

JASA/1199NORC-SSP *2106 First Avenue * 212 289-3836

June 2019 ACTIVITIES

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Walking Club 10 am - 11am Computer Class 9am-2pm Tea with Shaneeka 11-12pm Jewelry 12-2pm Movie Club 2pm -4pm
3 Walking Club 10am- 11am Coffee and Muffins 11am-12pm Jewelry 12-2pm BookClub 2-3pm Black Jack 3-4pm Karaoke 4pm -5pm	4 Walking Club 10am -11am Yoga 10am-11am Meditation 11am-12pm Coffee and Muffins 12pm-1pm Discussion Group 1-2pm Game Room 2-4pm Trip: Movies	5 Movies Leaving 10am Spanish 11am-12pm Line Dancing 12:30pm -1:30pm Discussion Group 2-3pm Brain Aerobics 3pm -4pm BookClub 4pm - 5pm Karaoke 5pm-6pm Senior Meeting	6 Walking Club 10am-11am Tea and Discussion 11am -12pm Movie Club 12-3pm Game Room 3-4pm Bronx Terminal Mall Leaving 10am	7 Walking Club 10am-11am Yoga & Meditation 10am -12pm Tea and Discussion 11am -12pm Movie Club 12-3pm Game Room 3-4pm	8 Walking Club 10am -11am Computer Class 9am -2pm Movie Club 2pm -4pm
10 Walking Club 10am -11am Walmart Leaving 10:30am Drama 12:30pm-1:30pm BookClub 2-3pm Black jack 3-4pm Karaoke 4-5pm	11 Walking Club 10am -11am Yoga 10am -11am Meditation 11am-12pm Coffee and Muffins 12-1pm Brain Aerobics 1pm -2pm	12 Senior Conference Fair 9am -6pm	13 Gym 10am -11am Health Fair 9am -6pm Movie Club 12-3pm	14 Senior Day Walking Club 10am -11am Tea with Shaneeka 11am -12pm Art Class 1pm-2pm Game Room 2pm -3pm	15 Walking Club 10am -11am Computer Class 9am -2pm Movie Club 2pm -4pm
17 Walking Club 10am -11am Drama 12-1pm BookClub 2pm - 3pm BlackJack 3-4pm Karaoke 4-5pm	18 Walking Club 10am -11am Yoga 10am-11am Meditation 11am -12pm Coffee and Muffin 12-1pm Brain Aerobics 1pm -2pm Game Room 2pm - 4pm	19 Walking Club 10am -11am Spanish 11am - 12pm Line Dancing 12:30pm - 1:30pm Discussion Group 2pm -3pm Brain Aerobics 3pm -4pm BookClub 4pm - 5pm Karaoke 5pm - 6pm	20 Gym 10am - 11am Movie Club 12- 3pm Game Room 3pm - 4pm	21 Movies Leaving 10am Tea and Discussion 11am -12pm Art Class 1-3pm Game Room 3-4pm	22 Graduation and Prom 10-1pm and 5pm - 10pm
24 Walking Club 10am -11am Coffee and Muffins 11am - 12pm BookClub 1pm - 2pm Black Jack 2pm - 3pm Karaoke 4pm - 5pm	25 Walking Club 10am-11am Coffee and Discussion 11am -12pm City Island Leaving at 11am Brain Aerobics 2pm -4pm	26 Walking Club 10am -11am Line Dancing 12:30pm - 1:30pm Discussion Group 2pm - 3pm Brain Aerobics 3pm - 4pm BookClub 4-5pm	27 Gym 10am - 11am Movie Club 12- 3pm Game Room 3pm - 4pm	28 Cross County Leaving 10:30am Walking Club 10am -11am Tea and Discussion 11am -12pm Art Class 1pm - 3pm Game Room 3pm - 4pm	29 Atlantic City



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