

December 2018 ACTIVITIES

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|--|--|--|
| <p>3 10:00 Stay well Exercise, Chat table, Bike 10:00: Knitting & Crochet W/ Linda 12:30pm Cell & Ipad Class w/ Paola</p> | <p>4 930 AM Library, Chat table, Bike 10:30AM Cultural Dance w/ Millie 12:00PM Color your life AWAY 1:00pm Movie Bunch/Popcorn</p> | <p>5 930 AM Library, Chat table, Bike 9:00am Sewing w/ Raymonde 1:00PM Art Class w/ Dmitry 2:00PM Yoga w Badhra</p> | <p>6 BLOOD PRESSURE 10:00AM Line Dance /w Ellie 11:00AM Piano Sing Along 12:00PM Mind Teasers 1:30PM DRAMA CLASS w Cecilia</p> | <p>7 9:30 AM Library, Chat table, Bike 10:00AM Knitting & Crochet 12:00pm Color your life AWAY 1:00pm BINGO</p> |
| <p>10 10:00 Stay well Exercise, Chat table, Bike 10:00: Knitting & Crochet W/ Linda 12:30pm Cell & Ipad Class w/ Paola</p> | <p>11 930 AM Library, Chat table, Bike 10:30AM Cultural Dance w/ Millie 12:00PM Color your life AWAY 1:00pm Movie Bunch/Popcorn</p> | <p>12 930 AM Library, Chat table, Bike 9:00am Sewing w/ Raymonde 1:00PM Art Class w/ Dmitry 2:00PM Yoga w Badhra</p> | <p>13 10:00AM Line Dance /w Ellie 11:00AM Piano Sing Along 12:00PM Mind Teasers 1:30PM DRAMA CLASS w Cecilia</p> | <p>14 9:30 AM Library, Chat table, Bike 10:00AM Knitting & Crochet 12:00pm Color your life AWAY 1:00pm BINGO</p> |
| <p>17 10:00 Stay well Exercise, Chat table, Bike 10:00: Knitting & Crochet W/ Linda 12:30pm Cell & Ipad Class w/ Paola</p> | <p>18 930 AM Library, Chat table, Bike 10:30AM Cultural Dance w/ Millie 12:00PM Color your life AWAY 1:00pm Movie Bunch/Popcorn</p> | <p>19 930 AM Library, Chat table, Bike 9:00am Sewing w/ Raymonde 1:00PM Art Class w/ Dmitry 2:00PM Yoga w Badhra</p> | <p>20 BLOOD PRESSURE 10:00AM Line Dance /w Ellie 11:00AM Piano Sing Along 12:00PM Mind Teasers 1:30PM DRAMA CLASS w Cecilia</p> | <p>21 9:30 AM Library, Chat table, Bike 10:00AM Knitting & Crochet 12:00pm Color your life AWAY 1:00pm BINGO</p> |
| <p>24 10:00 Stay well Exercise, Chat table, Bike 10:00: Knitting & Crochet W/ Linda 12:30pm Cell & Ipad Class w/ Paola</p> | <p>25 CHRISTMAS DAY JASA CLOSED</p> | <p>26 930 AM Library, Chat table, Bike 9:00am Sewing w/ Raymonde 1:00PM Art Class w/ Dmitry 2:00PM Yoga w Badhra</p> | <p>27 10:00AM Line Dance /w Ellie 11:00AM Piano Sing Along 12:00PM Mind Teasers 1:30PM DRAMA CLASS w Cecilia</p> | <p>28 9:30 AM Library, Chat table, Bike 10:00AM Knitting & Crochet 12:00pm Color your life AWAY 1:00pm BINGO</p> |
| <p>31 10:00 Stay well Exercise, Chat table, Bike 10:00: Knitting & Crochet W/ Linda 12:30pm Cell & Ipad Class w/ Paola</p> | | | | |



Dreiser Senior Center

177 Dreiser loop, Room# 7

Bronx, NY 10475

718-320-1345

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www.jasa.org

Monday- Friday 8:00am-4:00pm

December 3- Shop-rite

December 4- Wal-mart

December 19- Empire

December 15- Open Saturday (Make-up day)

December 13- Holiday Party

December 14 – Fairway Supermarket

December 21- Central Avenue

December 21- Toy Drive for the Holidays

December 20- Coat Drive with New York Cares

Kidney Disease Prevention Program every Friday in December.

