

December 2018 Activities



Monday	Tuesday	Wednesday	Thursday	Friday
3 9:30 Nia Practice 10:30 Beginners Computer 11:00 Color Your Stress Away 12:00 Lunch 1:00 Domino Contest	4 9:30 Zumba 10:30 Computer Class 12:00 Lunch 1:00 Cards and Games	5 <u><i>Holiday Fund Raiser</i></u> 9:30 Tai Chi 10:30 Bingo 12:00 Lunch 1:00 Jewelry Design Class	6 <u><i>Nutrition Lecture</i></u> 10:30 Computer Class 11:00 Zumba 12:00 Lunch 12:30 Choral Group 1:00 Domino Contest	7 9:15 Aerobics Class 10:00 BP Screening 10:00 Painting Class 12:00 Lunch 1:00 Chair Yoga w Kim
10 9:30 Nia Practice 10:30 Beginners Computer 11:00 Color Your Stress Away 12:00 Lunch 1:00 Domino Contest	11 9:30 Zumba 10:30 Computer Class 12:00 Lunch 1:00 Cards and Games	12 9:30 Tai Chi 10:30 Bingo 12:00 Lunch 1:00 Jewelry Design Class	13 10:30 Computer Class 11:00 Zumba 12:00 Lunch 12:30 Choral Group 1:00 Domino Contest	14 9:15 Aerobics Class 10:00 BP Screening 10:00 Painting Class 12:00 Lunch 1:00 Chair Yoga w Kim
17 9:30 Nia Practice 10:30 Beginners Computer 11:00 Color Your Stress Away 12:00 Lunch 1:00 Domino Contest	18 9:30 Zumba 10:30 Computer Class 12:00 Lunch 1:00 Cards and Games	19 <u><i>Holiday & Birthday Party</i></u> 9:30 Tai Chi 10:30 Bingo 12:00 Lunch 1:00 Jewelry Design Class	20 10:30 Computer Class 11:00 Zumba 12:00 Lunch 12:30 Choral Group 1:00 Domino Contest	21 9:15 Aerobics Class 10:00 BP Screening 10:00 Painting Class 12:00 Lunch 1:00 Bingo 1:00 Chair Yoga w/Kim
24 9:30 Nia Practice 10:30 Beginners Computer 11:00 Color Your Stress Away 12:00 Lunch 1:00 Domino Contest	25 Jasa will be closed for Christmas	26 9:30 Tai Chi 10:30 Bingo 12:00 Lunch 1:00 Jewelry Design Class	27 10:30 Computer Class 11:00 Zumba 12:00 Lunch 12:30 Choral Group 1:00 Domino Contest	28 9:15 Aerobics Class 10:00 BP Screening 10:00 Painting Class 12:00 Lunch 1:00 Chair yoga w Kim
31 9:30 Nia Practice 10:30 Beginners Computer 11:00 Color Your Stress Away 12:00 Lunch 1:00 Domino Contest	December Events: Chanukah begins Dec 2 Kwanza begins Dec 26 Dec 5 fundraiser Dec 6 Nutrition Lecture Dec 19 Party with Concert			



Jasa Starrett City Senior Center

**1540 Van Siclen Avenue
Brooklyn, New York 11239
718 642 1010
www.jasa.org**

**Hours: Monday -Friday
8am-3pm**

