



January 2019 ACTIVITIES

Monday	Tuesday	Wednesday	Thursday	Friday
January 16 th 11:00 Roy Reuther's Got Talent Please sign up with Ellen	1 New Year's Day Center Closed <i>Happy 2019!!!</i>	2 10:00 Spirituality/Bible Discussion 11:15 Dancercise with Lisa 1:00 Soaps and Snacks 2:00 Get Fit with Bingo	3 9:30 Yoga Toning 11:00 Low Impact Aerobics 1:00 Soaps and Snacks 2:00 Knitting & Crocheting with Marie	4 10:00 Puzzles/Brain Games/Color the Blues away 11:00 New Year's Resolutions 1:00 Soaps and Snacks 2:00 Beads & Jewelry with Marie
7 9:30 Yoga Toning with Liz 10:45 Low Impact Aerobics 1:00 Soaps and Snacks 1:30 Choral Group with Charles	8 9:30 Technology Tuesday 9:30 Walking Club 10:00-12:00 Quilting with Judy 1:00 Soaps and Snacks 2:00 Painting with Sydney	9 10:00 Spirituality/Bible Discussion 11:15 Dancercise with Lisa 1:00 Soaps and Snacks 2:00 Get Fit with Bingo	10 <u>ARTIC BLAST BASH</u> 9:30 Yoga Toning 11:00 Robert Gamble DJ 1:00 Soaps and Snacks 2:00 Knitting & Crocheting with Marie	11 FLEA MARKET 10:00 Puzzles/Brain Games/Color the Blues away 11:00 Let's Talk-discussion group 1:00 Soaps and Snacks 2:00 Beads & Jewelry with Marie
14 9:30 Yoga Toning with Liz 10:45 Keep Fit with Bingo 1:00 Soaps and Snacks 1:30 Choral Group with Charles	15 9:30 Technology Tuesday 9:30 Walking Club 10:00-12:00 Quilting with Judy 1:00 Soaps and Snacks 2:00 Painting with Sydney	16 <u>ROY REUTHER'S GOT TALENT</u> 10:00 Spirituality/Bible Discussion 11:00 Talent Show 1:00 Soaps and Snacks 2:00 Get Fit with Bingo	17 9:30 Yoga Toning 11:00 Low Impact Aerobics 1:00 Soaps and Snacks 2:00 Knitting & Crocheting with Marie	18 10:00 Puzzles/Brain Games/Color the Blues away 11:00 Let's Talk-discussion group 1:00 Soap and Snacks 2:00 Beads & Jewelry with Marie
21 Martin Luther King Jr Day Center Closed	22 9:30 Technology Tuesday 9:30 Walking Club 10:00-12:00 Quilting with Judy 12:45 Honoring Martin Luther King Jr - discussion 2:00 Painting with Sydney	23 <u>BIRTHDAY PARTY</u> 10:00 Spirituality/Bible Discussion 11:00 Party w DJ George Maselli 1:00 Soaps and Snacks 2:00 Get Fit with Bingo	24 9:30 Yoga Toning 11:30 Low Impact Aerobics 1:00 Soaps and Snack 2:00 Knitting & Crocheting with Marie	25 10:00 Puzzles/Brain Games/Color the Blues away 11:15 Dancercise with Lisa 1:00 Soaps and Snacks 2:00 Beads & Jewelry with Marie
28 9:30 Yoga Toning with Liz 10:45 Keep Fit with Bingo 1:00 Soaps and Snacks 1:30 Choral Group with Charles	29 9:30 Technology Tuesday 9:30 Walking Club 10:00-12:00 Quilting with Judy 1:00 Soaps and Snacks 2:00 Painting with Sydney	30 10:00 Spirituality/Bible Discussion 11:15 Dancercise with Lisa 1:00 Soaps and Snacks 2:00 Keep Fit with Bingo	31 9:30 Yoga Toning 10:30 Blood Pressure Screening 11:30 Low Impact Aerobics 1:00 Soaps and Snacks 2:00 Knitting & Crocheting with Marie	FLEA MARKET Friday January 11 th 9:30-1pm



Roy Reuther Senior Center
711C Seagirt Avenue Apt 2N
Far Rockaway, NY 11691
718.471.3110
slombardi@jasa.org

www.jasa.org

Daily Lunch: Monday Through Friday

- 12 noon Hot kosher lunch or salad alternative
- Reservations required

Happy New Year

January 1st Center Closed, New Year Day
January 10th 11:00 Artic Blast Bash with DJ Robert Gamble
January 16th 11:00 Roy Reuther's Got Talent
January 21st Center closed Dr. Martin Luther King Day
January 22nd Dr. Martin Luther King celebrated
January 23 11:00 Birthday Party D J George Masselli

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