


Monday	Tuesday	Wednesday	Thursday	Friday
 <p>INDEPENDENT LIVING</p>	<p>MOVING TO MOTOWN</p>  <p>Cross Cultural Socialization Group</p>	<p>NORC NURSE HOURS TUESDAY & WEDNESDAY 11-4 PM</p> 	 <p>Dr. Shields Nutritionist</p> 	<p>Intergenerational Group 4 PM RM-TBA</p> 
	<p>Love yourself!!!</p> 	<p>1) NORC Advisory Board 1:30PM Rm TBA</p> 	<p>2) HEALTH SEMINAR</p>  <p>Nutritionist 1:15PM Rm TBA</p>	<p>3) NORC Information Session SCRIE \$\$\$ 2 PM SNAP \$\$\$ 3 PM Rm 20</p>
<p>6) Independent Living 1:15PM Rm TBA Building # 10 Outreach 10-1pm</p>	<p>7) MOVING TO MOTOWN 10-10:45 AM Building # 10 Cross Cultural Socialization Group</p>  <p>1PM Rm TBA</p>	<p>8) BLOOD PRESSURE SCREENING</p>  <p>11-2pm NORC Information Session SCRIE \$\$\$ 2 PM & SNAP \$\$\$ 3 PM Rm 20</p>	<p>9) HEALTH SEMINAR</p>  <p>Nutritionist 1:15PM Rm TBA</p>	<p>10) Intergenerational Group 4 PM RM-TBA</p>  <p>NORC Information Session SCRIE \$\$\$ 2 PM SNAP \$\$\$ 3 PM Rm 20</p>
<p>13) AARP Defensive Driving 8:30 AM Rm 6 & 7</p> <p>Independent Living 1:15PM Rm TBA</p> <p>Building # 10 Outreach 10-1pm</p>	<p>14) MOVING TO MOTOWN 10-10:45 AM Building # 10 Cross Cultural Socialization Group</p>  <p>1PM Rm TBA</p>	<p>15) BLOOD PRESSURE SCREENING</p>  <p>11-2pm NORC Information Session SCRIE \$\$\$ 2 PM & SNAP \$\$\$ 3 PM Rm 20</p>	<p>16) HEALTH SEMINAR</p>  <p>Nutritionist 1:15PM Rm TBA</p>	<p>17) NORC Information Session SCRIE \$\$\$ 2 PM SNAP \$\$\$ 3 PM Rm 20</p>
<p>20) Independent Living 1:15PM Rm TBA</p> <p>Building # 10 Outreach 10-1pm</p>	<p>21) MOVING TO MOTOWN 10-10:45 AM Building # 10 Cross Cultural Socialization Group</p>  <p>1PM Rm TBA Socialization Group-Game Day @ 2 pm Rm TBA</p>	<p>22) BLOOD PRESSURE SCREENING</p>  <p>11-2 pm NORC Information Session SCRIE \$\$\$ 2 PM & SNAP \$\$\$ 3 PM Rm 20</p>	<p>23) HEALTH SEMINAR</p>  <p>Nutritionist 1:15PM Rm TBA</p>	<p>24) NORC Information Session SCRIE \$\$\$ 2 PM SNAP \$\$\$ 3 PM Rm 20</p>
<p>27) Independent Living 1:15PM Rm TBA</p> <p>Building # 10 Outreach 10-1pm</p>	<p>28) MOVING TO MOTOWN 10-10:45 AM Building # 10 Cross Cultural Socialization Group</p>  <p>1PM Rm TBA</p>	<p>29) BLOOD PRESSURE SCREENING</p>  <p>11-2 pm NORC Information Session SCRIE \$\$\$ 2 PM & SNAP \$\$\$ 3 PM Rm 20</p>	<p>30) HEALTH SEMINAR</p>  <p>Nutritionist 1:15PM Rm TBA</p>	<p>31) NORC Information Session SCRIE \$\$\$ 2 PM SNAP \$\$\$ 3 PM Rm 20</p>



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Sponsored by Rochdale Village Social Services, Inc. with generous funding from the New York City Council Under DFTA Guidelines & Support

