

**Sue Ginsburg Senior Center \* 975 Waring Ave. Bronx, NY, 10469 \* (718)881-1758**  
**December 2018 ACTIVITIES**



<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>3</b> 9:30 Wii Games 10:00 <b>Blood Pressure Screening</b> 11:30 Teach me Rumikub 1pm Age- Tastic Game	<b>4</b> 9:30 Bike/Wii Games 10am Let's Get Crafty 11am Leisure Games 1pm Open Floor w. Vilma	<b>5 EMPIRE TRIP</b> 9:30 Bike/Wii Games 10am Let's Get Crafty 11am Teach me Rumikub 1pm Age- Tastic	<b>6 Advisory Meeting</b> 9:30 Bike/Wii Games 10am Ginsburg News 11am Meeting w. Advisory 1pm Zumba	<b>7</b> 10am Wii Games 11am <b>Crafts W. Freddie</b> 1pm BINGO 2pm Ginsburg News
<b>10 Karaoke W. DJ LAX</b> 9:30 Wii Games 10am <b>Blood Pressure Screening</b> 11am Leisure Games 1pm Karaoke	<b>11</b> 9:30 Bike/Wii Games 10am Ginsburg News 11am <b>Norc Presentation</b> 1pm <b>Technology Class w. Shanil</b>	<b>12</b> 9:30 Bike/Wii Games 10am Let's Get Crafty 11am Teach me Rumikub 1pm Age- Tastic Game	<b>13 Ginsburg Special Dinner</b> 9:30 Bike/Wii Games 10am Ginsburg News 11am Painting 1pm Zumba <b>PLEASE WEAR GREEN!!!</b>	<b>14</b> 10am Wii Games 11am <b>Crafts W. Freddie</b> 1pm BINGO 2pm Ginsburg News
<b>17</b> 9:30 Wii Games 10:00 <b>Blood Pressure Screening</b> 11:30 Teach me Rumikub 1pm Age- Tastic Game	<b>18 Red Party w. DJ Woody</b> 9:30 Bike/Wii Games 10am Ginsburg News 11am Age-Tastic Game 1pm Dancing w. Walter <b>PLEASE WEAR RED!!!</b>	<b>19</b> 9:30 Bike/Wii Games 10am Let's Get Crafty 11am Leisure Games 1pm Age- Tastic Game	<b>20 Walmart Trip</b> 9:30 Bike/Wii Games 10am Ginsburg News 11am Painting 1pm Zumba	<b>21 Movie Day</b> 10am Wii Games 11am <b>Crafts W. Freddie</b> 1pm BINGO 2pm Movie day
<b>24</b> 9:30 Wii Games 10am <b>Blood Pressure Screening</b> 11am Leisure Games 1pm Age- Tastic	<b>25</b>  <b><u>Center Closed</u></b> <b><i>Merry Xmas to all</i></b>	<b>26 Birthday Party</b> 9:30 Bike/Wii Games 10am Let's Get Crafty 11am Teach Me Rumikub 1pm Party w. DJ LAX	<b>27</b> 9:30 Bike/Wii Games 10am Ginsburg News 11am Painting 1pm Zumba	<b>28</b> 10am Wii Games 11am <b>Crafts W. Freddie</b> 1pm BINGO 2pm Ginsburg News
<b>31</b> 9:30 Wii Games 10am Blood Pressure Screening 11am <b>Technology Class w. Shanil</b> 1pm Age- Tastic Game	<b>Please give a warm Welcome to our new Outreach Social Worker, Vilma Sorrentini.</b>	<b>Lunch/ Almuerzo</b> <b>12pm-1pm DAILY</b>	<b>HABLAMOS ESPAÑOL</b>	<b>Advisory Members:</b> Violeta Ramirez      Bibi Rasul Awilda Perez        Elba Santiago Carmen Jusino Nedda Cruz Alma Hay

