






NORC TRUMPS UNITED CALENDAR

Phone Number (718) 372-8815 458 Neptune Ave, Brooklyn, NY 11224

APRIL 2026 Activities Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
		<p>1 11:00 - Friendship Group <u>in 4A</u></p> <p>12:30 - Aerobics <u>in 4A</u></p> <p>Nurse Vera is <u>in 4A</u></p>	<p>2 JASA CLOSED Happy Passover</p> 	<p>3 10:15 - Zoom Aerobics 11:00 - ESL with Larisa <u>in 4A</u> 2:00 - 4:00 - Game Time <u>in 4A</u> 2:00 - Balance for Life <u>in 4A</u> 2:00 - Celebration Zoom Concert</p>
<p>6 1:00 - Chair Pilates <u>in 4A</u> 2:00 - Visual Art <u>in 4A</u></p> <p>Nurse Vera <u>in 4A</u></p>	<p>7 10:00 - Zoom Yoga 11:00 - Modern Movement <u>in 4A</u> 1:00 - Zoom Klezmer Music Concert 2:00 - Qi Gong (Tai Chi) <u>in 4A</u></p>	<p>8 12:30 - Aerobics <u>in 4A</u> 2:00 - Brain Fitness <u>in 4A</u></p> <p>Nurse Vera is <u>in 4A</u></p>	<p>9 11:00 - Art Class <u>in 4A</u> 12:30 - Mild Body Conditioning <u>in 4A</u></p> <p>Nurse Vera is <u>in 4A</u></p>	<p>10 10:15 - Zoom Aerobics 11:00 - ESL with Larisa <u>in 4A</u> 2:00 - 4:00 - Game Time <u>in 4A</u> 2:00 - Balance for Life <u>in 4A</u> 2:00 - Celebration Zoom Concert</p>
<p>13 11:00 - Chess Class <u>in 4A</u> 12:30 - Health Lecture in Russian "Benefits of Alcohol" <u>in 4A</u> 1:00 - Chair Pilates <u>in 4A</u> 2:00 - Visual Art <u>in 4A</u></p> <p>Nurse Vera is <u>in 4A</u></p>	<p>14 10:00 - Zoom Yoga 11:00 - Modern Movement <u>in 4A</u> 12:30 - Russian Club <u>in 4A</u> 1:00 - Zoom Klezmer Music Concert 2:00 - Qi Gong (Tai Chi) <u>in 4A</u></p>	<p>15 10:00 - Zoom People, Food & Culture 11:00 - Friendship Group <u>in 4A</u> 12:30 - Aerobics <u>in 4A</u> 2:00 - Mental Health Presentation by Paulina Zalman <u>in 4A</u></p> <p>Nurse Vera is <u>in 4A</u></p>	<p>16 10:00 - Zoom Sing Along 12:30 - Mild Body Conditioning <u>in 4A</u></p> <p>Nurse Vera is <u>in 4A</u></p>	<p>17 10:15 - Zoom Aerobics 11:00 - ESL with Larisa <u>in 4A</u> 2:00 - 4:00 - Game Time <u>in 4A</u> 2:00 - Balance for Life <u>in 4A</u> 2:00 - Celebration Zoom Concert</p>

Partially funded by:

