM-Nutrition Class/ Kiahni	7 <b>Chair Zumba</b> 11AM- Work it (Cycling Class) 12PM- Lunch/Almuerzo 1PM- Chair Zumba (Cliff) 2PM- Leisure Games- "Hangman"	8 <b>TELE NOVELA 1ST Series</b> 11AM- Treadmill (Phys.Ed) 12PM- Lunch/Almuerzo 1PM- Leisure Games- "Dominoes" 2PM - <b>JASA</b> Tele Novela 1st Series w/ <b>SHOPP &amp; CaringKind</b>	9 <b>PANTRY DAY/Chair Zumba</b> 9:30AM- 11am- Pantry Distribution 12PM- Lunch/Almuerzo 1PM- <b>Chair Zumba (Cliff)</b> 2pm- Leisure Games- "Dominoes"	10 <b>NYCDOT's Safety Education</b> 11AM- NYCDOT Presentation 12PM- Lunch/Almuerzo 1PM- Word Search Puzzle 2PM- Open Mic- Educational Talks
13 <b>Chair Exercise</b> 11AM- Treadmill (Phys.Ed) 12PM- Lunch/Almuerzo 1PM- <b>Chair Exercise w. Yolanda</b> 2PM- Blood Pressure- Victor	14 <b>JASACare Presentation</b> 11AM- Word Search Puzzles 12PM- Lunch/Almuerzo 1PM- JASA Care - Presentation 2PM- <b>Senior Volleyball- Vic/ Shanil</b>	15 <b>Easter/Birthday Party</b> 11AM-Work it (Cycling Class) 12PM- Lunch/Almuerzo 12:30AM- 3:30PM- <b>PARTY Celebration</b>	16 <b>Tech World Arts &amp; Crafts</b> 11AM-Treadmill (Phys.Ed) 12PM- Lunch/Almuerzo 1PM- <b>Chair Zumba (Cliff)</b> 2PM: <b>Arts &amp; Crafts w. Maryidres</b>	17 <b>Italian Coco Helado</b> 11AM- Let's get our step on-Shanil 12PM- Lunch/Almuerzo 1PM- <b>Puzzle Making -Shanil/Vic</b> 2PM- Leisure Games- "Dominoes"
20 <b>Chair Exercise</b> 11AM- Let's Color- Coloring Class 12PM- Lunch/Almuerzo 1PM- <b>Chair Exercise w. Yolanda</b> 2PM- Blood Pressure- Victor	21 <b>Trivia Guess the Song</b> 11AM- Ball it out (Wii Games) 12PM- Lunch/Almuerzo 1PM- Let's Color- Coloring Class 2PM- <b>Karaoke - Anetra</b>	22 <b>TELE NOVELA 2 Series</b> 11AM-Word Search Puzzle 12PM- Lunch/Almuerzo 1PM- Work it "Cycling Class" 2PM- <b>JASA</b> Tele Novela 2nd Series w/ <b>SHOPP &amp; CaringKind</b>	23 11AM- Work it (Cycling Class) 12PM- Lunch/Almuerzo 1PM- Chair Zumba (Cliff) 2PM- Leisure Game-Dominoes	24 <b>BINGO DAY</b> 11AM- Let's get our step on- Shanil 12PM- Lunch/Almuerzo 1PM- Word Search Puzzle 2PM- <b>BINGO w. Prizes</b>
27 11AM- Treadmill (Phys.Ed) 12PM- Lunch/Almuerzo 1PM- Art & Craft-Shanil/Vic 2PM- Leisure Games- Dominoes	28 11AM- Hidden Picture (Puzzle) 12PM- Lunch/Almuerzo 1PM- <b>Connect 4/ Vic</b> 2PM- Jewelry Making -Shanil	29 <b>TELE NOVELA Final Series</b> 11AM- Let's Color- Coloring Class 12PM- Lunch/Almuerzo 1PM-Karaoke -Shanil 2PM- <b>JASA</b> Tele Novela Final Series w/ <b>SHOPP &amp; CaringKind</b>	30 <b>Creative Arts Arts &amp; Crafts</b> 11AM- Treadmill (Phys Ed.) 12PM- Lunch/Almuerzo 1PM- Creative Arts w. Anetra 2PM- <b>Arts &amp; Crafts w. Maryidres</b>	<b>April 3 -Wear Pastel Colors</b>

