

September 2019 ACTIVITIES

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2- LABOR DAY</p> 	<p>3 A Department of Health presentation "Mosquito bite prevention" By Maddie 11 am-12noon Karaoke 1:00 pm</p>	<p>4- Spelling Bee 10:00 am Body in Motion 10:00am Spanish Class 10:30am Zumba 11:00am</p>	<p>5 Dominos 10:00 am Spelling Bee 10:00am Arthritis Exercise 10:00am Karaoke 1:00pm</p>	<p>6- Art Class Oil Painting 10:00 am Dominos 10:00 am Word Games 11 am</p>
<p>9 Computer Class 9:00 am-12:30 pm Line Dancing 10:00 am Current Events 10:00am Library 10:00am</p>	<p>10 Health & Wellness 10:00am-11am Karaoke 1:00 pm</p>	<p>11- Spelling Bee 10:00 am Body in Motion 10:00 am Spanish Class 10:30 am Zumba 11:00 am</p>	<p>12 Dominos 10:00 am Spelling Bee 10:00 am Arthritis Exercise 10:00 a Karaoke 1:00 pm</p>	<p>13 Dominos 10:00am Art Class Oil Painting Word Games 11 am</p>
<p>16 Computer Classes 9:30am- 12:30pm Line Dancing 10:00am Current Events 10:00am Library 10:00am</p>	<p>17 Health and wellness 10:00am-11am Fall Prevention 11 am - 12 noon Karaoke 1:00 pm</p>	<p>18 Spelling Bee 10:00 am Body in Motion 10:00 am Spanish Class 10:30 am Zumba 11:00 am</p>	<p>19 Dominos 10:00 am Spelling Bee 10:00 am Arthritis Exercise 10:00 am Karaoke 1:00 pm</p>	<p>20 Dominos 10:00 am Art Class Oil Painting 10:00 am Word Games 11 am</p>
<p>23 Computer Classes 9:30am- 12:30pm Line Dancing 10:00am Current Events 10:00am Library 11:00am</p>	<p>24 Health and Wellness 10 am - 11 am NYC Fire Department presentation "Fire safety in the home" 11 am -12noon Karaoke 1:00 pm</p>	<p>25 Spelling Bee 10:00 am Body in Motion 10:00 am Spanish Class 10:30 am Zumba 11:00 am</p>	<p>26 Dominos 10:00 am Spelling Bee 10:00 am Arthritis Exercise 10:00 am Karaoke 1:00 pm</p>	<p>27 Dominos 10:00am Art Class Oil Painting 10:00am Word games 11 am</p>
<p>30 Happy Rosh Hashanah JASA IS CLOSED</p>				



Einstein Senior Center

135 Einstein Loop Rm 49

Bronx NY 10475

718-671-5161

www.jasa.org

9 am- 2 pm

Program Director: Ann Moncrieffe

Program Coordinator: Julia Mora

Daily Lunch

Daily hot-cold, and hot meals.

Kosher , Alternative,Non-kosher

(12:00pm-1:15pm)

Monthly Activities/Trips Offered

The Center will be closed for Labor Day Monday, September 2nd, 2019

St. Mary's Pool -9/23/2019 & 9/27/2019

Stew Leonard's - 9/4/2019

Walmart -9/5/2019, 9/12/2019

Fairway / BJ'S- 9/6/2019

Shoprite New Rochell- 9/9/2019

Target -Throggneck Mall- 9/9/2019

Empire Casino- 9/10/2019, 9/17/2019

Aldi -9/11/2019

Jersey Garden Outlet Mall (The Mills)- 9/12/2019

Costco- 9/13/2019

Och's Apple Orchard - 9/25/2019

**Chronic Diabetes Self-Management Einstein Senior Center Rm 35
Tuesdays October 8th, 15th, 22nd, 29th, November 5th, 12th,&19th.**

**Living Beyond Breast Cancer "A survivor's story" October 15, 2019
Tickets \$4.00 at the Bartow and Einstein Senior centers.**

"Hope for a Cure" An Alzheimer's Awareness Month Event Saturday, November 9, 2019

**Tai-Chi For Arthritis Starting September 3, 2019, at the Bartow Senior center (16 weeks
classes; seniors must register)**

**A social worker is on staff at the Bartow Senior center from 9 am to 12:00 pm and at the
Dreiser Senior center from 1 pm -4 pm.**