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**December 2018 MENU**



<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>3</b> <b>Orange</b> Sweet N Sour Chicken Chinese Style Spaghetti Sautéed Bok Choy <b>Whole Wheat Dinner Roll</b>	<b>4</b> <b>Apple</b> Spanish Style Beef Stew Yellow Rice Steamed Carrots <b>Multigrain Bread</b>	<b>5</b> <b>Kiwi</b> BBQ Pork Chops Baked Sweet Potato Sautéed String Beans <b>Whole Wheat Bread</b>	<b>6</b> <b>Mandarin</b> Baked Chicken White Rice Collard Greens <b>Multigrain Bread</b>	<b>7</b> <b>Banana</b> Cod Fillet O' Sandwich Cole Slaw Steamed Corn on the Cob <b>Whole Wheat Hamburger Bun</b>
<b>10</b> <b>Orange</b> Chicken Cacciatore Linguine Italian Blend Vegetables Garlic Bread	<b>11</b> <b>Vanilla Ice cream Cup</b> <b>Pineapple Chunks</b> Deluxe Beef Burger w. Cheese, Lettuce, Tomato, Pickles, Onion Hamburger Bun French Fries <b>Garden Salad</b>	<b>12</b> <b>Kiwi</b> New England Pot Roast Yellow Rice <b>Mixed Vegetables</b>	<b>13</b> <b>Apple</b> Thyme Seasoned Grilled Porkchop Garlic Mashed Potato Collard Greens <b>Whole Wheat Bread</b>	<b>14</b> <b>Banana</b> Baked Salmon Orzo w. vegetables <b>Broccoli w. garlic</b>
<b>17</b> <b>Kiwi</b> Spaghetti and Beef Meat Sauce Italian Blend Vegetables <b>Garlic Bread</b>	<b>18</b> <b>Apple</b> Chicken Salad Sweet Potato Fries Spinach Salad <b>Whole Wheat Bread (2)</b>	<b>19</b> <b>Cranberry Juice</b> <b>Apple Pie w. vanilla ice cream</b> Roast Turkey w. Gravy Garlic Mashed Potatoes Collard Greens <b>Whole Wheat Dinner Roll</b>	<b>20</b> <b>Fruit Cocktail</b> Pepper Steak White Rice <b>Oriental blend</b>	<b>21</b> <b>Banana</b> Baked Salmon in Garlic Butter Sauce Baked Potato w. sour cream California Blend <b>Whole Wheat Bread</b>
<b>24</b> <b>Kiwi</b> Spanish Style Baked Chicken Okra w. tomatoes <b>Yucca w. garlic &amp; lime sauce</b>	<b>25</b> <b>CENTER CLOSED</b>	<b>26</b> <b>Peach</b> Brown Sugar & Thyme Pork Steaks w. Carmelized Onions Brown Rice <b>Broccoli w. garlic</b>	<b>27</b> <b>Orange</b> Roasted Chicken Breast Black eye peas w. Rice <b>Glazed Carrots</b>	<b>28</b> <b>Banana</b> Baked Flounder Cole Slaw Baked Fries <b>Whole Wheat Dinner Roll</b>
<b>31</b> <b>Orange</b> Baked Chicken Rice & Beans Cabbage & Carrots <b>Whole Wheat Bread</b>				



## **Sue Ginsburg Senior Center**

**975 Waring Avenue**

**Bronx, NY, 10469**

**(718) 881-1758 Vmorell@jasa.org**

**www.jasa.org**

**8:30am to 4:30pm**

**Monday-Friday**

Blood Pressure Screenings w. Julissa Reynoso (Every Monday)

Empire trip (12/05/2018)

Advisory Meeting (12/06/2018)

Ritmo Latino (Every Tuesday)

Karaoke W. DJ LAX (12/10/2018)

Ginsburg Special Dinner (12/13/2018) PLEASE WEAR GREEN!

Red Party w. DJ Woody (12/18/2018) PLEASE WEAR RED!!

Walmart Trip (12/20/2018)

Birthday/New year's Party (12/26/2018) PLEASE WEAR WHITE!!!

Nutrition Lecture with Amelia (12/27/2018)

Zumba (Every Thursday)

Arts & Crafts with Freddie (Every Friday)

**CENTER IS CLOSED ON CHRISTMAS DAY**

### **STAFF:**

**Program Director: Victor Morell**

**Group Work Assistant: Shanil Acosta**

**Porter: T. Del Valle**

**Community Aid: Dorothy Crumpler**

**Social Worker: Vilma Sorrentini**