Partially funded by: NYC AGING & Councilmember of District 13



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## April 2026 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Grab & Go Meals- Available Daily Upon Request (12 PM to 3 PM)	<b>HABLAMOS ESPAÑOL</b> Must be the age of 60 and over to register	1 <u>Plant-Based Meal</u> No Cheese Spring Vegetable Lasagna Sauteed Green Beans w. Onions Apple or Pear*	2 Baked Fish w. Mushrooms & Peppers Cous Cous or Yellow Rice* Cauliflower w. Carrots & Parsley Banana	3 Caesar Salad w. Grilled Chicken Basic Pasta Salad Cabbage Slaw Orange or Plums*
6 Beef Hamburger Baked Red Potato Wedges Cooked Cabbage w. Carrots Apple or Watermelon*	7 <u>Plant-Based Meal</u> Bright Lemony Stewed White Beans w. Carrots & Spinach White Rice/ Steamed Broccoli Orange	8 Fish w. Mushrooms, Peppers, and Tomatoes Pasta/ Baby Carrots w. Parsley* Apple or Fruit Cocktail*	9 Spanish Style Roast Pork Black Beans & Rice Steamed Collard Greens Banana	10 Chicken Legs w. Stewed Tomatoes Coconut Rice & Pigeon Peas Normandy Blend Orange or Applesauce*
13 Spanish Style Beef Stew Homemade Mashed Potatoes Steamed Broccoli Apple or Cantaloupe	14 Baked Fish w. Sweet & Sour Sauce Pasta Normandy Blend Orange	15 Arroz Con Pollo (Chicken w. Rice) Boiled Southern Greens Apple or Honeydew*	16 <u>Plant-Based Meal</u> Aromatic Pumpkin & Chickpea Curry Perfect White Rice Italian Cut Green Beans Banana	17 Jerk Chicken Black Beans & Rice Italian Blend Vegetables Orange or Watermelon*
20 Beef Meat Sauce w. Peppers & Onions Half White Rice & Half Quinoa Steamed Green Beans Apple or Pear*	21 <u>Plant-Based Meal</u> Buffalo Chickpea Power Grain Bowl Classic Macaroni Salad Orange	22 Jerk Fish Black Beans & Rice Steamed Kale Apple	23 Sweet & Sour Pork w. Pineapple Baked Red Potato Wedges Steamed Sliced Carrots Banana	24 Curried Chicken Legs Perfect White Rice Cooked Cabbage w. Shredded Carrots Orange or Cantaloupe
27 Pork Roast w. Mango Chutney Brown Rice Cooked Cabbage w. Carrots Apple or Canned Pineapple	28 Baked Chicken Thighs Mashed Sweet Potatoes California Blend Vegetables Orange	29 <u>Plant-Based Meal</u> Blackeye Pea Curry w. Potatoe & Tomatoes Mashed Potatoes/ Steamed Broccoli Apple or Applesauce*	30 Dairy-Free Baked Ziti w. Beef or Turkey Baby Carrots & Parsley Banana	

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[www.jasa.org](http://www.jasa.org)

### **Hours**

**Mondays - Fridays 8:30am - 4:30pm**

**\*Closed for Federal and Jewish Holidays\***

### **Daily Lunch**

**Mondays - Fridays**

**12:00pm - 1:00pm - Dining Room**

### **Sue Ginsburg Older Adult Center Staff**

**Victor Morell, Program Director, [vmorell@jasa.org](mailto:vmorell@jasa.org) or (718) 881-1758 EXT: 1**

**Shanil Acosta, Program Coordinator, [sacosta@jasa.org](mailto:sacosta@jasa.org) or (718) 881-1758 EXT: 2**

**Vilma Sorrentini, Case Manager, [vsorrentini@jasa.org](mailto:vsorrentini@jasa.org) or (718) 881-1758 EXT: 3**

**Dov Mannings, Food Service Technician, [dmannings@jasa.org](mailto:dmannings@jasa.org)**

### **New April 2026 Activities/Programming**

**Chair Exercise w. Yolanda (Techworld) 4/13/2026 & 4/20/2026 @1PM**

**Let's get our step on 4/17/2026**

**Trivia Guess the song 4/21/2026**

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