

JASA Bay Eden *1220 East 229th Street, Bronx NY 10466 *718-882-3815
JUNE 2019 ACTIVITIES



Monday	Tuesday	Wednesday	Thursday	Friday
3 10:00 Salsa 10:00 Coloring for Tranquility 10:00 Leisure Billiard 11:00 Zumba 1:00 Computer Practice	4 10:00 Dance Aerobics 10:00 Art Show w. Tiffany 10:00 Phones & Tablets w. Joseph 1:00 Computer Practice	5 9:00 Health Motivation 9:00 BCHN: Blood Pressure 11:00 Zumba 1:00 Computer Practice	6 10:00 Chair Aerobics 10:00 Open Discussion 11:00 Current Events 1:00 Computer Practice	7 10:00 Leisure Games/ Dominoes 10:00 Health Fair 10:00 Glamour Girls 1:15 Meditation
10 10:00 Salsa 10:00 Garden Club Meeting 10:00 Coloring for Tranquility 10:00 Leisure Billiard 11:00 Zumba 1:00 Computer Practice	11 10:00 Dance Aerobics 10:00 Drawing/ Painting w. Tiffany 11:15 Nutrition Education 1:00 Computer Practice	12 9:00 Health Motivation 9:00 BCHN: Blood Pressure 10:00 Presentation Caring Kind NYC Alzheimer's Awareness 11:00 Zumba 1:00 Computer Practice	13 10:00 Chair Aerobics 10:00 Open Discussion 11:00 Current Events 11:15 Presentation: Fire Safety 1:00 International Club Meeting 1:00 Computer Practice	14 10:00 Leisure Games/ Dominoes 10:00 Advisory Board – A&C Rm 10:00 Phones & Tablets W. Joseph 1:15 Meditation
17 10:00 Salsa 10:00 Coloring for Tranquility 10:00 Leisure Billiard 11:00 Zumba 1:00 Computer Practice	18 10:00 Dance Aerobics 10:00 Blood Pressure – A&C Rm 10:00 Phones & Tablets W. Joseph 1:00 Computer Practice	19 9:00 Health Motivation 9:00 BCHN: Blood Pressure 11:00 Zumba 11:00 Caribbean Heritage Celebration 1:00 Computer Practice	20 10:00 Bay Eden Bake Sale 10:00 Chair Aerobics 10:00 Open Discussion 11:00 Current Events 11:30 Father's Day Celebration 1:00 Computer Practice	21 8:00 Trip: SANDS CASINO 10:00 Leisure Games/ Dominoes 1:15 Meditation
24 10:00 Salsa 10:00 Metrobus 10:00 Coloring for Tranquility 10:00 Leisure Billiard 11:00 Zumba 1:00 Computer Practice	25 10:00 Dance Aerobics 11:15 DOT: Pedestrian Safety Theater 10:00 Blood Pressure – A&C Rm 1:00 Computer Practice	26 9:00 Health Motivation 9:00 BCHN: Blood Pressure 11:00 Zumba 11:00 Birthday Party	27 10:00 Chair Aerobics 10:00 Open Discussion 11:00 Current Events 1:00 Computer Practice	28 10:00 Leisure Games/ Dominoes 10:00 Red Hatter's Mtg – CD Rm 10:00 Phones & Tablets W. Joseph 1:15 Meditation
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HEALTH FAIR 06/07/19	CARIBBEAN HERITAGE CELEBRATION 06/19/19	FATHER'S DAY LUNCH 06/20/19	FUNDRAISER BAY EDEN BAKE SALE 06/20/19	BIRTHDAY LUNCH 06/26/19



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