

**FEBRUARY 2019 Activities**

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>INDEPENDENT LIVING</b></p>	<p>Dance &amp; Movement Therapy <b>Lisa Wisel</b></p>	<p>Cross Cultural Socialization Group</p>	<p><b>HEALTH &amp; WELLNESS</b></p>	<p>Dr. Shields <b>Nutritionist</b></p>
	<p><b>MOVING TO MOTOWN</b></p> <p>Cross Cultural Socialization Group</p>	<p><b>Healthy Eating</b></p>	<p><b>NORC NURSE HOURS</b> TUESDAY &amp; THURSDAY 11-4 PM</p>	<p>1) <b>Intergenerational Group</b> 4 PM RM-TBA</p> <p><b>NORC Information Session</b> SCRIE \$\$\$ 2 PM &amp; SNAP \$\$\$ 3 PM Rm 20</p>
<p>4) <b>AARP Defensive Driving</b> @ 8:30 AM Rm 6 &amp; 7</p> <p><b>Independent Living</b> 1:15PM Rm TBA</p> <p><b>Building 14 Outreach</b> 10-12pm</p>	<p>5) <b>MOVING TO MOTOWN</b> 10-10:45 AM <b>Building 14</b> Cross Cultural Socialization Group</p> <p>1PM Rm TBA</p>	<p>6) <b>NORC Advisory Board</b> 1:30PM Rm TBA</p>	<p>7) <b>HEALTH SEMINAR</b> <b>Nutritionist</b> 1:15PM Rm TBA</p> <p>TRIP  <b>JAKES 58</b></p>	<p>8) <b>Intergenerational Group</b> 4 PM RM-TBA</p> <p><b>NORC Information Session</b> SCRIE \$\$\$ 2 PM &amp; SNAP \$\$\$ 3 PM Rm 20</p>
<p>11) <b>Independent Living</b> 1:15PM Rm TBA</p> <p><b>Building 14 Outreach</b> 10-12pm</p>	<p>12) <b>MOVING TO MOTOWN</b> 10-10:45 AM <b>Building 14</b> Cross Cultural Socialization Group</p> <p>1PM Rm TBA</p>	<p>13) TRIP  <b>Yonker's Empire</b> 9 AM Rm 20</p> <p><b>NORC Information Session</b> SCRIE \$\$\$ 2 PM &amp; SNAP \$\$\$ 3 PM Rm 20</p>	<p>14) <b>HEALTH SEMINAR</b> <b>Nutritionist</b></p> <p>1:15PM Rm TBA</p>	<p>15) <b>NORC Information Session</b> SCRIE \$\$\$ 2 PM SNAP \$\$\$ 3 PM Rm 20</p>
<p>18) <b>Independent Living</b> 1:15PM Rm TBA</p> <p><b>Building 14 Outreach</b> 10-12pm</p>	<p>19) <b>MOVING TO MOTOWN</b> 10-10:45 AM <b>Building 14</b> Cross Cultural Socialization Group</p> <p>1PM Rm TBA</p> <p><b>Socialization Group-Game Day @ 2 pm</b> Rm TBA</p>	<p>20) TRIP  <b>Yonker's Empire</b> 9 AM Rm 20</p> <p><b>NORC Information Session</b> SCRIE \$\$\$ 2 PM &amp; SNAP \$\$\$ 3 PM Rm 20</p>	<p>21) <b>HEALTH SEMINAR</b> <b>Nutritionist</b></p> <p>1:15PM Rm TBA</p>	<p>22) <b>NORC Information Session</b> SCRIE \$\$\$ 2 PM SNAP \$\$\$ 3 PM Rm 20</p>
<p>25) <b>Independent Living</b> 1:15PM Rm TBA</p> <p><b>Building 14 Outreach</b> 10-12pm</p>	<p>26) <b>MOVING TO MOTOWN</b> 10-10:45 AM <b>Building 14</b> Cross Cultural Socialization Group</p> <p>1PM Rm TBA</p>	<p>27) <b>NORC Information Session</b> SCRIE \$\$\$ 2 PM SNAP \$\$\$ 3 PM Rm 20</p>	<p>28) TRIP  <b>Tanger Outlet</b> 9 AM Rm 20</p>	



**Rochdale Village NORC**

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**Room 20**

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