


## January 2019 Activities

Monday	Tuesday	Wednesday	Thursday	Friday
<p><u>January 2019 Events</u></p> <p>1/9/19 Trip to the Movies                      1/10/19 Census Presentation                      1/11/19 Trip to Trader Joe's                      1/15/19 Kidney Work Shop 4-week Sess.                      1/24/19 Pedestrian Safety Presentation</p>	<p>1</p> <p><b>Closed for New Year</b></p>	<p>2</p> <p>9:15 Tai Chi                      10:30 Bingo                      12:00 Lunch                      1:00 Jewelry Design Class</p>	<p>3</p> <p>10:00 Chair Yoga w/Kim                      10:30 Computer Class                      11:00 Zumba                      12:00 Lunch                      12:30 Choral Group                      1:00 Domino Contest</p>	<p>4</p> <p>9:15 Aerobics Class                      10:00 BP Screening                      10:00 Painting Class                      12:00 Lunch</p>
<p>7</p> <p>9:30 Nia Practice                      10:30 Beginners Computer                      11:00 Color Your Stress Away                      12:00 Lunch                      1:00 Domino Contest</p>	<p>8</p> <p>9:30 Zumba                      10:30 Computer Class                      12:00 Lunch                      1:00 Cards and Games</p>	<p>9 <u>Movie Trip</u></p> <p>9:15 Tai Chi                      10:30 Bingo                      12:00 Lunch                      1:00 Jewelry Design Class</p>	<p>10 <u>Census Pres. w/James Tilmon</u></p> <p>9:30 Chair Yoga w/ Kim                      10:30 Computer Class                      11:00 Zumba                      12:00 Lunch                      12:30 Choral Group                      1:00 Domino Contest</p>	<p>11 <u>Trip to Trader Joe's</u></p> <p>9:15 Aerobics Class                      10:00 BP Screening                      10:00 Painting Class                      12:00 Lunch</p>
<p>14</p> <p>9:30 Nia Practice                      10:30 Beginners Computer                      11:00 Color Your Stress Away                      12:00 Lunch                      1:00 Domino Contest</p>	<p>15 <u>Kidney Work Shop</u></p> <p>9:30 Zumba                      10:30 Computer Class                      12:00 Lunch                      1:00 Cards and Games</p>	<p>16</p> <p>9:15 Tai Chi                      10:30 Bingo                      12:00 Lunch                      1:00 Jewelry Design Class</p>	<p>17</p> <p>9:30 Chair Yoga w/ Kim                      10:30 Computer Class                      11:00 Zumba                      12:00 Lunch                      12:30 Choral Group                      1:00 Domino Contest</p>	<p>18</p> <p>9:15 Aerobics Class                      10:00 BP Screening                      10:00 Painting Class                      12:00 Lunch                      1:00 Bingo</p>
<p>21</p> <p><b>Closed for Martin Luther King Day</b></p>	<p>22 <u>Kidney Work Shop</u></p> <p>9:30 Zumba                      10:30 Computer Class                      12:00 Lunch                      1:00 Cards and Games</p>	<p>23</p> <p>9:15 Tai Chi                      10:30 Bingo                      12:00 Lunch                      1:00 Jewelry Design Class</p>	<p>24 <u>Senior Pedestrian Safety Lecture</u></p> <p>9:30 Chair Yoga w/ Kim                      10:30 Computer Class                      11:00 Zumba                      12:00 Lunch                      12:30 Choral Group                      1:00 Domino Contest</p>	<p>25</p> <p>9:15 Aerobics Class                      10:00 BP Screening                      10:00 Painting Class                      12:00 Lunch</p>
<p>28</p> <p>9:30 Nia Practice                      10:30 Beginners Computer                      11:00 Color Your Stress Away                      12:00 Lunch                      1:00 Domino Contest</p>	<p>29 <u>Kidney Work Shop</u></p> <p>9:30 Zumba                      10:30 Computer Class                      12:00 Lunch                      1:00 Cards and Games</p>	<p>30</p> <p>9:15 Tai Chi                      10:30 Bingo                      12:00 Lunch                      1:00 Jewelry Design Class</p>	<p>24</p> <p>9:30 Chair Yoga w/ Kim                      10:30 Computer Class                      11:00 Zumba                      12:00 Lunch                      12:30 Choral Group                      1:00 Domino Contest</p>	



**JASA Starrett City Senior Center**

**1540 Van Siclen Avenue  
Brooklyn, New York 11239  
718 642 1010  
[www.jasa.org](http://www.jasa.org)**

**Hours: Monday -Friday  
8am-3pm**