Monday	Tuesday	Wednesday	Thursday	Friday
<p>20 <u>10:30 - Visual Art in 4A</u> <u>2:00 - Happy 100th Birthday to Woody Wolchuck Party in 4A</u> Nurse Vera is <u>in 4A</u></p>	<p>21 <u>10:00 - Zoom Yoga</u> <u>11:00 - Modern Movement in 4A</u> <u>1:00 - Zoom Klezmer Music Concert</u> <u>2:00 - Qi Gong (Tai Chi) in 4A</u> <u>Brooklyn Botanical Garden Trip</u></p>	<p>22 <u>10:00 - Zoom People, Food & Culture</u> <u>12:30 - Aerobics in 4A</u> <u>2:00 - Brain Fitness in 4A</u> Nurse Vera is <u>in 4A</u></p>	<p>23 <u>10:00 - Zoom Sing Along</u> <u>11:00 - Art Class in 4A</u> <u>12:30 - Mild Body Conditioning in 4A</u> Nurse Vera is <u>in 4A</u></p>	<p>24 <u>10:15 - Zoom Aerobics</u> <u>11:00 - ESL with Larisa in 4A</u> <u>2:00 - 4:00 - Game Time in 4A</u> <u>2:00 - Balance for Life in 4A</u> <u>2:00 - Celebration Zoom Concert</u></p>
<p>27 <u>11:00 - Chess Class in 4A</u> <u>1:00 - Chair Pilates in 4A</u> <u>2:00 - Visual Art in 4A</u> Nurse Vera is <u>in 4A</u></p>	<p>28 <u>10:00 - Zoom Yoga</u> <u>11:00 - Modern Movement in 4A</u> <u>1:00 - Zoom Klezmer Music Concert</u> <u>2:00 - Qi Gong (Tai Chi) in 4A</u></p>	<p>29 <u>10:00 - Zoom People, Food & Culture</u> <u>11:00 - Health Lecture on Mental Health by CUNY Nursing student in 4A</u> <u>12:30 - Aerobics in 4A</u> Nurse Vera is <u>in 4A</u></p>	<p>30 <u>10:00 - Zoom Sing Along</u> <u>11:00 - Art Class in 4A</u> <u>12:30 - Mild Body Conditioning in 4A</u> <u>2:00 - Nutrition Presentation with Tamar Elkin in 4A or Zoom</u> <u>3:00 - Current Events in 4A</u> Nurse Vera is <u>in 4A</u></p>	<p style="text-align: center;">Sunday, April 12 - Theater Trip</p>

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NORC TRUMPS UNITED CALENDAR

458 Neptune Ave, Brooklyn, NY 11224

(718) 372-8815 • Email

www.jasa.org

Hours

Mondays - Fridays 9:00am - 5:00pm

Closed for Federal and Jewish Holidays

NORC Trumps United Staff

Evelyn Gottlieb, Program Director egottlieb@jasa.org

APRIL Activities/Programming

April 20 - Happy Birthday Party

April 13 - Health Lecture in Russian

April 8 and 22 - Brain Fitness

April 29 - Health Lecture in English

April 1 and 15 - Friendship Group

April 30 - Nutrition Presentation with Tamar Elkin

April 14 - Russian Club

April 9, 23 and 30 - Art class

April 6, 13, 20, and 27 - Visual Art

April 30 - Current Events and Ice Cream

April 21 - Trip to Brooklyn Botanical Garden

Partially funded by:

Telephone/Video Concerts in Motion Celebration Friday (Fridays) – 1 - 301 – 715 – 8592;
 Zoom meeting: <https://zoom.us/j/426474125> Meeting ID: 426 474 125

Zoom Aerobic Class - <https://us06web.zoom.us/j/83690337299?pwd=SWJaREw2azdsSEt4d1UwOFFBWmduUT09>
 Meeting ID: 836 9033 7299 Passcode: 381896

Zoom Stretching and Toning w/Sofia Ioffe –
<https://zoom.us/j/93570593451?pwd=ZHNMOwYUk3MWI4NlhJUFiWbGZ5dz09>
 Meeting ID: 935 7059 3451 Passcode: 187559

Telephone/Video Concerts in Motion Klezmer Music (Tuesdays)
 Zoom: <https://concertsinmotion-org.zoom.us/j/89147660204>
 Meeting ID: 891 4766 0204 Phone: 1 646- 558- 8656

Zoom Yoga (Tuesdays)
 Zoom:
<https://us02web.zoom.us/j/86535975909?pwd=YTC1Q1BuOTE4Y0ZadTY1Vkh3TzFYdz09>
 Meeting ID: 865 3597 5909 Passcode: JASATV

People, Food and Culture – Wednesdays

Sing-along - Thursdays
 Zoom: <https://zoom.us/j/9367994040?pwd=Z3lrZStsS3dwRTh2NlZkS0hPWmFuQT09>

Registered Dietitian Nutritionist Tamar Elkin, MS, RDN, CDN

Zoom: <https://us06web.zoom.us/j/83219399945?pwd=tKRnZR8WSBxufnJpYNfw7FAvr8wcab.1>
 Meeting ID: 832 1939 9945 Passcode: 946518

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