




February, 2019 ACTIVITIES

Monday	Tuesday	Wednesday	Thursday	Friday
				<p>1</p> <p>9:30 AM Library, Chat table, Bike 10:00AM Knitting & Crochet 12:00pm Color your life AWAY 1:00pm BINGO</p>
<p>4</p> <p>10:00 Stay well Exercise, Chat table, Bike 10:00: Knitting & Crochet W/ Linda 12:30pm Cell & Ipad Class w/ Paola</p>	<p>5</p> <p>930 AM Library, Chat table, Bike 10:30AM Cultural Dance w/ Millie 12:00PM Color your life AWAY 1:00pm Movie Bunch/Popcorn</p>	<p>6</p> <p>930 AM Library, Chat table, Bike 9:00am Sewing w/ Raymonde 1:00PM Art Class w/ Dmitry 2:00PM Yoga w Badhra</p>	<p>7 BLOOD PRESSURE</p> <p>10:00AM Line Dance /w Ellie 11:00AM Piano Sing Along 12:00PM Mind Teasers 1:30PM DRAMA CLASS w Cecilia</p>	<p>8</p> <p>9:30 AM Library, Chat table, Bike 10:00AM Knitting & Crochet 12:00pm Color your life AWAY 1:00pm BINGO</p>
<p>11</p> <p>10:00 Stay well Exercise, Chat table, Bike 10:00: Knitting & Crochet W/ Linda 12:30pm Cell & Ipad Class w/ Paola</p>	<p>12</p> <p>930 AM Library, Chat table, Bike 10:30AM Cultural Dance w/ Millie 12:00PM Color your life AWAY 1:00pm Movie Bunch/Popcorn</p>	<p>13</p> <p>930 AM Library, Chat table, Bike 9:00am Sewing w/ Raymonde 1:00PM Art Class w/ Dmitry 2:00PM Yoga w Badhra</p>	<p>14 VALENTINE'S DAY LUNCH</p> <p>10:00AM Line Dance /w Ellie 11:00AM Piano Sing Along 12:00PM Mind Teasers 1:30PM DRAMA CLASS w Cecilia</p>	<p>15</p> <p>9:30 AM Library, Chat table, Bike 10:00AM Knitting & Crochet 12:00pm Color your life AWAY 1:00pm BINGO</p>
<p>18</p> <p>PRESIDENT'S DAY</p> <p>JASA CLOSED</p>	<p>19</p> <p>930 AM Library, Chat table, Bike 10:30AM Cultural Dance w/ Millie 12:00PM Color your life AWAY 1:00pm Movie Bunch/Popcorn</p>	<p>20</p> <p>930 AM Library, Chat table, Bike 9:00am Sewing w/ Raymonde 1:00PM Art Class w/ Dmitry 2:00PM Yoga w Badhra</p>	<p>21 BLOOD PRESSURE</p> <p>10:00AM Line Dance /w Ellie 11:00AM Piano Sing Along 12:00PM Mind Teasers 1:30PM DRAMA CLASS w Cecilia</p>	<p>22</p> <p>9:30 AM Library, Chat table, Bike 10:00AM Knitting & Crochet 12:00pm Color your life AWAY 1:00pm BINGO</p>
<p>25</p> <p>10:00 Stay well Exercise, Chat table, Bike 10:00: Knitting & Crochet W/ Linda 12:30pm Cell & Ipad Class w/ Paola</p>	<p>26</p> <p>930 AM Library, Chat table, Bike 10:30AM Cultural Dance w/ Millie 12:00PM Color your life AWAY 1:00pm Movie Bunch/Popcorn</p>	<p>27</p> <p>930 AM Library, Chat table, Bike 9:00am Sewing w/ Raymonde 1:00PM Art Class w/ Dmitry 2:00PM Yoga w Badhra</p>	<p>28</p> <p>10:00AM Line Dance /w Ellie 11:00AM Piano Sing Along 12:00PM Mind Teasers 1:30PM DRAMA CLASS w Cecilia</p>	



Dreiser Senior Center

177 Dreiser loop, Room# 7

Bronx, NY 10475

718-320-1345

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www.jasa.org

Monday- Friday 8:00am-4:00pm

Daily Lunch is served from 12:00pm-1:00pm

February 5- Empire

February 5-Chinese New Year Celebration/with special lunch and fortune cookies

February 6- Wal-Mart

February 6- Tai Chi for Arthritis 8 week EB class

February 8- Black History Month Celebration Skits Poetry Readings and Special Lunch.

February 11- Jokercise- Light refreshments included

February 14- Central Avenue

February 15-A.C. Moore Shopping and Lunch

February 21-Ridgehill Shopping Mall

February 22- Black History Month Celebration-DJ Woody playing music from Marvin Gaye, James Brown among other hits.

February 19- Olla and her Dance crew w/ Special Lunch.

