



September 2019 ACTIVITIES

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 Center Closed</p> <p>LABOR DAY</p>	<p>3</p> <p>9:30 Bike/ Wii Games 10:30 Let's Get Crafty 11:00 NORC Presentation 1pm Making Plants (Sponsored by SWH)</p>	<p>4</p> <p>9:30 Wii Games 10:30 Bike Exercise 11:00 Drama Class w. Damion 1pm Healthy Living w. Dorothy</p>	<p>5</p> <p>9:30 Bike Exercise 10:30 Wii Game 11:00 NORC Activity 1pm Yoga w. Shanil</p>	<p>6 <u>Advisory Meeting</u> 9am Wii Games 10am Walking Club 11am Meeting 1pm Leisure Games</p>
<p>9</p> <p>9:30 Wii Games 10:30 Bike Exercise 11:30 Blood Pressure Screening 1pm Healing Arts w. Evelyn(1-3pm)</p>	<p>10 <u>Atlantic City Trip</u> 9:30 Bike/ Wii Games 10:30 Let's Get Crafty 11:00 NORC Presentation 1pm Dancing w. Walter</p>	<p>11</p> <p>9:30 Wii Games 10:30 Bike Exercise 11:00 Drama Class w. Damion 1pm Free Massages (Sponsored by SWH)</p>	<p>12 <u>All Blue Party w. DJ Woody</u> 9:00 Bike Exercise 10:30 Wii Game 11:00 NORC Activity 1pm Party/ Zumba</p>	<p>13</p> <p>9am Wii Games 10am Walking Club 11am Let's Get Crafty 1pm Bingo</p>
<p>16 <u>Queens Center Mall Trip</u> 9:30 Wii Games 10am Blood Pressure Screening 11am Trip 1pm Healing Arts w. Evelyn(1-3pm)</p>	<p>17</p> <p>9:30 Bike/ Wii Games 10:30 Let's Get Crafty 11am NORC Activity 1pm Dancing w. Walter</p>	<p>18 <u>Picnic Party</u> 9:30 Bike Exercise 10:30 Teach Me Rumikub 11:00 Drama Class w. Damion 1pm Party (Sponsored by SWH)</p>	<p>19</p> <p>9:30 Bike Exercise 10:30 Wii Game 11am NORC Activity 1pm Elder Abuse Presentation</p>	<p>20 <u>Apple Picking Trip</u> 9am Bike Exercise/Wii Games 10am Walking Club 11am Trip 1pm Let's Get Crafty</p>
<p>23</p> <p>9:30 Wii Games 10am Blood Pressure Screening 11am Fall Project 1pm Healing Arts w. Evelyn(1-3pm)</p>	<p>24 <u>Sue Ginsburg/ NORC Health Fair</u> 9:30 Bike/ Wii Games 11am NORC Presentation 1pm Dancing with Walter 2pm Health Fair</p>	<p>25 <u>Birthday Party</u> 9:30 Wii Games 10:30 Teach Me Rumikub 11:00 Drama Class w. Damion 1pm Party</p>	<p>26 <u>Walmart Trip</u> 9:30 Bike Exercise 10:30 Wii Game 11am NORC Activity 1pm Poison Control Presentation</p>	<p>27</p> <p>9am Bike Exercise 10amWii games 11am Walking Club 1pm Jewelry Making (Sponsored by SWH)</p>
<p>30</p> <p>Center Closed Rosh Hashana (Day 1)</p>			<p><u>Lunch/ Almuerzo</u> 12pm-1pm DAILY HABLAMOS ESPAÑOL Must be the age of 60 and over to register</p>	



Sue Ginsburg Senior Center

975 Waring Avenue

Bronx, NY, 10469

(718) 881-1758

www.jasa.org

8:30am to 4:30pm

Monday-Friday

Drama Class w. Damion (Every Wednesday)

(NEW) Walking Club (Every Friday)

Healing Arts w. Evelyn (Every Monday 1-3pm)

Blood Pressure Screenings (Every Monday)

Jewelry Making Sponsored by Senior Whole Health (9/4/2019)

Advisory Meeting (9/6/2019)

Free Massages Sponsored by Senior Whole Health (9/11/2019)

DJ WOODY'S All Blue Party (9/12/2019)

Elder Abuse Presentation w. Vilma (8/19/2019)

Trips (September 10th, 16th, 20th, and 26th)

Ritmo Latino (Every Tuesday)

Picnic Party Sponsored by Senior Whole Health (9/18/2019)

Sue Ginsburg/Pelham NORC Health Fair (9/24/2019)

Birthday Party w. DJ AL (9/25/2019)

Zumba (Every other Thursday)

STAFF:

Program Director: Victor Morell

Group Work Assistant: Shanil Acosta

Porter: T. Del Valle

Community Aid: Dorothy Crumpler

Social Worker: Vilma Sorrentini

