

MECHLER HALL SENIOR CENTER * 2158 WATSON AVE BX, NY 10472 * 718-892-1396
SEPTEMBER ACTIVITIES 2019



Monday	Tuesday	Wednesday	Thursday	Friday
2 CLOSED FOR LABOR DAY	3 10:00 Open Discussion 11:00 The Price is Right 1:00 Leisure Games	4 9:00 Current Events 10:00 Domino 10:00 Arts & Crafts 1:00 Tips & Things	5 9:00 Uno 10:00 Art & Crafts 11:00 Cells & Tablets Class 1:00 Open Discussion	6 9:00 Leisure Games 11:00 Zumba 1:00 Coloring for Relaxation
9 10:00 Domino 11:00 Current Events 11:00 Chair Exercise 1:00 Coloring for Relaxation	10 10:00 Open Discussion 11:00 The Price is Right 1:00 Leisure Games	11 9:00 Current Events 10:00 Domino 10:00 Arts & Crafts 1:00 Tips & Things	12 9:00 Uno 10:00 Arts & Crafts 11:00 Cells & Tablets Class 1:00 Open Discussion	13 9:00 Leisure Games 11:00 Zumba 1:00 Coloring for Relaxation
16 10:00 Domino 11:00 Current Events 11:00 Chair Exercise 1:00 Coloring for Relaxation	17 10:00 Open Discussion 11:00 The Price is Right 1:00 Leisure Games	18 9:00 Current Events 10:00 Domino 10:00 Arts & Crafts 1:00 Tips & Things	19 9:00 Uno 10:00 Arts & Crafts 11:00 Cells & Tablets Class 1:00 Open Discussion	20 9:00 Leisure Games 11:00 Zumba 1:00 Coloring for Relaxation
23 10:00 Domino 11:00 Current Events 11:00 Chair Exercise 1:00 Coloring for Relaxation	24 10:00 Open Discussion 11:00 The Price is Right 1:00 Leisure Games	25 9:00 Current Events 10:00 Arts & Crafts BIRTHDAY PARTY	26 9:00 Uno 10:00 Arts & Crafts 11:00 Cells & Tablets Class 1:00 Open Discussion	27 9:00 Leisure Games 11:00 Zumba 11:00 Fall Prevention DOHMH 1:00 Coloring for Relaxation
30 CLOSED FOR RASH HASHANAH	PHONE & TABLET CLASS w. Joseph EVERY Thursday @10am Learn how to use your smart phone and devices	Hot Nutritious Lunch Daily: 12:00-1:00pm Suggested Contribution \$1.50 Partially funded by generous grant from: Council member Rueben Diaz Sr.	Telephone Reassurance Are you lonely? Are you isolated? Are you homebound? Would you like to hear a friendly voice on the phone? If you answer yes to at least two of these questions we can help you. 718-882-3815	



Mechler Hall Senior Center
2158 Watson Ave
Bronx, New York
718-892-1396
www.jasa.org

Monday - Friday 9:00am to 2:00pm